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U.S. manufacturing contracts; private payrolls post first drop since 2017



Inside C2

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South Korea minister, U.S. sources, say Kim may be sheltering from virus



North Korean leader Kim Jong Un holds a military meeting in Pyongyang, North Korea, in this photo released on March 27, 2019 by North Korea's Korean Central News Agency (KCNA). KCNA/ via REUTERS

SEOUL/WASHINGTON (Reuters) - Fear of the coronavirus could have been keeping North Korean leader Kim Jong Un out of public sight, a South Korean minister and U.S. sources said on Tuesday, following intense speculation and concern as to his whereabouts and health.

Under Kim's rule since 2011, North Korea has expanded its arsenal of nuclear weapons and long-range missiles, and with no obvious successor, any change in leadership in the secretive, authoritarian state would raise concerns about instability that could impact other North Asian countries and the United States.

Speculation about Kim's health erupted after his unprecedented absence from April 15 celebrations to mark the birthday of his late grandfather and North Korea's founder, Kim Il Sung.

South Korean Unification Minister Kim Yeon-chul, who oversees engagement with North Korea, said it was plausible Kim had decided against attending due to the coronavirus, given stringent steps his government has taken to head off an outbreak.

"He had never missed the anniversary for Kim Il Sung's birthday since he took power, but many anniversary events including celebrations and a banquet had been cancelled because of coronavirus concerns," the minister told a par-

liamentary hearing. Japan PM paying close attention to reports on North Korea's Kim "I don't think that's particularly unusual given the current (coronavirus) situation," the minister said, although North Korea has said it has no confirmed cases of the coronavirus.

An authoritative source familiar with U.S. intelligence assessments said credible reports to the U.S. government suggested the reason Kim's presidential train had been spotted near a presidential retreat at the resort of Wonsan last week was that Kim had been staying there to avoid catching the virus.

U.S. government experts lacked categorical evidence to prove this, but were for the most part dismissing media reports suggesting that Kim had contracted some kind of serious illness, the source said.

Kim Yeon-chul described reports that Kim had undergone a heart procedure, and that a Chinese medical team had travelled to North Korea, as "fake news."

A U.S. official, who spoke on condition of anonymity, said Washington's view was largely in line with the South Korean minister's assessment.

U.S. President Donald Trump said on Monday he has a good idea of how Kim Jong Un is doing and hopes he is fine, but would not elaborate.

On Tuesday, Trump was asked by a reporter about these comments and whether he thought Kim was still in control of North Korea and replied: "I don't want to comment on it. I just wish him well."

Trump has met Kim three times in an attempt to persuade him to give up a nuclear weapons program that threatens the United States as well as its Asian neighbours. While talks have stalled, Trump has continued to hail Kim as a friend.

TRAIN AND BOAT WATCHING

The South Korean minister noted that there had been at least two instances since mid-January when Kim Jong Un had not been seen in public for nearly 20 days.

The last time official media in North Korea reported on Kim's whereabouts was when he presided over a meeting on April 11, but there have been near-daily reports of him sending letters and diplomatic messages. South Korean officials have said they have detected no unusual movements in North Korea and have cautioned against reports that Kim may be ill.

Washington-based North Korea monitoring project 38 North said on Saturday satellite images from last week showed a special train that was probably Kim's at Wonsan, lending weight to reports he had been spending time in the resort area.

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Piglets aborted, chickens gassed as pandemic slams meat sector

CHICAGO (Reuters) - With the pandemic hobbling the meat-packing industry, Iowa farmer Al Van Beek had nowhere to ship his full-grown pigs to make room for the 7,500 piglets he expected from his breeding operation. The crisis forced a decision that still troubles him: He ordered his employees to give injections to the pregnant sows, one by one, that would cause them to abort their baby pigs.

Van Beek and other farmers say they have no choice but to cull livestock as they run short on space to house their animals or money to feed them, or both. The world's biggest meat companies - including Smithfield Foods Inc, Cargill Inc, JBS USA and Tyson Foods Inc - have halted operations at about 20 slaughterhouses and processing plants in North America since April as workers fall ill, stoking global fears of a meat shortage.

Van Beek's piglets are victims of a sprawling food-industry crisis that began with the mass closure of restaurants - upending that sector's supply chain, overwhelming storage and forcing farmers and processors to destroy everything from milk to salad greens to animals. Processors geared up to serve the food-service industry can't immediately switch to supplying grocery stores. Millions of pigs, chickens and cattle will be euthanized because of slaughterhouse closures, limiting supplies at grocers, said John Tyson, chairman of top U.S. meat supplier Tyson Foods. Pork has been hit especially hard, with daily production cut by about a third. Unlike cattle, which can be housed outside on pasture, U.S. hogs are fattened up for slaughter inside temperature-controlled buildings. If they are housed too long, they can get too big and injure themselves. The barns need to be emptied out by sending adult hogs to slaughter before the arrival of new piglets from sows that were impregnated just before the pandemic. "We have nowhere to go with the pigs," said Van Beek, who lamented the waste of so much meat. "What are we

going to do?" In Minnesota, farmers Kerry and Barb Mergen felt their hearts pound when a crew from Daybreak Foods Inc arrived with carts and tanks of carbon dioxide to euthanize their 61,000 egg-laying hens earlier this month. Daybreak Foods, based in Lake Mills, Wisconsin, supplies liquid eggs to restaurants and food-service companies. The company, which owns the birds, pays contract farmers like the Mergens to feed and care for them. Drivers normally load the eggs onto trucks and haul them to a plant in Big Lake, Minnesota, which uses them to make liquid eggs for restaurants and ready-to-serve dishes for food-service companies. But the plant's operator, Cargill Inc, said it idled the facility because the pandemic reduced demand.

Daybreak Foods, which has about 14.5million hens with contractor-run or compa-

ny-owned farms in the Midwest, is trying to switch gears and ship eggs to grocery stores, said Chief Executive Officer William Rehms. But egg cartons are in short supply nationwide and the company now must grade each egg for size, he said. **DUMPING HOGS IN A LANDFILL** In Iowa, farmer Dean Meyer said he is part of a group of about nine producers who are euthanizing the smallest 5% of their newly born pigs, or about 125 piglets a week. They will continue euthanizing animals until disruptions ease, and could increase the number of pigs killed each week, he said. The small bodies are composted and will become fertilizer. Meyer's group is also killing mother hogs, or sows, to reduce their numbers, he said. "Packers are backed up every day, more and more," said Meyer.

As the United States faces a possible food shortage, and supermarkets and food

banks are struggling to meet demand, the forced slaughters are becoming more widespread across the country, according to agricultural economists, farm trade groups and federal lawmakers who are hearing from farmer constituents.

Iowa Governor Kim Reynolds, along with both U.S. senators from a state that provides a third of the nation's pork, sent a letter to the Trump administration pleading for financial help and assistance with culling animals and properly disposing of their carcasses. "There are 700,000 pigs across the nation that cannot be processed each week and must be humanely euthanized," said the April 27 letter. The U.S. Department of Agriculture (USDA) said late Friday it is establishing a National Incident Coordination Center to help farmers find markets for their livestock, or euthanize and dispose of animals if necessary.



Hog farmer Mike Patterson's animals, who have been put on a diet so they take longer to fatten up due to the supply chain disruptions caused by coronavirus disease (COVID-19) outbreaks, at his property in Kenyon, Minnesota, U.S. April 23, 2020. REUTERS/ Nicholas Pfosi

Stay Home!

BUSINESS

Save Lives!

Remote Work, Automation, And Telemedicine Could Soon Become The "New Normal" Seven Predictions For A Post-Coronavirus World



(Image/imaginima/E+/Getty Images)
By Guest Writer Emma Rose Bienvenu

Compiled And Edited By John T. Robbins, Southern Daily Editor

The coronavirus pandemic will be remembered as a world-reordering event. Like the Great Depression, the fall of the Berlin Wall, and the 2008 global financial crisis, it will accelerate social and economic changes that would otherwise have taken years to materialize. However long it will take, we will eventually beat back this virus, and our economies will eventually recover from the punishing recession it will have brought about. But when the dust settles and the masks come off, the pandemic will have permanently reshaped our social and economic behavior. Here are a few outcomes, based on current factual circumstances, that seem increasingly likely. **1. Companies that traffic in digital services and e-commerce will make immediate and lasting gains** With people isolated indoors and away from other people, short-term winners will be those who provide goods and services without needing to come into physical contact with their customers. Winners in this category will be cloud computing providers (for example, Amazon Web Services), remote work services like Zoom, Slack, Microsoft Teams, virtual reality companies like Oculus, streaming services like Netflix, and esports organizations like Clo ud9. Social media traffic will soar, but advertiser revenue will suffer from weak demand in a

crippled economy. Coca-Cola has already pulled all social media ads; as its peers follow suit, the sharp overall decrease in ad spend will reverberate down to production companies, advertising agencies, and TV and radio stations. In the short term, e-commerce platforms, food delivery services, and logistics companies will also be winners. When the economy does eventually improve, these gains will mostly endure thanks to entrenched shifts in consumers' buying habits. **2. Remote work will become the default** Employees who are suddenly working from home by necessity are experiencing a change in their work style that spares them the suit and commute and gives many of them greater flexibility with their schedules and demands outside of work. Many will find they prefer working remotely and, when the crisis recedes, it will become hard and expensive for some companies to deny them that option, while others will want to take advantage of this new preference.



Remote work technology will improve, enabling the sort of mingling previously

thought to require in-person meetings. Coupled with stricter travel restrictions and mandatory quarantines for foreigners entering certain countries, this will also put severe strain on industries reliant on business travel. It will also lead to an exodus of white-collar workers from big cities — once companies' remote work routines have been smoothed out, their newly remote-capable employees will have the flexibility to move out of dense cities and into lower-cost areas. **3. Many jobs will be automated, and the rest will be made remote-capable** To survive the crisis, firms will need to lay off their least-productive workers, automate what can be automated, and make the rest remote-capable. Those who do this effectively will emerge leaner and more efficient. They will also have no incentive to return to their pre-crisis head count — and many of those whose functions have been automated will lack the skills to compete in the new, post-crisis economy. Labor force participation will suffer. In the medium and longer term, these companies will also realize that the functions they have made remote-capable can also be performed by highly skilled workers in lower-cost countries. In short, jobs will first move from in-person to remote-domestic, and in time they will go from remote-domestic to remote-overseas. **4. Telemedicine will become the new normal, signaling an explosion in med-tech innovation** In a matter of weeks, regulatory barriers to telemedicine in the U.S. have largely fallen. Doctors in the U.S. now perform remote visits across state lines, can email and video-chat patients in compliance with HIPAA, and Medicare and health insurance providers have to now reimburse telemedicine services. Though these measures were announced as temporary, those who have now had firsthand experience with the convenience and cost-effectiveness of telemedicine will



not want to forgo it. Once the crisis recedes,

health care will begin to be provided remotely by default, not necessity, allowing the best doctors to scale their services to far more patients. The human and economic cost of the pandemic will inject Department of Defense-level spending into telemedicine, medical imaging companies, diagnostics companies, and virology research. Telehealth offerings will improve and proliferate, with better at-home testing and diagnostics products and the ubiquitous adoption of wearables that continuously monitor for symptoms. Major cities will put in place permanent pandemic surveillance systems, and many businesses a **5. The nationwide student debt crisis will finally abate as higher education begins to move online** The pandemic has forced numerous universities to move classes online, prompting calls from students for reimbursements of tuition and expenses. If, come fall semester, universities are still teaching online, what percentage of those students will re-enroll at pre-crisis tuition levels? The worldwide remote learning experiment that is currently underway may demonstrate that higher learning can function effectively at a fraction of in-person costs. If it does, it may lead to a reckoning that transforms the delivery of higher education, particularly for less-selective universities, as students re-weigh the costs and benefits of a four-year residential experience. Universities will also face pressure to cut costs from the severely cash-strapped state governments that fund them. Many will eventually adopt hybrid models that limit face-to-face learning to project-based assignments and student working groups. These will dramatically cut costs, while allowing the best instructors to scale their insights to more students. **6. Goods and people will move less often and less freely across national and regional borders** Countries will retreat into themselves, borders will become less porous, and international trade will slump. To bolster their ability to survive extended periods of economic self-isolation, governments will push to strengthen domestic manufacturing capacity and step in to inject adequate redundancy in critical supply chains. Even before the pan-

demically struck, higher wages in China, international trade wars, and the rise of semi-autonomous factories had already prompted firms to reshore manufacturing, bringing it closer to domestic research and development centers. The coronavirus crisis will accelerate this trend: Increasingly, corporations will favor the resiliency of centralized domestic supply chains over the efficiency of globalized ones, while the **7. After an initial wave of isolationism, multilateral cooperation may flourish** After an initial retreat from globalization, countries might come to recognize that technological and viral threats are existential, and therefore require international cooperation. Adopting a sense of pragmatic internationalism, countries would develop international norms, monitoring and reporting systems, and coordinated response and contingency plans. When the next pandemic strikes, global monitoring and reporting systems would detect it earlier. A coordinated global response would make self-isolation orders effective, shortening the economic shutdown and hopefully sparing lives. (Courtesy <https://marker.medium.com/>)



Editor’s Choice



A man walks past a closed shopping centre, as authorities race to contain the spread of the coronavirus disease (COVID-19) in Abuja



Toilet paper rolls fill the shelves at a Coop grocery store, as the spread of the coronavirus disease (COVID-19) continues, in Stockholm, Sweden, April 28, 2020. REUTERS/Anna Ringstrom



U.S. Navy Blue Angels and Air Force Thunderbirds New York City flyover during the outbreak of the coronavirus disease (COVID-19)



People watch the U.S. Navy Blue Angels and U.S. Air Force Thunderbirds demonstration teams participating in a midday flyover of New York as part of the “America Strong” tour of U.S. cities to honor first responders and essential workers during the outbreak of the coronavirus



Michela Perrini, 9, practices ballet in her living room using a video tutorial on her laptop in the small southern historical town of Cisternino



People attend a collective burial of people that have passed away due to the coronavirus disease (COVID-19), at the Parque Taruma cemetery in Manaus, Brazil April 28, 2020. REUTERS/Bruno Kelly



Medical staff assess for COVID-19 at public Victoria Health Unit, BC



Detroit residents line-up to be tested for free for the coronavirus disease (COVID-19) at the Sheffield Center in Detroit, Michigan, U.S., April 28, 2020. REUTERS/Rebecca Cook

Birx Says Social Distancing Will Continue Through The Summer

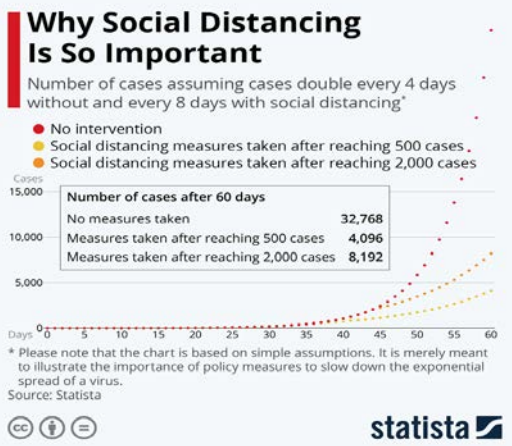


White House coronavirus task force coordinator Deborah Birx said social distancing could last months. (Photo/J. Botsford/Washington Post)

Compiled And Edited By John T. Robbins, Southern Daily Editor

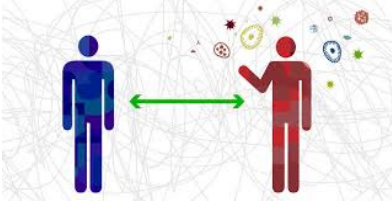
White House coronavirus task force coordinator Deborah Birx on Sunday said social distancing will continue through the summer, as the governors of two US states defended their decisions to reopen their economies. Birx also defended President Trump’s comments on disinfectants as treatment, which continued to draw criticism from governors. Birx appeared to contradict Vice President Mike Pence’s comment that the epidemic would be mostly “behind us” by the end of May, when she said social distancing will continue beyond that. “Social distancing will be with us through the summer to really ensure that we protect one another,” she said on NBC News’s “Meet the Press.” Birx added that the country needed to have a “breakthrough” in testing for antigens — molecules or molecular structures that trigger an immune response — to

get on track for normalcy. During a radio interview with WTAM in Cleveland on Friday, Pence said, “I think honestly, if you look at the trends today, that I think by Memorial Day weekend we will largely have this coronavirus epidemic behind us.”



Although she said social distancing would continue, Birx expressed optimism that the United States would recover more quickly than earlier global data suggested.

“If you look at these outbreaks over time and you look at places like Louisiana,” Birx said, “if you look at Houston, if you look at Detroit, if you look at how they’ve reached their peak and come down and what those cases look like as they come down, it gives us great hope when you project out Boston and Chicago and certainly the New York metro.” Despite the encouraging data, Birx added that during conversations with governors about cautiously reopening, “they talk about this not as turning on a light switch, but slowly turning up the dimmer. Very slowly.” Birx defended Trump’s comments about ingesting disinfectants and using ultraviolet light as a potential coronavirus cure, saying that he was “musing” about a study on sunlight and that the media should move on. Birx went on to say that Trump’s remark was him thinking out loud about a study that found that sunlight killed aerosolized coronavirus particles.



During Friday’s briefing, Trump did not mention the study but instead walked back the remarks by telling reporters that his comment about disinfectants was sarcastic. Colorado Governor Jared Polis, a Democrat, defended his decision Sunday morning to start reopening his state. On CNN’s “State of the Union,” Polis said a recent apparent spike in cases was attributable to previous tests that were just confirmed and added to the total, and don’t reflect what is happening. He said he is focused on social distancing measures that are sustainable for weeks and months. Oklahoma Governor Kevin Stitt, a Republican, also defended his decision to begin reopening businesses in his state on Friday. Stitt said the original purpose of the closures was to build hospital

capacity, acquire personal protective equipment, and flatten the curve. The closures gave the government time to do so, he said, but it’s time to reopen. “The facts in our state are: March 30, we peaked in hospitalizations, with 560 across the state,” he said on “Fox News Sunday.” “Today we have 300 across the state in our hospitals. We think it’s time for a measured reopening.”



Kevin Hassett, an economist temporarily advising the administration on economic policy during the pandemic, painted a dire picture on Sunday. “Make no mistake, we’re looking at a really grave situation” in economic terms, he said on ABC News’s “This Week.” Over the past five weeks, more than 26 million Americans have filed unemployment claims. “This is the biggest negative shock that our economy, I think, has ever seen,” Hassett said. “We’re going to be looking at unemployment rates that we saw during the Great Depression.” He noted that during the recession that began in 2008, a total of 8.7 million jobs were lost. “Right now, we’re losing about that many jobs every 10 days,” Hassett said. “So the economic lift for policy makers is an extraordinary one.” Treasury Secretary Steven Mnuchin said that contrary to some predictions, he expects a quick and robust economic recovery. “As we begin to reopen the economy in May and June, you’re going to see the economy really bounce back in July, August, September,” Mnuchin said on “Fox News Sunday.” “We are putting an unprecedented amount of fiscal relief into the economy.” Mnuchin also responded to criticism

that the federal relief program for small businesses had run out of money so quickly in part because large chunks of it had been taken up by large businesses. He said that larger companies are returning the money and that the next phase of the program will be more focused on smaller companies.



Republican and Democratic governors on Sunday, speaking on ABC News’ “This Week,” pushed back against the suggestion by Senate majority leader Mitch McConnell, Republican of Kentucky, last week that states hit hard by the coronavirus outbreak should be allowed to seek bankruptcy protections rather than be given a federal bailout. “It’s outrageous for Senator McConnell to even suggest that,” said Michigan Governor Gretchen Whitmer, a Democrat. “He’s wrong, and we need Congress to step up and help states. . . . It’s because of this global pandemic that we are all having to make tough decisions. We need the federal government to have our backs.” Maryland Governor Larry Hogan, a Republican and chairman of the National Governors Association, said the money is “critical to the rebounding of our economy.” He noted a bipartisan bill in the Senate would send \$500 billion to the states and “we have a commitment from the president and the vice president” to provide the support. “I thought Mitch McConnell probably would regret making that comment the other day — I think it just slipped out,” Hogan said, “but I’m hopeful that we will be able to convince Senator McConnell to go along with the bipartisan bill in the Senate and the administration’s commitment to the states.” (Courtesy <https://www.bostonglobe.com/>)



豐建偉醫師：歐美冠狀病毒，恐增高「腦中風」機率

【美南新聞記者蕭永群報導】隨著哈裏斯郡地區口罩令生效，許多民衆對這項命令的反應褒貶不一，有人認為這是必要之舉，也有人抨擊美國人身自由盡失。針對口罩問題，休斯頓當地權威醫師豐建偉，從醫學的角度與民衆分析口罩的必要性。

借鏡上海，口罩、隔離最有效
豐建偉指出，雖然數據顯示這陣子疫情達到控制，然而仍然不能鬆懈。從醫學的角度與中國的例子借鏡，會發現如上海這樣的大城市，雖然人口密度高，實際確診人數卻不到600人，歸功於上海實施的社交隔離，以及民衆都自主配帶口罩，可見口罩是有其效用的。豐醫師也指出，目前帶口罩、社交隔離是兩項最有效的防疫手段。美國新冠患者，「腦中風」機率恐增加



青壯年在罹患新冠肺炎後，容易引起小血管的早期炎症反應、血管阻塞，進而提高「腦中風」的機率，這是當時在中國還未出現的跡象。因此美國的新冠病毒更毒，不管任何年齡層，都需要配戴口罩，以保護自身。

針對下列高危險族群，豐建偉也指出特別需要透過帶口罩來維繫身體健康：65歲以上長者、糖尿病患者、心力衰竭、腎功能異常、慢性肺病等並有慢性疾病、以及肥胖者都是感染新冠肺炎後的高危族群，務必在公眾場合攜帶口罩，保護自己。他也指出亞裔族群對於帶口罩的意識較強，然而除了自己做到以外，他呼籲亞裔透過自身影響力、輿論、媒體，來讓親友、鄰居、同事都意識到口罩的重要性，幫助社區恢復過去的平靜。
口罩是否能高溫消毒再利用？醫生解析
而針對坊間熱議的口罩是否能通過加溫、射線等方式消毒再利用的話題，豐建偉指出，雖然這對於特定類型的口罩是可行的，

但作為醫師並不建議這麼做。他表示雖然對於一般口罩或布口罩，的確可以透過高溫達到一定的殺菌效果，然而若在消毒過程中口罩產生破洞，反而功虧一簣。而醫用口罩N95，在設計上就是無法消毒的。因此建議民衆最好是一次性使用，不要因為省口罩的小錢，而失去身體健康。
抗疫黃金準則：增強自身免疫力
豐醫師也強調，要有效抵禦疫情最好的方式還是增強自身免疫力，他也提供了以下方針做為參考：第一，多吃高纖食物以及植物性蛋白，此外還要補充各種蔬果中的各類維生素，能有效抑制炎症反應，而肉類會增加炎症反應，要減少比例。此外也可以透過中醫食補等方式。第二，保持心情愉悅，勿累積過多壓力，並對身邊親友多點愛與包容。第三，透過進行長期的有氧運動，來促進代謝，也能增加腸胃消化道機能。

德州最高法院：租客「驅逐令」審判延期至5月18日



【美南新聞記者蕭永群報導】隨著驅逐令時限將至，德州最高法院於28日宣布，要再次將驅逐聽證的凍結時間從4月30日延長至5月18日，讓許多因為疫情無法付出租金的租客能暫時鬆一口氣。根據這項命令，房東仍然可以在這段期間申請驅逐、向房客發出收租通知，但各種

審判、聽證會和其他程序仍然會被暫停，要到5月18日之後，法庭才會恢復舉行聽證會。隨著失業率上升並達到德州的歷史高位，上週五，州長艾伯特和德州住房與社區事務部宣布，該州將向符合條件的德州人提供1130萬美元的租金援助。一些地方政

府也採取了更強有力的行動來制止驅離。在叁月和四月的短短五週內，共有130萬1441名德州人申請了失業補助，超過了2019年全年的水平，住房問題也順勢成為成千上萬個低收入戶的大問題。

專家表示：依數據顯示，德州還沒有準備好重啓



【美南新聞記者蕭永群報導】德州的分階段重啓計畫已經逐漸展開，然而卻有專家指出，從目前的數據資料顯示，德州尚未做好重新開放的準備。貝勒醫學院（Baylor College of Medicine）知名疫苗和傳染病專家赫茲（Peter Hotez）博士指出，根據數據顯示，德州目前還不適合同重啓。「我們到目前所做的一切都是正確的，希望能確保我們不會將成果付之一炬。」赫茲認為州長格雷·艾伯特（Greg Abbott）的經濟復甦計畫是正確的，但缺乏保護公眾健康的措施。「到目前為止的問題是，他們疏忽了整個疫情將在幾週或幾個月內崩潰。」赫茲表示：

「我們在預測模型中指出可以安全地開放之前就選擇重啓，（但模型指出）要『等到六月』」在州長艾伯特宣布要解除居家令後，IHME模型預測德州死亡人數將會回升，且預計到八月，死亡人數將達到1657人，比上週幾乎翻了一倍。不管是否準備就緒，德州將在本周五5月1日邁出一大步，屆時餐館、電影院、零售商店和購物中心將有限度地重新開放。

霍茨說：「我理解我們必須按照他們所說的『開放』，我接受這一點。」「但是我唯一擔心和警告的是：要以聰明的方式開放。」赫茲表示，目前針對要讓德州安全開放的醫療基礎設施系統還沒建立好。「無論您是在律師事務所、Buc-ee加油站還是目標百貨工作，如果您想知道您的同事是否患有（冠狀病毒），我們都還沒有相應的系統。」

新冠全球破300萬確診 美國佔近三分之一

（綜合報導）根據美國約翰斯霍普金斯大學最新數據顯示，全球新冠肺炎確診人數今(28日)正式突破300萬人，累計死亡人數超過20萬人。其中，美國共有近98萬人確診，佔全球確診人數將近三分之一。

目前美國新冠確診人數逼近百萬大關，共有5.5萬人死亡。西班牙、義大利及法國總確診人數分別排名全球第2至4名。亞洲國家當中，伊朗9.1萬確診，俄羅斯8.7萬確診，雙雙超越中國大陸。

疑不敵前線工作壓力 紐約抗疫女醫輕生

（綜合報導）美國的新冠肺炎疫情重災區紐約市，26日傳出1名女性急診部主任醫師，疑不敵工作壓力在家中自殺，送醫不治。當地急救醫療服務負責人當晚透過電郵，向其同院醫護公布女醫死訊，但未交代死因；醫院及警方均發布聲明，讚揚死者是抗疫英雄。

49歲死者布林（Lorna Breen）任職曼哈頓的紐約長老會艾倫醫院，該院收治多名確診患者。她先前在工作期間染疫，康復後重回工作崗位，約10天後又被醫院送返維吉尼

亞州夏洛茨維爾市地家中休養，最終在周日自殺身亡。據悉她性格外向，是虔誠基督徒，受同事尊敬愛戴，與家人關係親密，每週還會在護老院做義工。

布林的父親指，她沒有精神病史，但回憶布林最後一次與他交談時，表現冷漠，又突然向他描述醫院垂死的染疫病人，來不及被抬出救護車，就已奄奄一息。他受訪時悲傷地表示：「她試圖做好自己的工作，結果卻被工作害死了。」



美韓偵測衛星拍到金正恩身影 人在元山市騎馬、海上玩「噴氣滑雪」

（綜合報導）北韓領導人金正恩，整個人消失到現在，今天（28日）進入第17天。根據南韓《朝鮮日報》報導指出，美國和南韓的偵測衛星都拍到，金正恩人證在渡假勝地江原道元山市，進行包括騎馬與水上活動，並說他的狀況一切良好。而美國總統川普，也在美東時間27日發言，表示他知道金正恩的現況，「但我現在還不能說，只希望他沒事。」

根據《朝鮮日報》27日報導指出，根據熟悉北韓政府的消息來源指出，南韓和美國當局偵測衛星，最近有捕捉到金正恩的身影。報導中指出，他在江原道元山的一棟別墅附近騎馬，甚至還在海上，玩著名為「噴氣滑雪」的大型水上活動。

報導並提到，美國偵測衛星的能力，能夠清楚拍到金正恩本人的臉，還宣稱拍到他在進行噴氣滑雪時的照片。

川普和馬克宏同意世衛需要改革

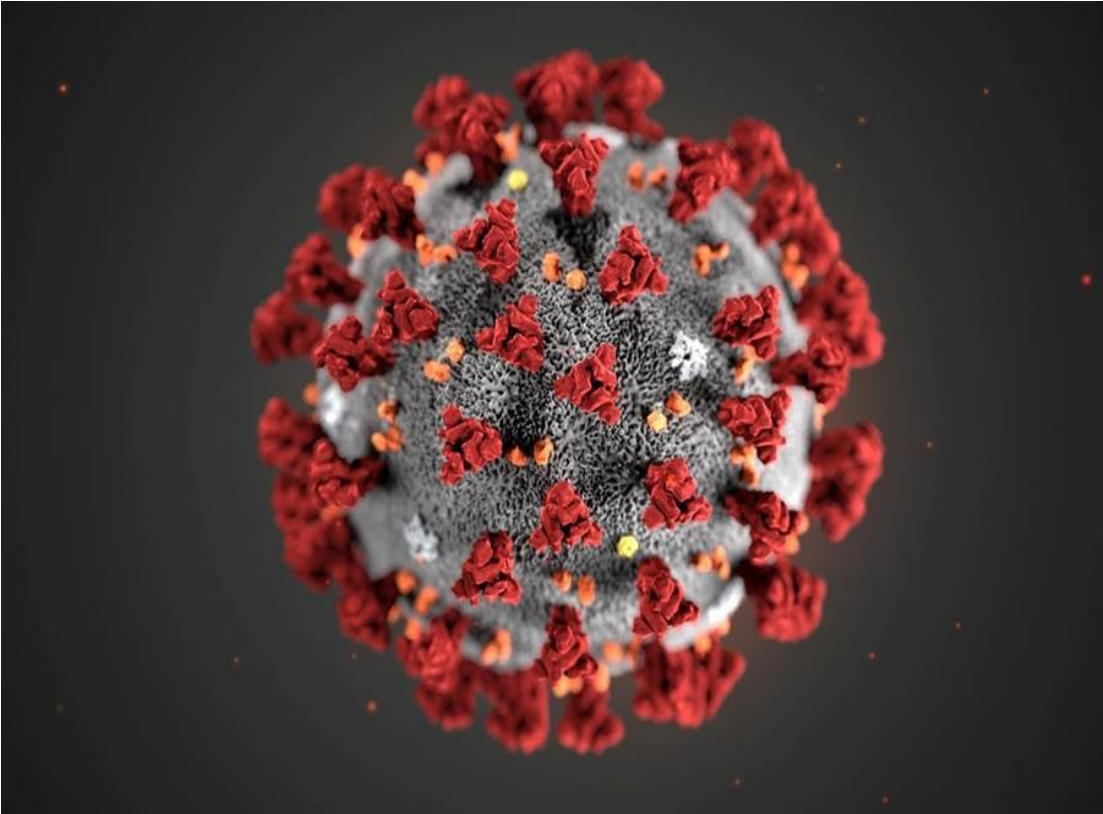
（綜合報導）法廣網引述美國白宮副發言人迪爾（Judd Deere）4月26晚的推特表示，美國總統川普在與法國總統馬克宏當天通過電話後，雙方一致認為世界衛生組織（WHO）需要進行改革。他們還同意，希望聯合國安理會常任理事國儘快開會，以討論對抗當下新冠肺炎疫情。

迪爾在相關推文中寫道，「今天，川普總統與法國的馬克宏總統互通電話。兩位總統就對抗冠狀病毒病大流行疫情的正面發展，及全球經濟朝向恢復正常運作的進展進行了探討」。

迪爾續稱，美法兩位領導人皆表示，希望聯合國安理會的5個常任理事國儘快開會，討論聯合國如何對新冠肺炎疫情作出回

應。他並指出，「川普總統和馬克宏總統同意世衛組織需要進行改革」。迪爾指，此外，兩位領導人還在通話中談及「重大的區域與雙邊議題」。近期，自美國開始公開指責在譚德賽總幹事領導下的世衛組織應對新冠疫情不利，並存在過於偏袒中國的指控後，川普政府在不久後宣布暫停美國對世衛組織的資助。

川普在當時表示，在這一期間美方同時將開展一項審查，以評估世衛組織「在掩蓋冠狀病毒傳播和對傳播處置嚴重不當方面所扮演的角色」。此後，美國國內也出現了應在疫情大流行下恢



新冠緊咬陸 川普怪沒遏阻全球流行

（綜合報導）美國總統川普27日說，中國大陸原本可以趁新冠肺炎席捲全球前遏阻新冠肺炎疫情，淡確沒這麼做，美國政府要認真加以調查。

據路透報導，這是川普矛頭對準大陸，把新冠肺炎疫情大爆發歸咎於北京的最新批評。「我們認為，當初可以在源頭就遏阻。原本能迅速阻止，不必蔓延全世界的。」美國國務卿蓬佩奧（Mike Pompeo）上周說，華府強烈認為，北京沒有及時通報新冠肺炎疫情，並掩飾的新冠肺炎的嚴重性。

而中國大陸外交部發言人華春瑩周一推文說，蓬佩奧應該「停止玩政治遊戲，放更多的精力在拯救生命上」。

如今全球有超過300萬人感染新冠肺炎，其中美國就佔了約1/3。而全世界死亡人數也突破20萬人，而美國便有約5.6萬人。周一稍早白宮貿易顧問納瓦洛（Peter Navarro）指控中方，送劣等，甚至仿冒的新冠肺炎病毒抗体測試組給美國，以在疫情大流行期間從中牟取暴利。

納瓦洛在接受福斯新聞（Fox News）專訪時說，要讓美國人結束封城，重返工作崗位，對病毒和抗體進行更多檢測是很重要的。不過，他也強調，美國不能容許中方提供那些造假和仿冒試劑，因為那將是很有破壞性的。



復對該組織資助，對世衛組織進行調查，或由美國「拉群」重建新的國際衛生組織的不同呼聲。

對此，美國國務卿蓬佩奧曾於近日接受福克新聞節目主持人英格漢姆（Laura Ingraham）採訪時表示，（疫情爆發後）世衛組織未能從中國獲得病毒迅速傳播的準確資料。當被問到是否堅持要世衛撤換總幹事譚德塞才恢復美方對該組織資助時，蓬佩奧說，「美國可能永不會再以納稅人的金錢資助世衛，我們需要比此更廣泛的改革。」

十大日勉

肚量大一點，嘴巴甜一點，
行動快一點，效率高一點，
腦筋活一點，理由少一點，
做事多一點，脾氣小一點，
說話輕一點，微笑露一點。

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傳統文化成古裝劇吸睛利器



《清平樂》中，曹皇後的鳳冠華服十分驚艷。根據古籍《金史·輿服誌》中對宋朝皇後禮冠的描述：“花株冠，用盛子釵，青羅表、青絹襯金紅羅托裏，用九龍、四鳳，前面大龍銜穗球釵朵，前後有花株各十有二……”這件精美的鳳冠，在《清平樂》中被還原。妝容方面，曹皇後冊封時妝容和畫像上的妝容如出壹轍——從宋朝諸多畫像中不難看出，珍珠面靨當時正流行。

宋代的通天冠服，《宋史·輿服誌》有詳盡介紹。王凱飾演的宋仁宗所佩戴的通天冠，整體上還原了“卷雲”的弧度造型。配合通天冠所穿的絳紗袍也十分走心，傳統絳色下，可以清晰看到雲龍暗紋。

雖然電視劇《清平樂》的劇情、節

奏都被觀眾吐槽，但播出以來，劇集所展現出的宋朝風物引起觀眾關注，大至典雅的宮殿樓宇，小到清新脫俗的茶爐、團扇，美不勝收的大宋之美，在影視劇中迎來屬於自己的“高光時刻”。

除了內斂含蓄、清新雅致的宋代美學讓觀眾津津樂道外，晏殊、範仲淹、歐陽修等“語文書裏常駐嘉賓”的陸續登場，同樣讓觀眾驚喜不已——影視劇通過多維度展示傳統歷史文化，給觀眾“余韻無窮”的享受。

每壹幀都像壹幅宋代風情畫

《知否知否應是綠肥紅瘦》（簡稱《知否》）《清平樂》……壹系列以宋代為年代背景的影視劇，讓宋朝成為觀眾焦點。除了劇情方面外，宋代高品位的

美學風格更是火出了圈——《知否》細緻入微展示“焚香點茶、掛畫插花”的生活方式；《清平樂》更是考究，將宋代“雅之美”發揮到極致，服飾、家具、構圖，無壹不遵循“簡潔、素雅、精致”的原則，有網友評論稱“每壹幀畫面都像壹幅精美的宋代風情畫”。

《清平樂》大氣素雅的色調以及中國傳統美學的構圖，極簡風格呈現出“柔和又高級”的感覺。車水馬龍的州橋夜市，汴京城繁華的街頭巷尾，被網友發現“都在壹定程度上參考了《清明上河圖》”。

該劇美術指導王競在採訪中透露，他把中國傳統的美感，投入到了每壹個場景中，無論是從宏觀還是微觀，壹直在堅持對稱、大氣，最大限度還原大宋

的情景。

觀眾圍觀“四大雅事”

宋朝人對美的追求，不僅體現在熱衷於四藝，更流露出壹種由內而外的生活態度——將日常生活提升至藝術境界。

《清平樂》展示了宋代家具的美感。劇中的這些家具，雋秀文雅，儒雅樸素，線條上契合現代人簡約風的追求。

器具方面，《清平樂》中宋仁宗飲茶的溫酒壺原件出自景德鎮窯青白釉刻花註壺、註碗，現藏於北京故宮博物院。

從生活場景、器具中不難看出，宋朝人生活風雅。而“焚香點茶、掛畫插花，四般閑事”，更是他們詩意生活的展現。

《清平樂》第七集，官家和苗娘子聊天之時，苗娘子手上壹直在忙活著壹件事——點茶。點茶法自晚唐便有，興盛於兩宋，小小的點茶包含了壹整套工藝，流程極為複雜講究。

宋朝焚香文化盛行，有文人曾感嘆“無香何以為聚”。焚香的場景在《清平樂》中隨處可見，是宋人生活風尚之壹。

插花也是宋人的風雅之事。《清平樂》第三集就有曹丹姝和其他幾名女子插花聊天的場景。宋朝是中國插花史上的鼎盛期，歐陽修《洛陽牡丹記》說，“洛陽之俗，大抵好花。春時城中無貴賤皆插花，雖負擔者亦然。大抵洛人家家有花”。宋朝的插花，除了追求線條之美，更註重的是插花的內涵，從插花作品中體現出人生哲理和品德節操。

《清平樂》中，每壹幅掛畫都頗有講究。四大雅事中的掛畫，最早指掛於茶會座位旁的畫作，演變至宋代，詩、詞、字、畫皆可為掛畫。遇到雅集、會

飲時，士大夫們就掛出自己平時收藏的得意名畫，供彼此交流品評。

劇中出現的這些器具和雅事都讓觀眾津津樂道。

在追劇中感受

傳統文化獨特魅力

追劇除了看故事看表演，還能感受傳統文化的獨特魅力，對觀眾來說，可謂“余韻無窮”。

近年來，多部古裝劇都憑借傳統文化吸引了觀眾，如去年火爆的《長安十二時辰》。

而通過《知否知否應是綠肥紅瘦》《清平樂》，宋代生活走入大眾視野。不論是用文字還是影像的形式，這些作品都給大眾普及了宋朝風物及宋代美學的特質。

有意思的是，幾部以宋朝為焦點的影視作品裏，那些“語文課本裏的老熟人”、被網友譽為“全文背誦天團”的文學家晏殊、範仲淹、歐陽修等人的現身，以及李清照詞作的運用，都讓觀眾感嘆“特別想再讀壹遍宋詞”。

通過《清平樂》等電視劇，觀眾得以用當下日常和流行文化的審美眼光去再次探索宋朝燦爛的文化藝術成就，這也是近年來古裝劇常常給觀眾帶來的驚喜所在。

不管是《清平樂》，還是之前的《瑯琊榜》《知否知否應是綠肥紅瘦》，優質古裝劇創新影視表達的過程中，有意識地還原歷史背景，更容易讓年輕觀眾產生代入感、從而更好地感受傳統文化獨特魅力。

而這些古裝劇也通過展示傳統歷史文化成功地吸引了觀眾的關注。

《可可西裏》線上重映 陸川：每個人都要盡可能保護野生動物

導演陸川近日現身首都之星藝術影廳聯盟舉辦的環保主題影片雲放映專場活動，與觀眾就其兩部作品《可可西裏》《我們誕生在中國》展開線上互動。

拍攝於2003年的電影《可可西裏》以殘酷、洗練的紀實風格展現了圍繞藏羚羊的屠殺和保護，曾獲獎無數。十多年過去了，再看這部作品，陸川感慨，當年拍攝時的種種艱辛依然歷歷在目。“無論時間的長河如何過濾，都帶不走好作品最本真的內核。《可可西裏》沒有大牌演員，也不是大制作，是壹部講述‘存在’的電影，講述了壹群人為了活著和另壹群人為了更好活著的矛盾故事。”

回憶拍攝過程，陸川說，當時最大的挑戰是面對可可西裏極致的環境時，如何把主創們內心的震撼用膠片記錄下來，讓觀眾感受到藏區自然的壯美和對生命的尊重。為此，他和團隊選擇了做減法。“我們帶了整整四卡車的攝影器材過去，但最後並沒有動用那些特別複雜的拍攝手段，只是靜靜地用最簡單的鏡頭語言去記錄我們面前的世界。我們不希望攝影、導演出現在鏡頭前，而是希望能夠深深地藏在後面，

讓觀眾以最近的距離感受到用膠片記錄下來的歷史和自然。”

2014年，迪士尼找到陸川，希望跟他合作拍攝壹部有關中國野生動物的環保題材電影，經過半年的籌備，五個攝制組在全國各個無人區和自然保護區進行了18個月的追蹤拍攝以及11個月的後期剪輯，《我們誕生在中國》終於在2016年8月跟觀眾見面。片中的三組動物大熊貓、雪豹、金絲猴各有各的魅力，收獲了不少小觀眾的喜愛。談起拍攝這部電影的過程，陸川笑言，整體上遠沒有《可可西裏》那麼艱苦，“當年《可可西裏》劇組的每個人都差點兒把命送掉了，這次各方面的物資保障都好了很多。”

比較兩次拍攝，最讓陸川感到印象深刻的是國內野生動物生存環境的顯著改善。“當年在可可西裏時，我覺得真的特別慘，體驗生活的時候能聽見槍聲，巡山過程中還能看到被打死、剝皮的藏羚羊，看到它們身上的槍眼。藏羚羊群還沒有恢復，盜獵很猖獗。拍《我們誕生在中國》時，各地的野生動物保護情況有了天壤之別，能看到有關部門拿出很多資金和精力在做這件事。”

當被觀眾問及拍攝時的趣事時

，陸川講了壹個曾經讓他感到“顛覆”的故事。“大家都覺得熊貓很可愛，實際上它們很兇。到了現場，我們才知道拍攝熊貓是最危險的，因為成年熊貓就是真正的熊，它的牙齒咬合力、熊掌擊打能力，跟壹只野生棕熊沒有任何區別。熊貓是雜食動物，捕獵能力比較弱，它們抓住壹只野山羊抱著就啃，不會把它殺死之後才吃。所以拍熊貓的時候我最擔心，我們那組工作人員的保險額度是最高的。他們不得不穿人工熊貓皮偽裝起來，還要往身上抹熊貓糞便，慢慢靠近熊貓媽媽和寶寶。”

“《可可西裏》和《我們誕生在中國》差不多隔了十年，希望下壹個十年，我還有精力和體力，去壹個更極致的環境，對中國的自然環境做壹次表達。”陸川表示，這次疫情暴發後，他看到新聞裏說有些地方自然環境得到恢復，覺得人類確實過度耗用了地球資源，“如果有可能，每個人都要盡可能去保護野生動物和環境，這才是敬畏和平等的態度。”

這段時間，陸川正忙著新片《749局》的後期制作，影片講述的是壹個少年的成長和歷險，他希望這部作品能給觀眾帶來驚喜。

經過了壹路高開和結局的爭議，《我是余歡水》在網上的評分固定在7.4分，那句涉及到女權爭議的臺詞，並沒有導致該劇的口碑呈現急劇的兩極分化，將近60%的觀眾在滿分五星的系統內，給該劇打出了3星和4星的評分。

平心而論，《我是余歡水》將視角較為獨特地放在了中年上班族的生活狀態上，而郭京飛憑借出色的表演也激發了不同群體的共鳴，但作品整體缺少進壹步的提高與更深入的反思，使得作品中的人物在12集中經歷了各種際遇之後，沒有實現根本的成長和轉變，對於現實中的問題，主創們也沒有給出更好的解決方案。

網劇《我是余歡水》，改編自小說《如果沒有明天》，原著小說以詼諧荒誕的方式描寫了社會底層小人物余歡水的艱難境遇與心路歷程。余歡水懦弱膽小、退讓隱忍，身患絕癥反而給了他為自己活壹次的勇氣。作為最先被搬上話劇舞臺的作品，《我是余歡水》改編成網劇後共計12集的體量，短小精悍，節奏與風格都與不少劇迷推崇的歐美等劇集相當。

作為男主角，郭京飛的表演再壹次引爆口碑，多次登上網絡和微博熱搜。因為去年《都挺好》而“意難平”的部分觀眾在網上評論說“想不到妳蘇明成（《都挺好》中存在爭議的角色）也會有今天。”更多的觀眾則表示郭京飛演活了壹個中年男人的無奈與辛酸；領導的責難、後輩的超越、妻子的輕視與冷漠以及在人際交往和事業上越來越弱的存在感，幾乎每走壹步都是錯。

在《我是余歡水》中，男主人到中年，與工作中業績不佳、家庭中喪失發言權以及上有老下有小的種種現實壓力混合在壹起，在劇集開篇壹起襲來，這種窒息感讓不少觀眾頗有感同身受共鳴，也造成了這部成本不高的作品開播後頻上熱搜壹度產生了現象級的效應。

《我是余歡水》的評分，因結尾壹句有關

女權的臺詞而壹路低走。但目前來看，這句臺詞並不是整部劇的問題所在，而這部劇暴露出來的問題之壹卻與女性有關，那就是全劇基本以余歡水的視角去觀察思考。在他眼裏，妻子似乎也成為壓在自己身上的壹座大山，但如果轉換視角，面對壹個窩囊無能的丈夫，又有幾位女性可以做到和顏悅色有求必應。

此外，余歡水的結局也引發不少爭議。余歡水在被誤診為癌癥後，開始有了思維方式的轉變：拒絕再為別人而活，甚至有些被動地淡泊金錢與名利，進而去匡扶社會正義，這些情節都可以看做是劇情鋪墊後人物“進階”的開始，但隨著結尾很快到來，觀眾會發現爽劇到此打住。在結尾，余歡水經歷的壹切都可能是夢壹場，也有可能他早就不在人世。

從影視劇作品來講，這個開放性的結尾無可厚非，但從整部劇的功能來講，這樣的結局讓整部作品的現實意義大打折扣。在都市中的每個人都會面對不同的壓力，即便沒有余歡水這樣狗血的生活境遇，在看過爽劇之後，各方的壓力仍舊撲面而來，觀眾不能做白日夢，也不能總在虛擬世界中躲避，在現實中，觀眾能從余歡水身上學到什麼排解壓力的方法呢？《我是余歡水》沒有明確的答案，就像之前的《都挺好》，劇情壹路猛進看得觀眾壹路“爽”，個別角色因為貼近現實、演繹出色，還成為現象級人物，但爽過之後，觀眾與劇中人物壹樣，面對生活依舊迷茫不知如何自處。

「爽」過之後的余歡水何去何從

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SCAN ME



賈斯汀："魔發精靈 2" 傳達的信息很應景

兩三歲就跟著電視哼歌 最愛動畫"小飛象"

有2016年《魔發精靈》近3.5億美元票房成績的珠玉在前，這壹部音樂喜劇動畫續集原定在今年四月北美上映的檔期卻因為COVID-19疫情的影響，轉向了用在線訂閱的方式與觀眾們見面。但這部動畫片仍然是家庭觀影和音樂愛好者的不二選擇。

這部新作承接第壹部的事件，外表甜美且永遠積極樂觀的波比（英文版中由安娜·肯德里克配音）和更沈默更謹慎但同樣是好心腸的布蘭（由賈斯汀·汀布莱克配音），發現在六個不同大陸還散布著不同種類的“魔發精靈”，同時不同部落還有各自的“音樂傳統”——流行、古典、搖滾、高科技舞曲、放克，以及鄉村。

搖滾部落的女王巴布（由蕾切爾·布魯姆配音）計劃把六個部落各自的魔法吉他弦都據為己有，然後彈奏壹首超強的旋律來摧毀其他種類的音樂，讓搖滾占據至高無上的地位。當然，波比和布蘭在這壹部的任務就是要去阻止這個可怕的計劃。

在疫情於美國蔓延之前，時光網記者有幸在洛杉磯對汀布莱克進行專訪，討論他在這部電影中的工作以及這部電影的原聲，壹些他最喜愛的動畫電影，超級英雄組合時候的回憶。以下是專訪全文。



記者：妳希望《魔發精靈2：世界之旅》傳遞給觀眾什麼樣的訊息？

賈斯汀·汀布莱克：妳知道的，用音樂作為符號來代表不同生活的方式，這是非常有趣的。同時我覺得電影表達出了對多樣性的包容，這也很重要。這是壹個很應景的信息。

而音樂又是壹個非常棒的載體來傳達這樣的訊息，因為妳會把今天聽的歌和明天聽的歌都放到壹個歌單裏，這樣妳每時每刻聽的歌都會很不壹樣，完全取決於妳的感受。所以有這樣壹部電影使用音樂這個大家都喜歡的元素作為符號，來鼓勵觀眾們去擁抱多樣性，這非常重要。

記者：妳有壹個快四歲的兒子。像《魔發精靈2：世界之旅》這樣的電影會讓妳在家更酷嗎？他有對妳在這部電影的工作產生什麼影響嗎？

賈斯汀·汀布莱克：對啊，他壹開始就理解了這部電影，至少某種程度上來說是這樣。他最先從《Can't Stop the Feeling》這首歌入手，到現在

他已經聽完了整個原聲碟。我的很多朋友也同樣有差不多年齡的孩子，所以我也很興奮能和他們以及他們的孩子壹起分享這部作品。

記者：從音樂人的角度說，如果妳把妳的人生看做壹個六弦吉他…

賈斯汀·汀布莱克：（插嘴）我喜歡妳這個說法，妳引用了電影中的核心琴弦概念，我很喜歡。（笑）

記者：所以第壹個影響到妳人生的音樂“弦”是什麼？

賈斯汀·汀布莱克：這是壹個很深很複雜的話題。所以準確點妳是在說什麼音樂類型嗎？

記者：是的。

賈斯汀·汀布莱克：好的，我知道的是我媽媽以前經常用收音機放那種古典搖滾。在我很小的時候，都是聽這種搖滾多於搖籃曲。當然我不太清楚這件事是不是真的，但是我媽媽會告訴我說在我兩三歲大的時候會跟著廣播裏的唐·亨利唱歌。據說我和唐·亨利的合唱還挺和諧的，所以我想我

的“第壹弦”可能是，壹個合並了藍調、鄉村和搖滾這些不同音樂類型的樂隊吧。但是我記得我們也會在收音機裏聽古典搖滾和流行音樂。

記者：妳的角色布蘭並不擅長表達情緒。妳在現實生活中會如何表達情緒，音樂是否是壹個很有效的表達情緒的方式呢？

賈斯汀·汀布莱克：好吧，我得說音樂對於每個人來說都是壹個表達釋放的好方式。也許妳也會有同樣的感受——有些時候妳就是找不到壹個很合適的詞，但是妳可以找到壹首合適的歌來表達自己的感受。所以我有時候會通過寫歌來表達情緒的複雜性。

至於其他時候，例如早上喝咖啡之前，那就真的很難去表達自己了。我也不知道，我發現當我越發享受做壹個藝術家、壹個爸爸和壹個丈夫的時候，我會更了解如何用愛和關懷來表達自己。

記者：妳會如何描述這段電影原聲的工作經歷？這和妳做個人專輯的區別有多大？

賈斯汀·汀布莱克：我可以告訴妳這壹次的《魔發精靈2：世界之旅》的原聲碟是非常非常多元的。我分別和馬克斯·馬丁、Sarah Aarons、克萊斯·斯普頓以及Anderson .Paak等等這些完全不壹樣的歌手壹起寫歌。與這個原聲碟有關的藝術家列表，從凱莉·克

萊森壹直到瑪麗·布萊姬，這實在是讓人難以置信。

我為這部電影創作了很多歌，也很興奮這些成果。另外每壹次我做壹張專輯發壹張專輯，都會希望它聽起來和以前我做過的專輯相比會很不壹樣。所以，這壹次我認為它不會和以前我做過的任何專輯有相似的地方，但是它聽又確實是我的作品。

記者：這個電影系列有非常明確的目標觀眾群體也就是孩子們，所以我比較好奇在妳對童年時看過的哪部動畫電影最為印象深刻？

賈斯汀·汀布莱克：當然有很多。我可以說我人生中穩居前五的電影，不只是動畫片，是我小時候看的那部《小飛象》。另外我小時候還是壹部動畫電影《最後的獨角獸》的狂熱粉絲。我不知道妳還記不記得那部電影，但是那部電影的原聲是美國樂隊做的，我記得那部電影深深打動了小時候的我。

我覺得最早的那部《小姐與流浪漢》也非常好。我可以直這樣說戲啊啊去，但是我得說排名第壹的壹定是《小飛象》，因為那是我第壹次認識到動畫電影也可以做這麼豐富的情感表達。

記者：另外，關於這部新片“世界之旅”的主題，妳可以順帶談談妳的第壹次世界之旅嗎？我想那應該還

是“超級英雄”組合時候的事情了，那會是什麼樣的體驗呢，畢竟不只是到壹個目的地去度假，而是環遊全世界。

賈斯汀·汀布莱克：（笑）好吧，第壹次“超級英雄”壹塊出去巡遊可沒有很奢華。我們就是塞滿了壹個車廂，在歐洲的壹個演唱會地點開到另壹個。我們從德國出發，接著是奧地利，再到瑞士。我們壹開始是被BMG慕尼黑簽約，所以我第壹次參加世界旅行還挺磕碰的。我被塞進壹個還裝著其他四個“發臭”的人的車裏。我們都還是青少年，所以那大概是為什麼我們身上都有味道。

記者：跳到另壹個話題，我去年曾有機會採訪到妳的妻子傑西卡·貝爾，她說妳長大了但沒有變老。所以從妳的角度看，她這個說法有什麼樣的含義？

賈斯汀·汀布莱克：聽起來她還是嘴下留情了。我沒有任何成長的秘訣，除了保持好奇心之外。所以她的說法非常棒，謝謝妳傑西卡。我唯壹的準則就是保持清醒保持好奇。永遠都有東西在等待著妳去學習。而妳也必須去了解到，妳踏出的每壹步都會留下印記，妳不可能再回去把它擦掉，但妳可以在邁出下壹步時保持進步。所以就是要保持好奇心吧我想。

鍾哥和導演解讀《極限營救》動作戲碼

動作替身轉型導演交出不俗的答卷

《極限營救》是“美隊”克萊斯·埃文斯動作替身薩姆·哈格裏夫的導演處女作，由《復聯3》導演羅素兄弟編劇和監制。4月24日Netflix上線後，影片的動作場景獲得影迷好評，格鬥戲和追車戲都拍得有模有樣，將《美國隊長2》和《疾速追殺》

的風格進行了結合。近日Netflix發布了壹段導演和男主角克萊斯·海姆斯沃斯解讀動作場景拍攝幕後的視頻，AK47近距離射擊、踢桌子殺人、釘耙殺人等戲碼被壹壹解讀。原來片中很多動作都是點到為止，依靠替身演員的反應

和剪輯達成拳拳到肉的效果。值得壹提的是，依靠《疾速追殺》走紅的導演大衛·雷奇也是動作替身出身的。看來薩姆·哈格裏夫此番通過《極限營救》贏得口碑後，今後還會更多的機會展現導演才華。



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美南日報



許氏參業集團— 2020 抗疫助社區網上記者會

一項由美國中藥聯商會、許氏參業集團、與美國太子行共同舉辦的2020抗疫助社區大型公益活動啟動儀式及網上記者會於上周六（4月25日）下午舉行。探討用最好的花旗參，作「增強愛心防疫愛心香囊」，並自3月15日起，第一次發放「愛心防疫，中藥膠囊」，以威州花旗參，作成「愛心中藥處方」發送。

美國中藥研究院副院長嚴勵女士表示：這是以「愛心」治「未病」—即提高免疫力，因花旗參含大量人參皂苷，連續服用七天，也可用開水直接沖泡，根據美國氣候，也根據中醫治「未病」的原理。

「許氏參業集團」的創辦人許忠政先生表示：47、48年前，我媽就用花旗參作藥材。我創辦「許氏參業集團」今年是第46年，1978年，一位黑龍江吉林的農夫，給我很大的肯定。從1974年至2020年，美國用的量增加100倍，用量增加太大了。40年來，我自己種花旗參，自己也服用。花旗參也是很好的保健品，如6、7年前，我得了攝護腺癌，我用野山參（6~8克）加上中藥（3~6克）服用，治好了病，甚至感冒，服用4克以上的野山參，也好了，願與大家分享。

「太子行」創辦人楊應瑞先生表示：這次「太子行」先準備一萬份，大家只要上「太子行」網站購買，七天份，郵費全包，才\$45元，這種「愛心香囊」是限量供應。請認明（一）品牌（二）老鷹商標。

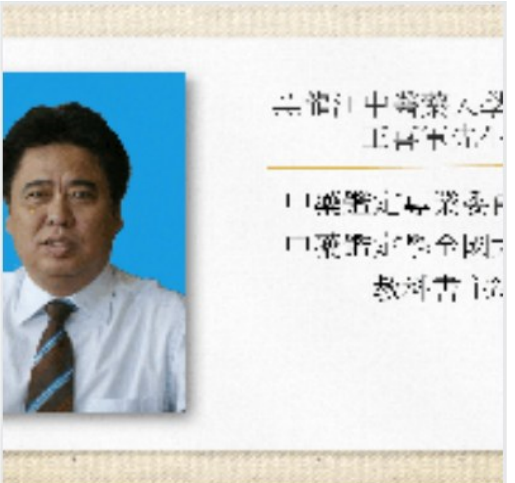
與會的沈老師也回答各地記者的提問。如新冠病毒症狀多，可緩減那些症狀？沈老師說：很

多症狀，如發燒、口乾、乾咳、退燒等作用。而花旗參，在「預防」方面較多。而「治療」上，中藥較重要。

問：可否與維他命一起用？答：可以。最好以湯劑使用，可以平衡人體的陰陽。所謂「正氣」，即指陰陽平衡。而許氏花旗參，有極好的預防效果。

會中也介紹了花旗參加強免疫預防藥方「御用漢方」為：花旗參十克，黃芪十克，白術十克，山藥十五克，桔梗六克，去核紅棗三枚。建議天天服用，連續服用七日。具有補氣健脾、和胃宣肺、利水祛濕、保肝排毒、增強自身免疫力和抵抗病毒的作用。

使用方法：一份中藥湯劑放入三碗清水中，以中或慢火煮成一碗，連續飲用七天。或一般茶包的使用方法，用沸開水沖泡飲用。（感冒患者慎用）



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