

If you would like to share news or information with our readers, please send the unique stories, business

news organization events, and school news to us including your name and phone number in case more information is needed.

For news and information consideration, please send to [News@scdaily.com](mailto:News@scdaily.com) or contact

John Robbins **832-280-5815**  
Jun Gai **281-498-4310**

U.S. coronavirus death toll rises; New York, Los Angeles region confirm new cases

# Southern DAILY Make Today Different

Southern Daily News is published by Southern News Group Daily

Monday March 30, 2020 | [www.today-america.com](http://www.today-america.com) | Southern News Group

## China's Wuhan, where the coronavirus emerged, begins to lift its lockdown



Passengers wearing face masks arrive at a railway station in Wuhan on the first day inbound train services resumed following the novel coronavirus disease (COVID-19) outbreak, in Wuhan of Hubei province, the epicentre of China's coronavirus outbreak, March 28, 2020. REUTERS/Aly Song

WUHAN, China (Reuters) - The Chinese city of Wuhan, where the coronavirus outbreak first emerged, began lifting a two-month lockdown on Saturday by restarting some metro services and reopening borders, allowing some semblance of normality to return and families to reunite. After being cut-off from the rest of the country for two months, the reopening of Wuhan, where the epidemic first erupted in late December, marks a turning point in China's fight against the virus, though the contagion has since spread to over 200 countries.

Among those on the first high-speed trains allowed into the city on Saturday morning was Guo Liangkai, a 19-year-old student whose one-month work stint in Shanghai stretched to three months due to the clamp down on movement.

"It makes me very happy that I can see my family," Guo told Reuters after being greeted by his mother at the main station.

"We wanted to hug but now is a special period so we can't hug or take any actions like these."

Authorities took draconian measures to stop people from entering or leaving the industrial city of 11 million people in central China. Families were confined to their homes. Bus and taxi services were shut, and only essential stores were allowed to remain open.

"I think the resumption of work represents a kind of hope. It at least shows that China is victorious," said Zhang Yulun, 35, returning to Wuhan for work.

China's National Health Commission said on Saturday that 54 new coronavirus cases were reported on the mainland on Friday, all involving so-called imported cases. Mainland China now has 81,394 cases, with the death toll rising by three to 3,295, the commission said.

People wearing face masks wait for a subway train on the first day the city's subway services resumed following the novel coronavirus disease (COVID-19) outbreak, in Wuhan of Hubei province, the epicentre of China's coronavirus outbreak, March 28, 2020. The Chinese characters REUTERS/Aly Song

Wuhan accounts for about 60% of China's coronavirus cases, but they have fallen sharply in recent weeks, a sign that the measures are working. The last confirmed locally transmitted case of the virus in Wuhan was on Monday.

With the United States, Italy and Spain and other countries now battling soaring infections, China is focusing on the risk posed by imported cases - most of them Chinese returning home.

Effective Saturday, China suspended the entry of foreign nationals with valid Chinese visas and residence permits.

#### DISINFECTANT AND MASKS

But even with the decline in cases and loosening of restrictions, Wuhan authorities were taking few chances.

Staff, some in full-body protective gear, and volunteers hustled around the railway station in the morning, setting out hand disinfectant and putting up signs reminding travelers they need a mobile-phone based health code to take public transport.

A worker walked through one metro train carrying a signboard reading: "Wear a mask for the entire journey, people should not gather and when you disembark please scan the health code." "Everyone is taking the right precautions. So, there shouldn't be a problem," Yuan Hai, 30, a passenger on a reopened metro line said when asked about the risks. "But you have to be careful."

The existence of an unknown number of asymptomatic carriers of coronavirus in China has raised concerns among the public that lifting the restrictions may release thousands of people who could still be spreading the virus that causes COVID-19, without knowing they are sick.

Life in Wuhan remains far from normal. The vast majority of shops are shut while bright yellow roadblocks remain. Wuhan will not let people leave the city until April 8.

Some people at the railway station, such as a woman who only gave her surname as Zhang, said they were there to see if there was any chance people could leave earlier.

Her grandson came to visit her for the week-long Lunar New Year holiday in January and has been separated from his parents in the southern city of Shenzhen ever since. With schools there possibly reopening, she hopes he can get back soon.

"He was supposed to leave on the fifth day (of the holiday) but has now been here for a few months," she said.

**INTERNATIONAL TRADE CENTER Houston Texas**

**國際貿易中心**

**WE'RE BUILD BRIDGES TO INTERNATIONAL BUSINESS**

**國際化商貿 從這裡出發**

**INTERNATIONAL TRADE CENTER-HOUSTON**

**Southern News Group Corporate Office-Houston, Texas USA**

**11110 Bellaire Blvd., Suite 200, Houston, Texas 77072 Tel:(832)448-0190 Fax:(281)498-2728**

# LOCAL NEWS

## As virus threatens, U.S. embraces big government, for now

WASHINGTON, March 28 (Reuters) - It may, as House Majority Leader and Maryland Democrat Steny Hoyer said on Friday, be out of love that the United States agreed to shut down much of its economy to stop a viral epidemic and save lives.

It may, as Treasury Secretary Steven Mnuchin said, be out of necessity that the federal government agreed to foot the bill.

Whatever the motivation, in the scope of two frantic weeks, U.S. elected officials and central bankers have engineered an economic intervention unparalleled outside of wartime.

All it would supplant perhaps 30% of gross domestic product with government spending and loans, drive the federal deficit as high as needed to make that happen, and broaden U.S. social spending in ways that just a few weeks ago Republicans and President Donald Trump were branding as "socialist."

After Congress delivered final approval following a week of negotiation, Trump on Friday signed legislation that would authorize more than \$2 trillion in direct payments to households, loans to small and large companies, and funding that the Federal Reserve may leverage into as much as \$4 trillion more in credit - money that will leave a deep government imprint on a pre-crisis economy of \$21 trillion.

That has happened with striking speed and, in a country known for its paralyzed and polarized politics, remarkably little haggling over either the moral qualms liberals often have about bailing out companies, or that conservatives often have about increasing benefits for those out of work.

Confronting an outside enemy that is imperiling both employers and employees, the well-buffered as well as the uninsured, those concerns have fallen away.

"No question that officials and politicians, even Republi-



FILE PHOTO:  
U.S. Secretary  
of the Treas-  
ury Steven  
Mnuchin walks  
from a meeting  
during negotia-  
tions on a coro-  
navirus disease  
(COVID-19)  
relief package  
on Capitol in  
Washington,  
U.S., March 23,  
2020. REU-  
TERS/Joshua  
Roberts

cans in the Senate, are prepared to abandon old shibboleths like 'government should keep its hands off the private sector,' while the crisis is underway, said University of California, Berkeley economics professor Barry Eichengreen.

#### STATISTICS 'NOT RELEVANT'

As of Friday the coronavirus had infected more than 100,000 people in the United States, now the world leader in cases of COVID-19, the illness named after the new virus was first identified in China late last

year

Ten of millions will likely face at least a short spell of unemployment - not because business conditions became soft, but because they became dangerous. Epidemiologists have warned that every human interaction increases the risk that the coronavirus spreads uncontrolled. "Economic statistics, at the moment, are not relevant. We're in an unprecedented situation," Mnuchin said on Thursday,

making what has now become a broadly understood point: The current economic turmoil is by design. No doubt there will be second-guessing in the months ahead. "There will be plenty of soul searching," once the crisis is past, Eichengreen said. "Attitudes about the appropriate role for government are going to be contested even more than was the case."

*Stay home!*

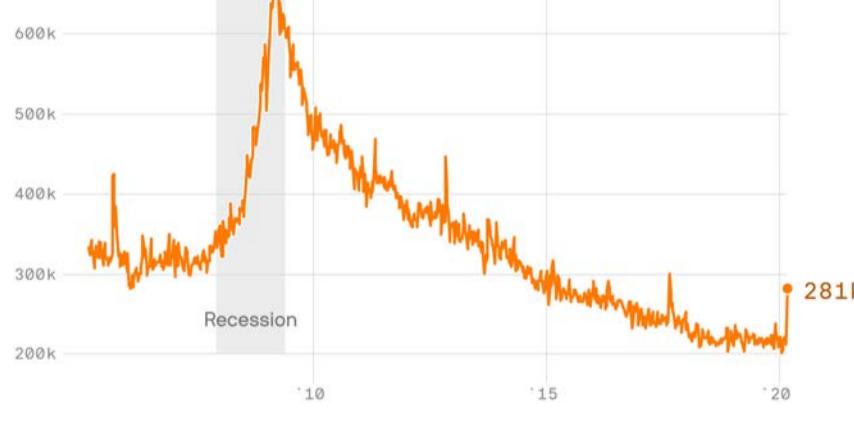
# BUSINESS

*Work safe!*

## U.S. Unemployment Claims Hit 3.3 Million, Nearly Five Times The Previous Record

### Weekly U.S. initial unemployment claims

Seasonally adjusted, March 5, 2005 to March 14, 2020



Compiled And Edited By John T. Robbins, Southern Daily Editor

Nearly 3.3 million Americans applied for unemployment benefits last week — almost five times the previous record set in 1982 — amid a widespread economic shutdown caused by the coronavirus.

The surge in weekly applications was a stunning reflection of the damage the viral outbreak is inflicting on the economy. Filings for unemployment aid generally reflect the pace of layoffs.

Layoffs are sure to accelerate as the U.S. economy sinks into a recession. Revenue has collapsed at restaurants, hotels, movie theaters, gyms and airlines. Auto sales are plummeting, and carmakers have closed factories. Most such employers face loan payments and other fixed costs, so they're cutting jobs to save money.

As job losses mount, some economists say the nation's unemployment rate could approach 13% by May. By comparison, the highest jobless rate during the Great Recession, which ended in 2009, was 10%.

"What seemed impossible just two weeks ago is now reality," said Nancy

Vanden Houten, an economist at Oxford Economics, a consulting firm. "The U.S. economy will experience the largest economic contraction on record with the most severe surge in unemployment ever."



In its report Thursday, the Labor Department said 3.283 million people applied for unemployment benefits last week, up from 282,000 during the previous week. Yet many people who have lost jobs in recent weeks have been unable to file for unemployment aid because state websites and phone systems have been overwhelmed by a crush of applicants and have frozen up.

That logjam suggests that Thursday's re-

port actually understates the magnitude of job cuts last week. So does the fact that workers who are not on company payrolls — gig workers, free-lancers, the self-employed — aren't currently eligible for unemployment benefits even though in many cases they're no longer able to earn money.

With layoffs surging, a significant expansion of unemployment benefits for the millions who will lose jobs as a result of the coronavirus outbreak was included in an economic relief bill that got final approval in Congress last Friday. One provision in the bill would provide an extra \$600 a week on top of the unemployment aid that states provide. Another provision would supply 13 additional weeks of benefits beyond the six months of jobless aid that most states offer. The new legislation would also extend unemployment benefits, for the first time, to gig workers and others who are not on company payrolls.

Separate legislation passed last week provides up to \$1 billion to states to enhance their ability to process claims. But that money will take time to be disbursed.

Worldwide, the United Nations estimates that up to 25 million jobs could be lost in the economic upheaval from the viral outbreak. That would exceed the 22 million that were lost during the 2008 global financial crisis.

In Europe, companies are laying off workers at the fastest pace since 2009, according to surveys of business managers. Official statistics for Europe that would reflect the outbreak's impact are not yet out. But companies have been announcing tens of thousands of job cuts, both permanent and temporary. Major car companies like Fiat Chrysler and airlines like Lufthansa are suspending most

of their operations, putting tens of thousands of workers on temporary leave, many with only a partial salary.

The rise in joblessness in Europe may not be as sharp as in the U.S. because it's harder to fire workers in Europe, where many governments are supporting companies financially to keep employees on partially paid leave.



In the United States, the jump in applications for benefits is playing out in states across the country. In California, claims for unemployment benefits more than tripled last week to 187,000. In New York, they rose by a factor of five to 80,334. Nationwide, about 2.25% of the entire workforce applied for jobless aid last week. In Nevada, the figure was 6.8%, in Rhode Island 7.5%.

Gov. Gavin Newsom said 1 million claims for unemployment benefits had been filed in California since March 13. Many of those applications were likely filed this week, suggesting that next week's report could show an even bigger number of claims.

In Florida, Jessy Morancy of Hollywood was laid off last week from her job as a wheelchair attendant and customer service agent at Fort Lauderdale Airport.

Morancy, 29, called the state unemployment office on Monday to try to file for unemployment benefits but encountered just a recorded message telling her to call back later.

She was also concerned that even a full unemployment benefit of \$275 a week would be less than half of what she earned at her job and insufficient to provide for her children, ages 10 and 7.

Even for those able to file a claim, the benefits will take time to kick in. It typically takes two to three weeks before

applicants receive any money. State agencies must first contact their former employers to verify their work and earnings history. Only then can the employee's weekly unemployment benefits be calculated.



Worsening the problem, most state agencies that handle unemployment claims are operating at historically low funding levels and staffing that are intended to handle a trickle of claims. Just weeks ago, the job market was in the strongest shape it had been in decades.

On Wednesday, the New York State Department of Labor tweeted, "If you have been unable to get through our phone and/or online system this week, please keep trying."

"We are working as hard as we can to ensure that all benefits are paid and appreciate your patience," the agency said on Twitter.

Ellen Zentner, an economist at Morgan Stanley, said in a note to clients that 17 million jobs could be lost through May — twice the entire 8.7 million jobs that were lost in the Great Recession. She expects the unemployment rate to average 12.8% in the April-June quarter, which would be the highest level since the 1930s.

Still, Zentner also expects the economy to start recovering by the second half of the year. It will take time for things to return to something close to normal, she projects: The unemployment rate could still top 5% at the end of next year. (Courtesy <https://www.chicagotribune.com/>)

Monday, March 30, 2020

# Editor's Choice



Emergency Medical Technicians (EMT) wearing protective gears wheel a sick patient to a waiting ambulance during the outbreak of coronavirus disease (COVID-19) in New York City



Pedestrians pass an electronic billboard displaying a message of support for key workers in London as the spread of the coronavirus disease (COVID-19) continues, London, Britain, March 28, 2020. REUTERS/Toby Melville



Rajesh Babu, a police officer, wearing a helmet depicting coronavirus, requests a commuter to stay at home during a 21-day nationwide lockdown to limit the spreading of coronavirus disease (COVID-19), in Chennai, India, March 28, 2020. REUTERS//P. Ravikumar TPX IMAGES OF THE DAY



Workers clean the area around Martyrs' Square after Lebanese security forces cleared away a protest camp and reopened roads blocked by demonstrators since protests against the governing elite started in October, in Beirut, Lebanon March 28, 2020. REUTERS/Mohamed Azakir



The showcase of a souvenir-shop displays a protective gear at the famous red-light district "Reeperbahn" during the outbreak of coronavirus disease (COVID-19) in Hamburg



An internally displaced Syrian girl wears a face mask as members of the Syrian Civil defence sanitize the Bab Al-Nour internally displaced persons camp, to prevent the spread of coronavirus disease (COVID-19) in Azaz



A cyclist is seen riding in Pitlochry, Scotland, Britain, March 28, 2020. REUTERS/Russell Cheyne



Face shields and masks worn by healthcare workers treating coronavirus disease (COVID-19) patients at Mount Sinai Hospital are dropped in a bin to be sanitized for reuse because of a personal protective equipment shortage, in New York City, New York, U.S., March 28, 2020. Handout via REUTERS. NO RESALES. NO

We Need To Keep COVID-19 From Circling Back Around The Globe'

## UN Launches COVID-19 Global Humanitarian Response Plan



Photo taken on March, 25, 2020 at the United Nations headquarters in New York shows participants attending the launch of the COVID-19 global humanitarian response plan via video teleconference. UN Secretary-General Antonio Guterres (upper left) on Wednesday launched a 2-billion U.S. dollar global humanitarian response plan to fight COVID-19 in some of the world's most vulnerable countries. (Photo/Xinhua/Xie E)

Compiled And Edited By John T. Robbins, Southern Daily Editor

UNITED NATIONS, March 25 (Xinhua) -- UN Secretary-General Antonio Guterres on last Wednesday launched a 2-billion-U.S.-dollar global humanitarian response plan to fight COVID-19 in some of the world's most vulnerable countries. "COVID-19 is menacing the whole of humanity, and so the whole of humanity must fight back. Individual country responses are not going to be enough," said Guterres at the launch, a virtual event.

"We must come to the aid of the ultra-vulnerable -- millions upon millions of people who are least able to protect themselves. This is a matter of basic human solidarity." The response plan will be imple-

mented by UN agencies, with international nongovernmental organizations (NGOs) and NGO consortia playing a direct role in the response, said Mark Lowcock, the UN undersecretary-general for humanitarian affairs.

The plan will be coordinated by the UN Office for the Coordination of Humanitarian Affairs, which Lowcock heads.



The plan will deliver essential laboratory

equipment to test for the virus, and medical supplies to treat people; install handwashing stations in camps and settlements; launch public information campaigns on prevention; and establish airbridges and hubs across Africa, Asia and Latin America to move humanitarian workers and supplies to where they are needed most, said Lowcock. Guterres said the world faces an unprecedented threat as COVID-19 has rapidly covered the globe. "It has spread suffering, disrupted billions of lives and endangered the global economy."

Wealthy countries with strong health systems are buckling under the pressure.

Now, the virus is arriving in countries already in the midst of humanitarian crises caused by conflicts, natural disasters and climate change.

These are places where people who have been forced to flee their homes because of bombs, violence or floods are living under plastic sheets in fields, or crammed into refugee camps or informal settlements.

Those people do not have homes in which to socially distance or self-isolate. They lack clean water and soap with which to do that most basic act of self-protection against the virus -- washing their hands. And should they become critically ill, they have no way of accessing a health care system that can provide a hospital bed and a ventilator, said Guterres.



UN Secretary-General Antonio Guterres launches a COVID-19 Global Humanitarian Response Plan with Under-Secretary-General for Humanitarian Affairs Mark Lowcock, WHO Tedros Adhanom Ghebreyesus and UNICEF Executive Director Henrietta Fore. (Photo/ UN Photo/ Mark Garten)

Helping the vulnerable people is crucial for combating the virus, he said. "The

world is only as strong as our weakest health system. If we do not act decisively now, I fear the virus will establish a foothold in the most fragile countries, leaving the whole world vulnerable as it continues to circle the planet, paying no mind to borders."

Properly funded, the plan will save many lives and arm humanitarian agencies and NGOs with laboratory supplies for testing, and with medical equipment to treat the sick while protecting health care workers. The plan also includes additional measures to support host communities that continue to generously open their homes and towns to refugees and displaced persons, said Guterres.

part of winning the fight against the virus, he added.

WHO Director-General Tedros Adhanom Ghebreyesus and UNICEF Executive Director Henrietta Fore also joined Wednesday's launch via video teleconference. (Courtesy <https://news.un.org/>)



**Every 8 minutes,  
we respond  
to a disaster.**

Your donation can  
help impact lives.



**HELP NOW ▶**

[redcross.org](http://redcross.org)

**我們的新網站**  
**www.scdaily.com**

 **美南新聞**  
Southern News Group

主頁

新聞

電視

黃頁

美南論壇

活動 ▾

工商資訊

生活資訊

ITC

美南廣場 ▾

登錄

 **美南新聞**  
Southern News Group

**美南新聞成立四十周年!**

 **40th ANNIVERSARY**  
1979-2019

熱門新聞

[查看更多 ▶](#)

**新的美南新聞網站隆重推出5大板塊提升，  
為客戶，讀者提供了更好的瀏覽體驗。**

廣告

跟以往的舊網站相比，廣告的曝光率增多了。從傳統的固定廣告，演變成滾動廣告，讓每一個客戶的廣告都有公平的曝光率。解決了以前客戶廣告在最下面看不到的問題。

美南論壇

新添加了美南論壇，供大家全休斯頓發布招聘，求職，買賣，生活資訊等信息，打造華人最大的聚集地，實現全平臺的信息服務。

黃頁與分類廣告

改版黃頁與分類廣告 - 流量監控，黃頁分類更細致，更詳細。分類廣告可通過論壇模式發布。

個性化訂閱

用戶可根據自己的喜好訂閱不同的分類新聞，廣告。我們每周會推送一些客戶訂閱內容的廣告語新聞，增大與客戶之間的互動。

網速

新網站同比舊網站網速提升了許多。新網站啟用的是AWS Amazon的服務器。用戶打開網頁和圖片的速度會比以往大大提升。



春節遊園會  
2020美南春節園遊會

2020-01-20



地方新聞  
韓國瑜夫人李佳芬女士將抵達休士頓

2019-12-04



國際新聞  
聯國示警全球 暖化將無力回天

2019-12-03



今日要聞  
留住蘋果美國工廠 川普考慮關稅豁免

2019-11-22



SCAN ME

2020

# 带孩子去旅行要准备什么呢?(上)

【来源:https://www.guruin.com/articles/10 豆豆妈咪】

旅行计划

1. 切记- 带着娃旅行计划一定要轻松再轻松。做旅行计划的时候,一定要放低期望值。如果你在没有孩子的情况下,去这个地方,要 cover 的景点和玩乐项目是 10 的话,那么带着娃你就只能计划 5,甚至 3-4。会有很多意外情况让你不得不取消某个行程,或者放慢某个行程的脚步。孩子病了,累了,哪怕仅仅是情绪不好了,你都不会再有兴趣走下去的。

2. 订酒店的时候要选适合家庭和孩子的

A. 如果酒店有包早餐就最好,如果没有的话,也可以问问酒店是不是愿意给孩子提供免费的早餐。有些酒店是愿意提供的,因为单独给孩子付早餐钱,如果早餐是 Buffet 形式的是很不划算的,他们可能只吃一点点。当然,很多 buffet 餐厅对于一定年龄以下的孩子是免费开放的。我的经验是,可以带一些简单的零食;或者看酒店走路距离有没有类似星巴克这样的连锁店,可以带孩子去那里吃简单的早餐。

B. 问清楚酒店有没有免费的 Crib 提供(大部分酒店应该都有);如果孩

子已经比较大,或者孩子不喜欢自己睡 Crib,我自己的习惯是订两张床的房间或者有折扣的时候订套间。一般家里只有一个孩子的,出门会一家三口订一个 king 大床房,但根据我个人经验,这样很有可能大家睡不好。

C. 最好找房间里有简单厨房的,最差也要带小冰箱。倒不是为了要省钱,而是有的时候你带着一个疲惫的孩子去一个餐厅吃饭,也是很糟糕的体验。与其痛苦地吃完一顿饭,其实很可能是食不知味,还不如回酒店让孩子休息,然后妈妈可以煮一点简单的食物,一家人轻松地填饱肚子。

3. 长途旅行之前带孩子去见儿科医生

这一点很多家长都会忽略,我是非常建议在长途旅行,尤其是要去另一个国家的一两个月之前带孩子去见儿医的。除了医生可以建议带哪些常备的药之外,还有疫苗的时间问题:刚好赶上要打某种疫苗,是要提前还是推迟呢?目的地会不会正好有某种传染疾病在流行,有什么预防措施可以做呢?还有一些很多家长可能不会问的,但其实也是非常重要的:孩子的血型细节;如果孩子有某种疾病,那么目的地有没有这方面的儿科专家可以以防万一的。

4. 签证准备

5. 相关文件准备

还有很多其他可能会被要到的文件,尤其是跨国旅行会要的。例如:如果孩子是你收养的需要收养证明材料;如果是父母的一方带孩子出去,除了需要孩子的出生证明之外,可能还会需要另一方的书面同意书。

6. 给孩子做心理建设

就算孩子才出生一个月,如果要去另外一个国家,很有可能也是需要护照和签证的。所以一定不要忘记在出行之前准备好目的地国家需要的入关文件,而且一定要留出比较富裕的时间提前去申请。不同的国家会有不同的要求,有的可以找旅行社代办,有的可能要申请者亲自去使馆/领馆。一定要研究清楚,提前办,不要等到临上飞机才发现证件不足。

7. 带几条多功能毯子

她坐长途飞机回中国,走之前我们做了很多研究,但是情况还是比我们想像得要糟糕。去的路上,她几乎对一切都适应,非要爸爸抱着她一直在飞机的走廊里面晃悠。幸好我们带了一个儿童背带,缓解了一下压力,虽然还是很辛苦,但是比抱着还是强太多了!

8. 坐飞机旅行要注意的问题

A. 孩子要不要单独买票,一般来说在美国,无论是国际还是国内航班,2岁以下的孩子是可以不单独买全票的,只需要一个所谓的 lap seat,意思是坐在父母腿上;lap seat 对于除了童车和安全座椅之外的行李有什么样的限制,一定要提前跟航空公司或者代理核对清楚。一般航空公司都会允许孩子带安全座椅和童车上飞机(免费或收取一定费用),但是不同的航空公司规定还是会有些不同,某些廉价航空公司可能会有特殊规定。

B. 如果你是某个航空公司的会员,一般的航空公司都有专门为 VIP 会员准备的休息室,带著孩子时如果能在休息室里面等待登机就最好了。

C. 大的行李自然是托运的了;但是一定要特别注意要坐的飞机所属的航空公司对于手提行李的规定,临行之前要确定可以带几件手提行李,对大小和重量有什么样的限制。

通常对于能带上飞机的液体和类似液体的物质会有限制,但是跟孩子相关的饮用水,液体牛奶,液态的婴儿食物,以及孩子在飞机上需要用到的护肤品,

会有一些通融。比如,你如果带一个密封的袋子里面装有孩子在飞机上要喝的牛奶,可能安检人员确认之后就放行了。但是我会建议尽量带奶粉,或者是小包装的比如 2oz 装的液体奶,孩子要用的乳液之类的也尽量用小瓶子分装来避免在安检过程中可能会遇到的问题。(未完)

9. 带小朋友出游一定要备足孩子的换洗衣服,一来可以应对孩子旅途中的各种意外情况,二来如果所住的酒店洗衣服不方便,也会有备无患。

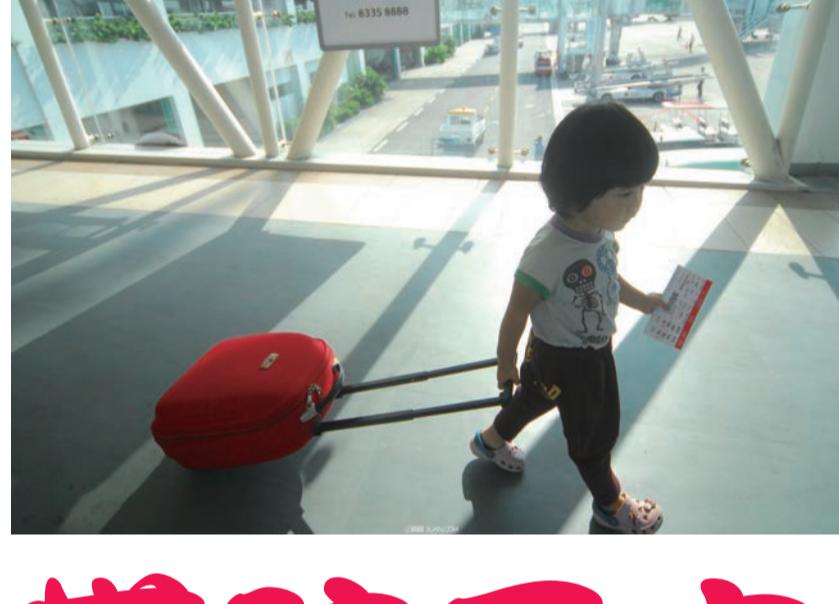
10. 带上孩子最喜欢的小玩具或者毯子之类的物品

对于 5 岁以下的孩子来说,如果要在外面过夜,能带上他们平时喜欢的一样玩具或者是一条小毯子可以大大增加他们的安全感,同时也可以降低他们在外面入睡的难度。

11. 带上 Ipad 或者便携式 DVD 播放器

在一般情况下,我是不建议让孩子接触太多电子屏幕的,对视力发育和保持有益。但是如果是在外旅游,Ipad,DVD 播放器或者是智能电话,可能都

会派上大用场。孩子在飞机上吵闹,在餐厅里不配合,都可以使用一下我们平时不常拿出来的电子武器。



# 带孩子去旅行要准备什么呢?(下)



D. 提前 check-in,选座位

有很多航空公司可以提前 online check-in,选座位。通常带孩子的话最好选飞机上有几个空间比较大的座位,现在有不少航空公司把这种类型的作为定义成 Economy Plus 收取一点额外的费用;如果孩子有独立的座位的话,普通的座位问题也不大,但是最好选进出方便的,这样孩子坐不住或者要上厕所的时候都会比较方便。提前在网上 Check-in 的好处是,登机当天在机场不用拖著孩子排长队。

E. 预订飞机上的摇篮

如果是带著 baby 坐飞机,飞机上时间比较长的话,我会建议预订一个摇篮,这样孩子在飞机上可以平躺下来,大人也会比较舒服。但是飞机上的摇篮一般都很小,如果孩子超过 6 个月,就会不舒服了。而且在预订机票的时候,通常不会让你订摇篮,摇篮需要提前直接跟航空公司预订。

F. 飞机上注意孩子的耳压

我们大人坐飞机的时候都会在飞机起飞和降落的时候感觉到不舒服,小孩子就更要注意了。好几次我都听到婴儿在飞机起飞和降落的时候大哭,多半是因为耳压的问题。我们可以在飞

机起飞和降落的时候让孩子喝水,或者给安抚奶嘴,如果都不行的话,可以给孩子按摩一下耳朵后面,也会有帮助的。

G. 鼻子太干的问题

机舱里通常很干燥,小孩子容易鼻子干甚至脱水,所以一定要让孩子多喝水,并且准备好棉花棒,随时可以蘸水帮孩子湿润鼻腔。

H. 坐火车或大巴旅行要注意的问题

A. 订票的时候可以多问一下有没有家庭折扣或者给小孩子的折扣

B. 在车上不要让孩子乱跑,以免找不到人

C. 带上一些儿童常用药:退烧药,感冒药,过敏药。

D. 在外面吃饭的时候,尽量选择流动率比较高的餐馆,尤其是如果目的地的卫生条件不是很好就更要注重;尽量不要吃自助餐,就怕万一自助餐的食物放在那里被虫子叮过了。

E. 孩子比大人更容易脱水,出门在外,一定要让孩子多喝水;如果是小婴儿,要每天注意 baby 有没有足够的尿尿。

F. 不要说孩子了,大人在外面旅游都很容易出现便秘的问题。如果孩子出现这个问题,除了多喝水之外,还可以

做的事有:按摩肚子,用一点凡士林按摩肛门,喝少量的植物油等等。

G. 如果是去热带地区或者卫生条件相对较差的地区,还要注意防蚊叮虫咬。除了儿童可以使用的防蚊水之外,还可以用一些比较安全的方法,比如自带蚊帐在 Crib 上使用;给孩子穿全棉或纱质的睡袋,在睡袋上稍微用一些防虫水。还可以带一些小蜜蜂紫草膏类的比较安全的药膏,万一孩子被咬了,可以涂抹。

H. 检查旅馆的房间

孩子的安全永远是旅行中最重要的一

I. 无聊了,司机就会很烦恼!

D. 如果旅程超过 1 个小时,就要预备出中间停下来休息的时间,因为孩子很容易觉得无聊觉得累;如果是已经脱了尿布的孩子,还要随时准备他们需要停下来找地方上厕所。

J. 目的地相关

K. 健康卫生相关的注意事项

A. 如果是去热带地区,一定要记得每天至少给孩子准备两身换洗衣服,而且要是容易吸汗的材质,例如全棉。去哪里玩都要注意防晒,带上帽子,涂上儿童防晒霜;孩子的眼睛也很敏感,所以如果暴露在阳光下,一定要给孩子准备太阳眼镜。

B. 尽量不要让孩子喝直接从水龙头出来的水,虽然在美国很多地方这种水也是符合饮用标准的,但是去旅行还是小心为好,尽量喝瓶装水。

C. 带上一些儿童常用药:退烧药,感冒药,过敏药。

D. 在外面吃饭的时候,尽量选择流动率比较高的餐馆,尤其是如果目的地的卫生条件不是很好就更要注重;尽量不要吃自助餐,就怕万一自助餐的食物放在那里被虫子叮过了。

E. 孩子比大人更容易脱水,出门在外,一定要让孩子多喝水;如果是小婴儿,要每天注意 baby 有没有足够的尿尿。

F. 不要说孩子了,大人在外面旅游都很容易出现便秘的问题。如果孩子出现这个问题,除了多喝水之外,还可以

做的事有:按摩肚子,用一点凡士林按摩肛门,喝少量的植物油等等。

G. 如果是去热带地区或者卫生条件相对较差的地区,还要注意防蚊叮虫咬。除了儿童可以使用的防蚊水之外,还可以用一些比较安全的方法,比如自带蚊帐在 Crib 上使用;给孩子穿全棉或纱质的睡袋,在睡袋上稍微用一些防虫水。还可以带一些小蜜蜂紫草膏类的比较安全的药膏,万一孩子被咬了,可以涂抹。

H. 检查旅馆的房间

孩子的安全永远是旅行中最重要的一

I. 件事,所以在入住任何一个旅馆之后,都要检查一下旅馆的房间。门锁好不好啊,有阳台的话看看阳台是不是安

全(会不会有小孩子不小心掉下楼的隐患),要带一些绝缘胶带把暴露在外面的插头或电线封起来。当然啦,一定要提醒孩子,不能自己随便开热水。

J. 3. 合理安排徒步或者骑车的路程

千万要记得孩子是很容易累和觉得无聊的,所以如果行程中有徒步或者骑车,一定要考虑最小的那个孩子能够完成的量,或者是做好扛著孩子走的准备。时间的预算要做得比较裕,因为孩子不可能根据一个既定的速率去完成一个行程,他们很容易在途中被某个东西吸引就停下来一看玩一玩。通常要带著孩子走的话,最好选择一些景色和活动多样化的路程,比如沿途有湖,有小池子,他们可以停下来玩玩水甚至游泳一小会儿之类的。

K. 4. 给孩子穿衣要采用多层次原则

出门在外给孩子穿衣服最好采用多层次原则,这样冷了可以穿,热了可以脱,随时可以根据温度和孩子的情况改变策略。

L. 5. 给孩子留下美好的记忆

我们带孩子一起去旅行,除了无奈要带著外,总也想给孩子增长点见识,留下点旅途中美好的回忆。

M. 俗话说,读万卷书,不如行万里路。我们可以做一些事情,让孩子们的记忆一直延续到他们长大成人。

N. 6. 每到一个地方,就买一张明信片,在背面让孩子自己写或者帮孩子写一句



O. 话,记录日期和孩子的年龄。

P. 也可以给孩子收集每个地方都有的纪念品,比如有一阵子我自己就收集各地的星巴克杯。

Q. 如果孩子已经开始自己记日记了,那么要鼓励孩子在旅行途中也每天坚持记录。

R. 给孩子买当地的玩具,除了当作纪念品外,孩子通常也会比较喜欢玩当地孩子在玩的玩具,这样有时候还能帮他们交到当地的朋友呢!





# 影院恢復營業，有哪些新片存貨？

誰也沒有想到，一場突然爆發的疫情讓本就艱難的中國電影產業更加步履維艱。

自春節檔7部國產大片集體撤檔開始，過去兩個月中，20多部本已在國內定檔的電影被迫撤檔。

隨著疫情逐步得到控制，國內的電影院們也正在積極組織復工。除了《哈利·波特與魔法石》《流浪地球》等老片重映活動，不少觀眾也在惦記著之前暫時撤檔的新片們。

過去兩個月中，我們有哪些新片“存貨”呢？

據統計，春節至今，國內撤檔的電影已經超過20部，《唐人街探案3》、《奪冠》、《姜子牙》等國產大片自不必說，還有《刺鴉索尼克》、《小婦人》、《喬喬的異想世界》、《婚姻故事》等熱門好萊塢影片（只是網傳定檔的《極速車王》、《1917》等片並未統計在內）。

從檔期上來說，這些撤檔影片多集中在春節檔和情人節，這兩個檔期

原本應該為今年的電影產業貢獻大量票房的（2019春節檔票房59億，情人節票房6.72億）。

值得壹提的是，這些撤檔電影中，大多數都在等待電影行業復蘇的日子，好與觀眾在影院見面。不過也有幾部電影由於各方面原因，等不及在影院上映，轉而改為線上播出，比如《囧媽》、《肥龍過江》、《大贏家》。

電影放映行業什麼時候能恢復到疫情之前的狀態，誰也說不好，但日子總是要過的。相信這些電影很快就會與大家見面。

原檔期1月24日：

《奪冠》  
導演：陳可辛  
主演：鞏俐、黃渤、白浪、彭昱暢等  
《囧媽》  
導演：徐崢  
主演：徐崢、黃梅瑩、袁泉等  
《熊出沒·狂野大陸》  
導演：丁亮

原檔期1月25日：  
《唐人街探案3》  
導演：陳思誠  
主演：王寶強、劉昊然、妻夫木聰等  
《緊急救援》  
導演：林超賢  
主演：彭於晏、辛芷蕾等  
《急先鋒》  
導演：唐季禮  
主演：成龍、楊洋、艾倫等  
《姜子牙》  
導演：程騰、李燁  
原檔期2月7日：  
《直立象傳說》  
導演：Kirby Atkins  
原檔期2月12日：  
《喬喬的異想世界》  
導演：塔伊加·維迪提  
主演：羅曼·格裏芬·戴維斯、斯嘉麗·約翰遜、塔伊加·維迪提等  
原檔期2月14日：  
《小婦人》

導演：格雷塔·葛韋格  
主演：西爾莎·羅南、艾瑪·沃森、佛羅倫斯·珀、提莫西·查拉梅等  
《海獸之子》  
導演：渡邊步  
《薔薇瘋長》  
導演：徐展雄  
主演：馬思純、鐘楚曦、黃景瑜  
《肥龍過江》  
導演：谷垣健治  
主演：甄子丹、毛舜筠、王晶等  
《抵達之謎》  
導演：宋文  
主演：李現、顧璇、董博睿等  
《我在時間盡頭等你》  
導演：姚婷婷  
主演：李鴻其、李壹桐等  
《玩命三日》  
導演：劉儀偉  
主演：張嘉譯、閻妃等  
原檔期2月21日：  
《多力特的奇幻冒險》

導演：斯蒂芬·加漢  
主演：小羅伯特·唐尼、哈裏·科萊特等  
《大贏家》  
導演：於渺  
主演：大鵬、柳巖、代樂樂等  
原檔期2月28日：  
《刺鴉索尼克》  
導演：傑夫·福勒  
主演：金·凱瑞、詹姆斯·麥斯登等  
《婚姻故事》  
導演：諾亞·鮑姆巴赫  
主演：斯嘉麗·約翰遜、亞當·德賴弗  
原檔期3月6日：  
《月半愛麗絲》  
導演：張林子  
主演：關曉彤、黃景瑜等  
原檔期3月13日：  
《合法伴侶》  
導演：黃雷  
主演：李治廷、白客、張榕容等

## 528家影院復工

## 疫情後迎“反彈性”上漲？

3月24日消息，根据猫眼专业版数据，截至3月23日全国528家影院复工，较前一天增加5家，全国复工率4.65%，全国票房2.08万，而此前三天的全国票房分别为1.38万、3.1万和4万，呈现逐渐上涨态势。

记者从万达电影、大地影投、保利院线、当代东方、百老汇等多家头部院线公司获悉，目前上述各院线旗下北京影院尚未有营业消息传出。

2月27日下午的北京市新型冠状病毒肺炎疫情防控工作新闻发布会上，北京市政府副秘书长陈蓓表示，北京电影行业还不具备开业的条件。陈蓓称，目前还没有做出允许电影行业开业的要求，特别希望大家给予理解和支持。制定复工防疫指引和规范，是为了下一步在疫情防控形势允许的条件下，能够顺利开业打好基础。

“目前没有接到主管单位的通知

，並且各區的通知也沒有出，再說即使營業，放什麼片子？”一位院線管理層告訴新京報記者，現在大家都不敢大意，萬一在影院發生聚集感染，誰都無法承擔責任，還是以大局為重，以防疫為重。

从1月23日开始，大地、金逸、卢米埃、奥斯卡、CGV、博纳等院线（或影投）公司宣布春节暂停营业，至今整整两个月。分析人士认为，封闭的影院环境、拥挤的人群、无新片上映的困局，都成为影院复工票房不佳的原因。

新冠肺炎疫情过去后，影迷的观影欲望或将迎来“反弹性”上涨。

“从技术角度说，连续几年的季度票房曲线都是差不多的，也就是市场能量曲线差不多。在春节档没有爆发的能量，会在之后的几个月中爆发出来。简单地说，在家待久了，一旦新冠

肺炎过去，电影将成为主要的娱乐消费渠道，所以会有反弹。春节档影片一致撤档，迎来了社会好评，未来观众也会回报给影片。”电影宣发专家、“兰团队”董事长兰放告诉新京报记者。

1月23日，受新冠肺炎疫情影响，《唐人街探案3》《囧妈》《夺冠》等热门影片全部宣布撤档，随后，大地、金逸、卢米埃、奥斯卡、CGV、博纳等院线（或影投）公司也宣布春节暂停营业。以往的春节档，都是影院人最忙碌的时刻，他们要用这一周的加班赚取全年20%左右的收入。

艺恩数据显示，2019年、2018年、2017年春节档票房收入分别为58.3亿元、57.2亿元、38亿元，近三年国产电影总票房分别为411.7亿元、378.9亿元、301.0亿元（因国外电影票房在影院端分账比例不确定，因此只

选择国产电影票房），春节档票房收入在国产影片总票房收入中分别占比14.2%、15.1%、12.7%。再加上春节档卖品收入相对较高，因此春节档确实是影院全年收入最为重要的部分。

据了解，在国内影院行业，存在影投、院线、影院三种商业体。通常而言，院线可以分到除去税费后票房收入的7%，影院可以分到50%，影投可以分到57%，而影院还需向院线缴纳一定的管理费。

“院线没有特别大损失，影院、影投公司损失会比较重。院线开业还要等影院恢复正常，现在影院还是不让营业”，上述院线管理层表示。

据一位影院经理介绍，每家高票房的影院都依附在黄金地段、巨大的运营团队之上，北京热门地段的影院门店一个月租金可以达到上百万元。

对于《囧妈》《大赢家》从影院

转向流媒体，是否会引发相应风潮。上述IMAX Corp.管理层称，虽然有一部电影在中国春节期间直接登陆了流媒体，但那是一个特例。

具体到国内影院，从财报上看，去年三季度万达电影、金逸影视、横店影视、幸福蓝海等主要院线股都出现经营利润增长率和净利润增长率两位数下滑的情况。

一些影院也开始了自救措施，万达影城、博纳国际影城、金逸影城、大地影城等，纷纷通过线上渠道开设卖品店，清理存货。同时，影城也开始售卖电影套票，比如19.9元一张2D或者3D通兑券，使用期限截止到6月30日或12月30日。

“各影院尚未把非票业务当做利润点，还是纯粹地卖票”，一位院线（影投）公司高管称，未来几年电影市场怎么做，还没有太明确的方向。

**Adolphus Rice**

US #1 Quality Select Variety Arroz de Grano Largo LONG GRAIN Enriched RICE 親苗米

NET WT. 50.0 lbs. - 22.68kg

**靚苗米** 經濟，營養，美味  
ECONOMICAL, NUTRITIOUS & DELICIOUS

- 優良品質 Finest Quality
- 適用於烹飪炒飯，白飯，春捲等任何米製佳餚 Excellent for Fried Rice, Steamed Rice, Spring Rolls or any traditional rice dish.

可到您喜歡的代理分銷商處購買 Available at Your Favorite Distributor

**Riviana**

Contact: Cesar Vazquez  
Phone: 713-535-8215  
E-mail: cvazquez@riviana.com

# 精彩 節目介紹

# 《美南新聞聯播》

美南新聞聯播是一檔美南國際電視台  
今年最新推出的晚間直播新聞類節目。

全球直播

LIVE

STV

KVVV15.3

美南國際電視台



## 節目介紹：

美南新聞聯播是一檔美南國際電視台今年最新推出的晚間直播新聞類節目。由特約主播高白，向觀眾朋友們介紹全球，美國，中國，以及台灣地區最新發生的新聞。不僅如此，美南新聞聯播還會在節目中連線加州以及加拿大華人電視台，給您帶來北美最全面的新聞資訊。

## 播出時間：

節目播出時間為周一至周五每天晚間6:30，次日早間7:00重播。  
敬請關註。

美南廣播電視台 看電視聽廣播

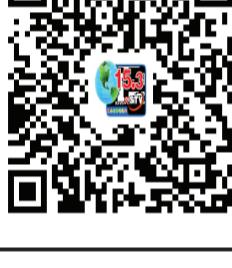
**美南國際電視STV15.3為方便觀眾收看，  
「電視廣播合為一體」**

不需任何付費，  
觀眾可24小時直接收看及收聽該頻道，  
行車間也可方便收聽，輕鬆獲取美南電視節目  
以及各類國際、社區重大資訊。

**操作指南如下，讓觀眾24小時收看收聽：**

### 1. 掃二維碼(QR code)：

觀眾只要掃描報上的二維碼，  
就可連結到**美南國際電視**，  
直接在手機上觀看**STV15.3**。



### 2. Google搜尋：

觀眾只要在Google網站搜尋

**「Southern TV – STV15.3 Houston」**

**STV15.3 Houston**

或輸入該平台網址

<http://media.maqtv.com/?1497381&proc=1>

就可直接連結美南國際電視直播平台。

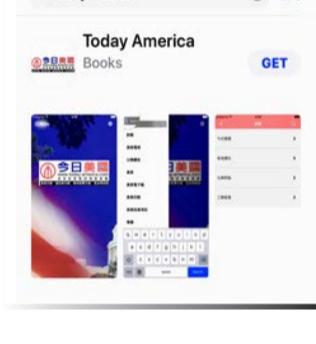
<http://media.maqtv.com/?1497381&proc=1>

### 3. 下載Apps收看：

可在蘋果商店搜尋

**「Today America」**，

下載Apps，除了  
可用手機讀報  
更方便，也可以在Apps裡  
收看**STV15.3** 電視直播。



如需開車時收聽廣播，請鏈接到車載音響設備(數據線/藍芽設備)，效果更佳。

## 《美南大咖談》報紙預告：

意見領袖、時尚先鋒、行業精英、  
業界大咖.....  
熱點時事、熱門話題、勵志故事、  
傳奇人生.....

美南國際電視最新訪談欄目

### 《美南大咖談》隆重上線！

本期嘉賓：休斯頓TMCO交響樂團  
中提琴演奏家劉銳、青年鋼琴家  
LULU LIU；

熱點話題：青年鋼琴家LULU LIU的  
成長之路、青少年音樂教育等

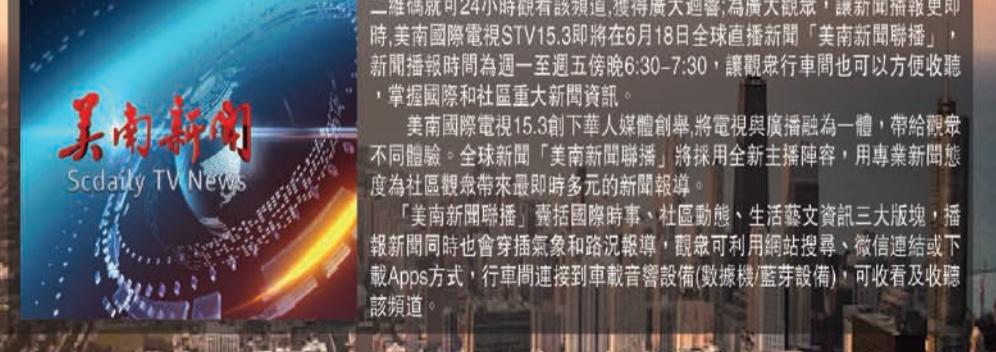
歡迎點擊以下鏈接收看：  
<https://youtu.be/TmqpViWMapA>

最專業最即時多元的新聞報導，國際時事、社區動態、生活藝文資訊、氣象和路況報導。

**美南新聞聯播，每週一到週五晚6點30，  
全球直播，掌握世界新聞脈動**



# 美南新聞聯播



美南國際電視15.3日前「電視廣播合為一體」全球直播上線，手機掃瞄二維碼就可24小時觀看該頻道，獲得廣大迴響；為廣大觀眾，讓新聞播報更即時，美南國際電視STV15.3即將在8月18日全球直播新聞「美南新聞聯播」，新聞播報時間為周一至週五傍晚6:30~7:30，讓觀眾行車間也可以方便收聽，掌握國際和社區重大新聞資訊。

美南國際電視15.3創下華人媒體創舉，將電視與廣播融為一體，帶給觀眾不同體驗。全球新聞「美南新聞聯播」，將採用全新主播陣容，用專業新聞態度為社區觀眾帶來最即時多元的新聞報導。

「美南新聞聯播」囊括國際時事、社區動態、生活藝文資訊三大版塊，播報新聞同時也會穿插氣象和路況報導，觀眾可利用網站搜尋、微信連結或下載Apps方式，行車間連接到車載音響設備(數據線/藍芽設備)，可收看及收聽該頻道。



**主播 高白**

畢業於浙江傳媒學院新聞系播音  
與主持專業，中國國家級普通話測評員、  
中國國家級主任播音員。  
1986年至2009年任浙江衛視首席新聞主播，  
2010年至2015年任浙江衛視駐美國首席記者  
兼新華社駐休斯頓記者（2016年卸任）。

**美南新聞**  
Southern News Group

**美南日報**  
INTERNATIONAL  
TRADE CENTER  
Houston Times

## 美南電視本周節目單

Southern Television 15.3 2020年3月份電視頻道節目表							3/23/2020 - 3/29/2020
美中時間	MON.	TUE.	WED.	THU.	FRI.	SAT.	SUN.
00:00-00:30							
00:30-01:00							
01:00-01:30		中國緣 (重播)					
01:30-02:00		生活 (重播)	中華情 (重播)		治安對談 (重播)	科技與生活 (重播)	
02:00-02:30							
02:30-03:00	中國地名大會 (重播)						
03:00-03:30							
03:30-04:00	外國人在中國 (重播)						
04:00-04:30							
04:00-05:00	中國輿論場 (重播)						
05:00-05:30							
05:30-06:00	中國文藝 (重播)		中國緣 (重播)	中華情 (重播)	治安對談 (重播)	科技與生活 (重播)	中華醫藥 (重播)
06:00-06:30	洋言洋語 (重播)		生活 (重播)				幸福來敲門 (重播)
06:30-07:00							
07:00-07:30	中國輿論場 (重播)						
07:30-08:00							
08:00-08:30	央視國際新聞 (重播)						
08:30-09:00							
09:00-09:30							
09:30-10:00							
10:00-10:30							
10:30-11:00							
11:00-11:30							
11:30-12:00							
12:00-12:30	記住鄉愁 (重播)						
12:30-13:00							
13:00-13:30							
13:30-14:00	洋言洋語 (重播)		中國緣 (重播)	中華情 (重播)	治安對談 (重播)	科技與生活 (重播)	中華醫藥 (重播)
14:00-14:30							
14:30-15:00	中國文藝 (重播)	中國輿論場 (重播)	外國人在中國 (重播)	國家回憶 (重播)	幸福來敲門 (重播)	記住鄉愁 (重播)	中國輿論場
15:00-15:30							
15:30-16:00							
16:00-16:30							
16:30-17:00							
17:00-17:30							
17:30-18:00							
18:00-18:30							
18:30-19:00							
19:00-19:30							
19:30-20:00	中國緣	中華情	治安對談 (直播)	科技與生活	中華醫藥	生活	
20:00-20:30	生活 (重播)					外國人在中國	
20:30-21:00							
21:00-21:30							
21:30-22:00							
22:00-22:30							
23:00-23:30							
23:30-00:00							

# 「老胡家」(Hu's cooking) 餐厅 好菜如林

本报记者秦鸿钧摄影



图为「老胡家」(Hu's Cooking) 餐厅负责人 Debby Lin (左) 及其女儿 (右)。



「老胡家」好菜如林。



樟茶鸭



清蒸鱼



腰豆牛肉粒



铁板薄荷牛



干锅鱿鱼须



酸菜鱼



「老胡家」餐厅招牌名点：担担面



老坛酸菜鲈鱼



虾仁蚕豆烩鸡蛋

*Southern International Medical Group*

## DISCOUNT CARD



家庭醫生 近在咫尺

Family Doctor just one phone call away



醫療優惠卡 Tarjeta de descuento thẺ giѢm giá  
할인 카드 дисkontная карта kartu diskon  
مصح خق اطب割引カード indirim kartı

Contact: 281-498-4310( English, Spanish, Chinese)