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Newly-elected President Xi steers China toward prosperity



Inside C2

Southern DAILY Make Today Different

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Academic in Facebook storm worked on Russian 'dark' personality project

MOSCOW/FRANKFURT (Reuters)

- The psychologist at the center of a scandal over the misuse of millions of Facebook users' personal data worked with Russian researchers on a study of toxic personality traits.

Aleksandr Kogan advised a team at St Petersburg State University that was exploring whether psychopathy, narcissism and machiavellianism - dubbed the 'dark triad' by psychologists - were linked to abusive online behavior, said Yanina Ledovaya, senior lecturer at the university's department of psychology.

"We wanted to detect (internet) trolls in order to improve in some way the lives of people suffering from trolling," Ledovaya told Reuters.

Kogan, a lecturer at Britain's Cambridge University who also goes by the married name of Spectre, has come under fire for passing data culled via a Facebook personality quiz to political consultancy Cambridge Analytica.

The test was taken by a few hundred thousand people but the app on which it ran also collected details about all of their Facebook 'friends' without their knowledge or consent.

That data was then used in a targeted digital ad campaign in support of Donald Trump's successful run for the U.S. presidency. Cambridge Analytica's CEO Alexander Nix told an undercover reporter from Britain's Channel Four news. Nix was suspended on Tuesday in a spiraling scandal over how the data came into his company's hands, in violation of Facebook's own rules. The saga has wiped nearly \$50 billion off the social network's market value.

Kogan did not respond to an emailed request to comment on his work in St Petersburg, but told the BBC on Wednesday he was being made a scapegoat by both Facebook and Cambridge Analytica. The latter firm has no link to the university.

Ledovaya said Kogan had advised the St Petersburg team on the project - which was funded by a university grant - between 2015 and 2017, visiting rarely and mainly interacting from abroad.

The team built a Facebook app using a 61-question survey for Russian-speaking users that sought to determine to what degree they had the 'dark triad' traits.

The app collected answers, as well as the public data of respondents, after securing their consent. Separately, the researchers analyzed the text of users' public Facebook posts.

Ledovaya said the data gathered was not passed to anyone outside the five-member research team - nor was it shared with Kogan. "We don't have the right to share the data of these 10,000 or so people with anyone - it's a matter of ethics and we are sticking to it," she said.

Research into personality traits viewed as malevolent goes back at least to Sigmund Freud, the Viennese pioneer of psychiatry who identified narcissism - or excessive self-love.

Machiavellianism, named after the Italian diplomat and writer of the Renaissance era, represents manipulative behavior, while psychopathy manifests a lack of empathy.

Ledovaya said one goal of the project was to ascertain the mental wellbeing of the respondents and, as appropriate, offer free counseling.

The emergence of Kogan's St Petersburg con-



A 3D-printed Facebook logo is seen in front of displayed stock graph

nnection comes as relations between Moscow and the West plumb new lows. Kogan, a U.S. citizen, was born in the former-Soviet republic of Moldova but moved to the United States as a child, Britain's Guardian newspaper said.

U.S. Special Counsel Robert Mueller has indicted 13 Russian individuals and three Russian companies for criminal and espionage conspiracy to tamper with the U.S. presidential campaign.

One line of inquiry being pursued by Mueller is the suspected use of targeted Facebook messages by Russian groups - including the St Petersburg-based Internet Research Bureau.

The St Petersburg State University research team has nothing to do with the Internet Research Bureau, said Ledovaya.

"I know the people involved in the research project very well - they are the last people I can imagine taking part somehow in such an activity," said Vladimir Volkonsky, who worked at the psychology faculty until 2011.

Cambridge University said Kogan had correctly sought the permission of the head of the psychology department to do the work with St Petersburg.

"It was understood that this work and any associated grants would be in a private capacity, separate to his work at the university," it said in a statement.

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Newly-elected President Xi steers China toward prosperity

BEIJING, March 18 (Xinhua) -- As ceremonial music echoed throughout the Great Hall of the People, Xi Jinping took his place on the podium. The music stopped as he reached a large red-bound copy of the country's Constitution.

The 64-year-old, in a dark suit, placed his left hand on the Constitution, raised his right hand to his temple and made a fist of solidarity.

"I pledge my allegiance to the Constitution," Xi began.

"[To] safeguard the Constitution's authority, fulfill my legal obligations, be loyal to the country and the people, be committed and honest in my duty, accept the people's supervision and work hard for a great modern socialist country that is prosperous, strong, democratic, culturally advanced, harmonious and beautiful."

He bowed, and the nearly 3,000 National People's Congress (NPC) deputies reacted with a spontaneous burst of thunderous applause.

It was the first time a Chinese president had ever taken such an oath upon assuming office. The ceremony was watched by tens of millions of Chinese on television or on their smartphones.

On Saturday, Xi was unanimously elected as president of the People's Republic of China (PRC) and chairman of the Central Military Commission of the PRC.

Xi first took over the presidency five years ago, pledging to push forward the great cause of socialism with Chinese characteristics, and strive for great rejuvenation of the Chinese nation.

"In face of the mighty trend of the times and earnest expectations of the people for a better life, we cannot have the slightest complacency, or get the slightest slack at work," he said back then.

China has made historic achievements under Xi's leadership. The unanimous vote shows the strong support he enjoys among the people.

Nearly five months ago, Xi was re-elected general secretary of the Communist Party of China (CPC) Central Committee. The Party's 19th National Congress enshrined in the CPC Constitution Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era.

The thought was added into the country's Constitution at the 13th NPC session as a guiding principle of the state. People have

high expectations for the years ahead. The blueprint laid out at the Party congress is being turned into action plan.

Led by Xi, China is becoming strong. The size of the economy has expanded to more than 82 trillion yuan (around 13 trillion U.S. dollars) from 54 trillion yuan over the past five years, growing by 7.1 percent a year on average. More than 66 million urban new jobs have been created.

The economy is healthier. Xi's supply-side structural reform worked. Consumption has become a major growth driver, contributing to 58.8 percent of economic growth last year, up from 54.9 percent five years ago. The share of service sector has climbed to 51.6 percent from 45.3 percent.

People live a more comfortable life. More than 68 million people escaped poverty. Personal income increased by 7.4 percent annually on average. Life expectancy reaches 76.7 years, leading developing countries.

The environment improves as strict rules on water, soil and air pollution control have been enforced. A remarkable change: over the five years, the number of heavily-polluted days in major cities was halved.

Xi made this happen through reform. He is regarded as the chief architect. In the five years, more than 1,500 reform measures were issued, affecting economic, political, social, cultural, environmental fields, national defense and Party building. Government red tape was cut. Foreign investment was made easier.

Xi has said happiness comes out of arduous work.

A week after the 19th Party congress, Xi took leading officials to the Party's birthplace in Shanghai and Zhejiang, a "roots-tracing" trip to remind cadres of the Party's original aspiration.

"The CPC seeks happiness for the Chinese people," Xi said in an NPC session panel discussion. "Whatever issues the people are unhappy about or dissatisfied with, we must work hard to solve them."

Xi's deep connection to the people was formed early in his life.

Son of a revolutionary leader, Xi, at the age of 15, joined numerous "educated youth" bidding farewell to urban life and heading to the countryside to learn from peasants.

Xi was sent to a small, isolated village in Shaanxi Province and stayed on for seven years. These formative years taught him the real situation on the ground and shaped his belief in pragmatic approach and the mass

line. In the following decades, Xi rose from the grassroots to the very top. His work experience in the military, a poor rural county, and wealthy coastal regions enriched his leadership skills.

Xi entered the Standing Committee of the Political Bureau of the CPC Central Committee in 2007 and was elected general secretary of the CPC Central Committee in 2012. He has become the core of the CPC Central Committee and the whole Party. In Xi's view, for China to achieve the goals in the new era, the Party's leadership over every area is the key.

To keep the Party clean, he launched an unprecedented anti-corruption campaign, investigating 440 senior officials -- who held provincial or corps level positions or above, among others.

Overall, more than 1.5 million officials were punished.

"If we had not offended hundreds of corrupt officials, we would have offended 1.3 billion Chinese people," Xi said.

While the campaign has built into a crushing tide, Xi said it could not stop.

The action to "take out tigers" and "swat flies" continued after the 19th Party congress. Latest fallen high-ranking officials included former head of cyber-space administration Lu Wei, army generals Zhang Yang and Fang Fenghui, as well as former state councilor Yang Jing.

He also pushed forward the supervisory system reform, strengthening a centralized and unified leadership of the CPC over the graft fight.

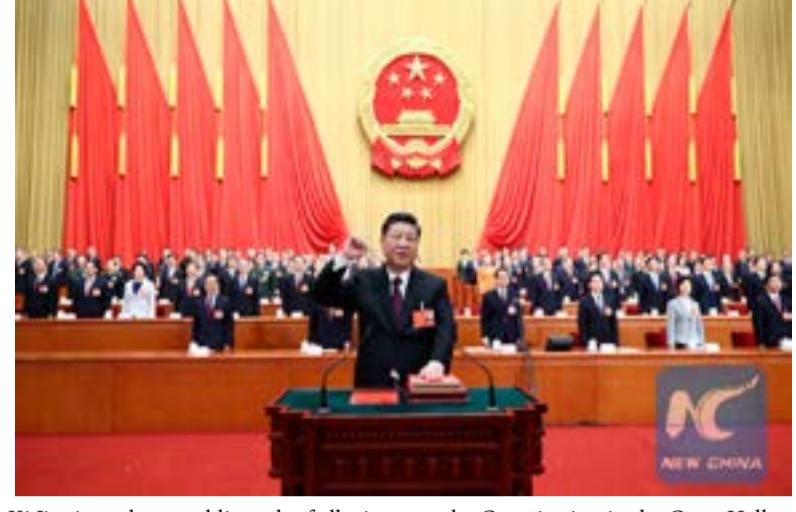
Xi has called on officials in charge to "bite the hardest bones and catch the hottest potatoes" to tackle problems.

Xi is in the spotlight at the annual sessions of the NPC and the National Committee of the Chinese People's Political Consultative Conference, commonly known as the "two sessions."

He stressed adherence to a system of CPC-led multiparty cooperation and political consultation, saying it was a new type of party system growing from China's soil and contributed to the political civilization of humanity.

Political advisor and entrepreneur Yu Min-hong couldn't agree more. Yu is a member of the China Democratic League (CDL), one of the eight non-communist parties in China.

But he is better known as the chairman of



Xi Jinping takes a public oath of allegiance to the Constitution in the Great Hall of the People in Beijing, capital of China, March 17, 2018. Xi was elected Chinese president and chairman of the Central Military Commission of the People's Republic of China earlier Saturday at the ongoing first session of the 13th National People's Congress, the national legislature. (Xinhua/Ju Peng)

New Oriental, a leading education company.

For years, Yu has been helping poor rural students get proper schooling. His proposal for rural teacher pay rises led to government policy change.

Ding Zhongli, chairman of the CDL Central Committee, said the ruling party and the non-communist parties cooperated quite well under the system, working toward a common goal of national development.

Fred Teng, president of the America China Public Affairs Institute, said through the multiparty cooperation system policymakers could draw the best policies and achieve the best results.

While joining lawmakers from Guangdong Province in a panel discussion, Xi highlighted development, talent and innovation.

Guangdong has been at the front-line of the reform and opening-up.

The year 2018 marks the 40th anniversary of the drive, which resulted in consistent and fast economic growth for decades.

During an inspection to Jiangsu Province last December, Xi said more emphasis needed to be placed on the economy's quality rather than speed and every industry, every enterprise should follow the change.

China is setting sail toward a modernized economy with Xi at the helm.

"Xi Jinping Thought on Socialist Economy with Chinese Characteristics for a New Era" was raised at the Central Economic Work Conference last December.

The Wall Street Journal reported that China had made "Xiconomics" a guiding principle, with a focus on innovation and high-quality growth.

Areas to deepen reform include public institutions, state-owned enterprises, industrial monopolies, property rights protection, taxation, finance, rural development, social security and ecology. A modernized economy is the goal.

Chinese President Xi Jinping delivers a keynote speech at the opening of the 2017 annual meeting of the World Economic Forum (WEF) in Davos, Switzerland, Jan. 17, 2017. (Xinhua/Lan Hongguang)

At the "two sessions," Xi's speeches touched more fields than economy, from Party building, rule of law, poverty reduction to environmental protection, social governance and military-civilian integration.

Internet tycoon, Tencent chairman Pony Ma said Xi's speeches were so rich that he took six full pages of notes.

"The general secretary said we should make innovation a powerful driver of quality development, and I think it is an insightful remark," he said. "It will be a new opportunity for our innovative enterprises."

Li Shumu, an NPC deputy and a village Party chief in the county of Yinan, Shandong Province, said farmers in his village feel encouraged as Xi has drawn a beautiful blueprint for the countryside.

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這種小點心有一個有趣的昵稱“死蒼蠅餡餅”，這是因為這種濃厚的奶油蛋糕中裹着許多小葡萄乾。跳過那些普通的超市出售的版本，直接到倫敦的聖約翰烘焙坊(www.stjohnsgroup.uk.com/bakery/pastries)。這裡的葡萄乾蛋糕搭配着蘭開夏奶奶酪。



奧地利的人都愛薩赫蛋糕，去薩赫酒店的咖啡廳里嘗一小塊是不錯的旅行體驗。但還有許多被低估的大師級歐洲點心現也正在

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巴黎的法罕羊角麵包

羊角麵包怎可以錯過？當您咬上一口，整個點心分崩離析，您的衣服上、盤子里和那塊無用的餐巾紙上都布滿了一大片麵包屑。儘管您有很多羊角麵包的選擇，但巴黎的皮埃爾·赫爾墨斯(www.pierreherme.com)店里的伊斯法罕羊角麵包絕對不可辜負。該羊角麵包除了基本的酥餅，還搭配當地盛產的樹莓、薔薇和杏仁蛋白糖霜，也許還加入了一滴天使的眼淚。

意大利的奶油甜餡煎餅卷

當您厭倦了冰淇淋，不妨試一試奶油甜餡煎餅卷。這種點心是將香甜的意大利奶酪填入酥脆的油炸麵包筒里而製成。有時候，這種餅乾裝的小點心會浸入巧克力醬中食用，或者變換其他風味的填充物。如果您在西西里糕點的故鄉意大利，陶爾米納鎮上的 Laboratorio Pasticceria Roberto 餐廳會讓您暢享最美味的奶油甜餡煎餅卷。



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A Snapshot Of The World



U.S. Secret Service police officer clears his car from snow in front of the White House during a snowstorm in Washington



Russian President and Presidential candidate Vladimir Putin delivers a speech at his election headquarters in Moscow



Self-driving car is parked at the Renesas Electronics autonomous vehicle test track in Stratford



People drive cars down the street, in the city where autonomous vehicles are being researched, in Stratford



People take part in a march to mark the International Day for the Elimination of Racial Discrimination in Madrid



A woman holds an umbrella against the snow in Washington



Figure Skating - World Figure Skating Championships



NCAA Basketball: NCAA Tournament-South Regional Practice



Most flights are canceled at the Ronald Reagan National airport in Washington

U.S. Small Business Administration
SCORE and the U.S. Small Business Administration will honor the best small business owners and champions in Houston at an awards event to be held

Wednesday, May 2, 2018, at the Westin Galleria 5060 West Alabama in Houston. The event will include a workshop titled, "Insights into Entrepreneurial Success", a small business expo and celebratory luncheon with a keynote address.

The keynote speaker for the event will be Johnny Carrabba III.



Keynote Speaker

Proudly born and raised in the East End of Houston, Texas, Johnny Carrabba III was raised in his parent's family-owned grocery store, Carrabba's Friendly Grocery, and attended St. Thomas High School. In 1986, Johnny opened The Original Carrabba's on Kirby Drive. The second location on South Voss Road opened its doors in 1988. In 1993, Outback Steakhouse created a joint venture partnership consequently opening over 250 Carrabba's Italian Grill Restaurants nationwide. Johnny and his family continue to own and operate the two original Carrabba's locations. Johnny and his wife, Randi, are philanthropists at heart and give back to the community through many venues and charities.

SCORE/SBA Small Business Awards Event To Honor The Best Entrepreneurs In Houston

Compiled And Edited By John T. Robbins, Southern Daily Editor



Master of Ceremonies

Master of Ceremonies for the event will be Bob Charlet. Bob Charlet became the publisher of the Houston Business Journal in 2005 where he joined a veteran team of professionals who have distinguished the HBJ as one of the leading business journals in the country.

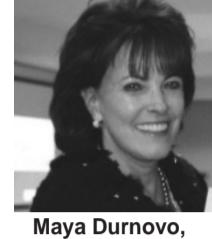
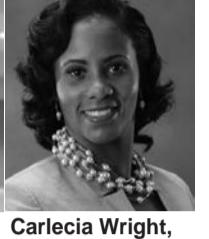
Charlet joined the Pacific Business News, a sister publication, in 2009 as advertising director and was promoted to publisher three years later. Prior to PBN, he was North American group sales manager at Canon Communications, overseeing sales and marketing for a group of B2B media properties. He is a graduate of Nicholls State University in Thibodaux, Louisiana.

Event Workshop (9 AM - 11 AM)

"Insights into Entrepreneurial Success" Workshop

Attendees will gain an in-depth understanding of the resources available to the entrepreneur in Houston. Meet the distinguished panelists and learn about their programs to promote small, minority, and women-owned businesses. Learn about SBA's 3 C's, Capital, Contracting and Counseling plus programs to spur innovation and exports. Meet SBA's resource partners, UHSBDC and SCORE, who provide education and mentoring to help you succeed. Listen and learn from other successful entrepreneurs during a panel

discussion.

Maya Durnovo,
HCCCarlecia Wright,
City of HoustonGilda Rameriz,
The Port of HoustonTandelyn Weaver,
The KBCTim Jeffcoat,
SBASteve Lawrence,
SBDC

David Lurie, SCORE

The Small Business Administration (SBA) is a United States government agency that provides support to entrepreneurs and small businesses. The mission of the Small Business Administration is

"to maintain and strengthen the nation's economy by enabling the establishment and viability of small businesses and by assisting in the economic recovery of communities after disasters". The agency's activities are summarized as the "3 Cs" of capital, contracts and counseling. SBA loans are made through banks, credit unions and other lenders who partner with the SBA. The SBA provides a government-backed guarantee on part of the loan. Under the Recovery Act and the Small Business Jobs Act, SBA loans were enhanced to provide up to a 90 percent guarantee in order to strengthen access to capital for small businesses after credit froze in 2008. The agency had record lending volumes in late 2010. (Source: Wikipedia)

SCORE is a 501(c)(3) nonprofit organization that provides free business mentoring services to prospective and established small business owners in the United States. More than 10,000 volunteers provide these services, with all volunteers being active and retired business executives and entrepreneurs. In addition to mentoring, SCORE also offers free and low-cost educational workshops each year, both online and in-person. SCORE is a resource partner with the U.S. Small Business Administration. It operates out of 300 chapters across the U.S., with national headquarters in Herndon, Virginia. (Source: Wikipedia)

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Start Up

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Purpose: Purchasing & Working Capital

SBA Loan-Senior Day Care

Loan Amount: \$1,275,000
Term: 12 Month Interest Only /
25 Years Straight payout
Purpose: Construction/Term
Start Up

SBA Loan-Motel

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Term: 12 Month Interest Only /
25 Years Straight payout
Purpose: Construction/Term
Start Up

Conventional: Retail Condominiums

Loan Amount: \$4,350,000
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CRE Investor Program

Conventional: Mobile Home Park

Loan Amount: \$2,000,000 (Total 3 Loans)
Term: 20 Years straight payout
Purpose: Refinance & Extra Equity for RE
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Which U.S. companies and industries will suffer if President Donald Trump's plan to impose stiff tariffs on aluminum and steel imports comes to fruition? It may depend on how other countries react, and whether a trade war ensues.

Mr. Trump's proposal to launch across-the-board tariffs of 25 percent on steel and 10 percent on aluminum last week is still drawing strong reaction from trading partners and Corporate America alike.

Companies from brewer Miller Coors (TAP) to professional associations like the National Association of Homebuilders warned the tariffs will push prices higher for them, and by extension, Americans. "You can win a trade war if your narrow objective is to protect one very small sector of the economy," said GZERO Signal writer Alex Kliment. "But the question that we have to ask, and which everyone is asking, is at what cost to other sectors of the economy, to U.S allies?"

European officials are preparing to target \$3.5 billion in American goods through a 25 percent "tit-for-tat" levy across consumer, agricultural and steel imports, Bloomberg reported, citing a list compiled by the European Commission. This came after EC President Jean-Claude Juncker on Friday mentioned targeted products like Harley-Davidson (HOG) motorcycles, Levi's jeans and bourbon if the U.S. tariffs are implemented. Canada President Justin Trudeau called Mr. Trump Monday evening to register his "serious concern."



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Expeditors International (EXPD), 3M (MMM) and Boeing (BA), Goldman said in the report.

Boeing, typically the U.S.'s biggest exporter, has rebounded slightly after its stock slipped on Mr. Trump's announcement. Suppliers to the planemaker, which competes directly with Europe's Airbus in the large commercial aircraft market, could have a harder time coping as the company looks to trim costs, according to a recent note from Melius Research.

BOEING

Defense companies Lockheed Martin (LMT), General Dynamics (GD) and Raytheon (RTN) should have "limited" problems because of the way long-term supply contracts are structured, Melius analysts wrote. Private-jet makers Textron (TXT) and Gulfstream, a division of General Dynamics, may run into trouble if the global economy slows.

Countries can be expected to immediately appeal the tariffs to the World Trade Organization under the General Agreement on Tariffs and Trade, or GATT agreement, said Jennifer Hillman, a former member of the WTO's appellate body. She spoke on a call with reporters organized by the Atlantic Council, a Washington think tank.

"The challenges will come immediately and will come from all affected countries," Hillman said. The WTO, seen largely as a U.S. created entity, will then form a panel of three people that aren't from the U.S. or any of the involved parties.

How that plays out, she said, may depend on how the U.S. claim that the tariffs are needed as part of America's national defense is viewed. (Courtesy cbsnews.com)

西班牙地方政府开先河 部分未入籍移民获投票权

根据西班牙《安达卢西亚信息报》(Andalucía Información)最新消息，在即将到来的2019年西班牙选举期间，安达卢西亚大区Punta Umbría市镇中登记注册的238位移民将拥有西班牙选举的投票权。为了能够得到本次的投票权，这些移民必须要前往Punta Umbría市镇市议会的统计部和居民登记处做出登记。在选举人口普查办公室递交文件来表达自己愿意行使投票权。这个登记必须要在2018年12月1日之前完成。

这些可以拥有投票权的移民都是来自欧盟国家以及和该地区有互惠协议的国家的移民，并且在当地登记注册。除了欧盟国家的移民之外，目前签署了互惠协议的国家有玻利维亚、佛得角、智利、哥伦比亚、韩国、厄瓜多尔、冰岛、挪威、新西兰、巴拉圭、秘鲁以及特立尼达和多巴哥。

西班牙未入籍移民将拥有投票权

我们都知道，西班牙移民在拿到西班牙居留签证的时候可以享有和西班牙公民一样的福利和待遇，但是只有入籍之后才可以获得西班牙的政治权利，如选举权和被选举权。即便是如此，在西班牙议会中基本上很难见到移民的声影。根据西班牙《国家报》报道，西班牙四千六百万人口中，有15%的人口在外国出生，将近两百万移民获得西班牙国籍并有投票权。

而根据西班牙媒体《20分钟》的报道：2015年12月20日的大选之后，西班牙350个国会席位中只有8个移民居住在西班牙未入籍移民将拥有投票权

牙，也就是说超过450万的移民再次成为没有投票权和没有候选人的群体。

西班牙人口当中有13.3%是在海外出生(610万人)。然而，在西班牙国会席位的350人中只有8人是移民，只占2%。这些能够进入西班牙国会的移民全都是出生在西班牙，或者是在幼儿时期或儿童时期就来到西班牙的人。但事实上，他们与西班牙人无异，完全不能代表移民的心声。

现如今的西班牙国会中，唯一一名没有加入西班牙国籍的移民是出生在乌拉圭的Ana María Surra，她因为乌拉圭政变离开乌拉圭，先后在智利、巴拿马、比利时和法国生活。1998年和自己的儿子来到巴塞罗那，加入ERC政党，成为ERC政党国会选举第四位的议员。她说：“令人震惊的是，我们没有投票权。我们是西班牙社会中非常重要的一部分，但是我们却没有在需要的时候发出我们自己的声音”，“我们应该为移民的选票而战斗，虽然我们没有入籍，但是我们要承担所有西班牙公民的义务，却没有应有的权利。”她指出，西班牙政府是在这方面最落后的国家，并且遗憾的是，移民总是被遗忘。“我们没有投票权，所以我们没有政治成本。并且每次选举中也是因为我们是少数派而被抹杀。我们是普通公民，应该享受应有的权利。”

华人参政或不再是梦想

西班牙移民政治现状事实上相比欧洲的很多国家都是比较落后的。然而，安达

卢西亚大区Punta Umbría市镇本次额决策为移民带来了希望，未入籍的移民也可以拥有政治权利，这对于西班牙的政治环境来说，虽然只是一个市镇走出的一小步，却会在未来带来巨大的改变，甚至带来质的影响。西班牙政府已经意识到了移民的重要性，并且在一步步的肯定移民的政治地位，让我们开始获得同等的政治权利。

此外，虽然本次在Punta Umbría市镇能够拥有投票权的移民只有欧盟国家的移民以及奠定互惠政策的国家的海外移民，并没有华人的身影，但是这样的决策却给我们带来了希望，西班牙的政治环境正在一步步的开放。

近年来，华侨华人的移民方向也逐渐发生变化，从此前的劳工移民、家庭团聚移民等逐渐向学习移民、投资移民、商务移民等方向改变。而且随着时间的推移，华二代、华三代相继出生。新近移民加上华二代和华三代，他们相较第一代移民来说，拥有更强的归属感，不再像第一代移民一样拥有浓重的“落叶归根”情怀，他们更多地将西班牙视为自己的人生归宿。这也直接促进了现在华人从业面的逐渐拓宽，不仅限于商业经营。他们接受西方教育，眼界较为开拓，在思维类型、知识储备方面都要优于第一代移民，这都将成为华人参政的坚实基础。华侨华人的力量正在西班牙不断发展壮大，我们有自己独特的路，应当按照自己的步伐加强在西班牙的融入，最终实现政治融入。

移民心理健康受关注 西班牙发展 “跨文化护理模式”



鉴于人口和文化的多样性，西班牙社会已经意识到，需要为移民提供适当的关怀和照顾，让他们能够更加快速并且顺利的融入到新的文化和环境当中，并且避免在这一过程当中因为遭遇障碍而产生一些心理并发症。所以，“跨文化护理(cuidados culturalmente congruentes)”这个专业词汇就出现了。

为了深入的了解到底什么是“跨文化护理模式”，西班牙《Diadio Dicen》专门采访了马德里Infanta Cristina医院精神病科建议住院病房(UHB)的心理健康护士Jesús Olea先生。

Jesús Olea先生强调这种护理模式主要是为了支持和协助移民(无论是个体还是群体)的一整套关怀过程和护理活动，并且从整体角度帮助他们改善生活质量和社会方式，以及在心理方面为他们提供相应的关怀。他说：“这种模式是为了帮助移民更加快速的适应他们的生活，现代社会已经实现了多元化和全球化，所以社会的多样化已经成为普遍现象。”

跨文化护理模式是以文化作为基础的护理关怀，能够有效的促进和维持健康，主要是对不同文化的群体或者个体提供护理关怀。该理论认为，如果人类无法与其所处的文化背景和社会结构融合在一起就会影响人类的身心健康。护理关怀通过文化关怀保存和维持、文化关怀调适或者协调以及文化关怀重建三种关怀行为，充当了一般关怀和护理专业关怀间连接的桥梁。护理关怀通过了解服务对象文化背景和健康状况，做出护理关怀决策，进行文化关怀保存，或者进行文化关怀调整或重建，达到为服务对象提供与文化一致的护理关怀的目的。

移民在适应新环境的过程中会出现各种各样的心理问题，难以适应这里的生活以及迫于在大环境下因为不适应这样的生活会产生巨大的压力，于是产生心理疾病，从医学角度来说，产生这种心理疾病的主要原因是“资源和需求之间的不平衡”。

Jesús Olea先生解释说：“一般压力比较大的移民都会遭受相关的心理困扰，包括在精神领域中的不适，尤其是通过焦虑和抑郁表现出来，这种情绪甚至会影响到移民生活的各个方面，如：行为，身份认知、价值观、能力或机动性等等。”

反之，他补充道，产生压力的原因也是有一系列的因素，其中对于移民来说最主要的就是文化关系的调节因素，因为任何人在任何地方都需要文化认同感，这是对自身身份认同的基本的一部分。而影响文化认同的外界因素就要看移民的目的地国家的社会特征，即这个国家是多元文化还是单一文化，因为无论是移民还是难民来到这个国家必须要面对的就是融合当地社会或者边缘化，这取决于每个人的心理状况，也取决于这个国家的社会和人口状况。

这则新闻中，“跨文化护理模式”这种新的关怀和护理的模式对于移民来说是非常有针对性并且有效的。

西班牙是个移民大国，移民占全国人口超过10%，而居住在这里的华人也在不断的增加，其实相对其他国家的移民来说，中国移民来到西班牙之后单纯在文化方面会遭遇更多的障碍，因为东西方之间的文化差距相对比较大。华人来到西班牙之后，大部分都在积极努力的融入这个国家，去适应这里的文化、社会和生活习惯。虽然说，西班牙一直以来都表现出非常接受的态度，但是比起华人的积极主动来说，似乎相对还是比较被动。

“跨文化护理模式”的出现，让笔者感觉，西班牙不再只是单纯的接受移民，而是开始积极主动的努力帮助移民，让他们克服融入当地社会的困难，开始变的主动起来。而这种主动是非常重要的，会让移民产生更多的信心去更加主动的融入这个社会。另一方面，更是能让一些在融入当地社会的过程中因为文化、价值观等等各方面的差异而产生压力或者心理问题的移民能够得到社会的帮助，让他们克服苦难，而不是变的边缘化，在异国他乡深感孤独。

澳技术移民难进专业岗 新报告质疑移民过剩



随着关于国家大规模移民项目的争论不断升温，澳大利亚人口研究所(Australian Population Research Institute, 以下简称APRI)近日发布的最新报告显示，大多数近期抵澳的技术移民并没有找到专业的工作；澳大利亚当前的移民项目未能有效地引入澳洲亟需的专业人才，例如技术劳工等。

文章摘编如下：

APRI的这份报告表示，即使技术签证项目被取消，澳大利亚雇主也几乎不会发现。来自人口研究所的比勒尔(Bob Birrell)表示：“澳大利亚的技术移民项目声称会提供重要的技能，但实际扮演着掩盖其真实目的的屏障作用。”他指出，其真实目的是为了实现澳大利亚精英阶层所希望的高人口增长率。

据了解，澳大利亚的年度移民计划是引入19万人，其中包括12.855万名技术移民。此前未发布的人口普查数据显示，在2011年至2016年间，共有25.6504万名年龄在25岁至34岁间的移民毕业生来到澳大利亚，其中84%的人来自非英语国家。

其中，2016年，仅有1/4的非英语国家移民群体拥有专业岗位；相比而言，来自英语国家的移民获得专业岗位的比例达到1/2；而澳大利亚出生的毕业生进入专业岗位的比例则高达58%。

同时，这份名为《澳大利亚技术移民项目：稀缺的技能不是必须的》(Australia

Skilled Migration Program: Scarce Skills Not Required)的报告还指出，雇主在雇佣时可以做选择，那些具有良好英语技能及更好的“文化意识”的申请者在找工作时占优势。

比勒尔表示，当前澳大利亚技术移民项目的一个主要问题是形势的倒转，并最终取消了申请者职位必须属于国家短缺范畴的要求。他说：“绝大多数持技术签证赴澳的移民都是专业人士，但越来越多的人从事的职位是供过于求的。”

比勒尔还指出，技术移民项目出现的另一个异常问题是移民获得州提名，一旦这些移民进入澳大利亚，他们便可以在澳大利亚任何想停留的地方生活。他说：

“即使技术签证被废除，雇主也不太可能发现异常。这实际上是与数字相关的，

‘财政部’提出的这一数字需要维持澳大利亚的经济增长率和联邦计划好的税收收入。”

此外，2017年，由澳大利亚人口研究所委托展开的一份调查报告显示，大多数澳大利亚选民希望削减移民数量。澳大利亚前总理艾伯特(Tony Abbott)近日呼吁每年削减8万名移民。同时，工党多名高层人物也对过高的移民引入人数表达了担忧。

对此，联邦财长莫里森(Scott Morrison)上月表示，每年削减8万名移民将会在未来4年里最高增加50亿元的财政赤字。

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北京人少的景点有哪些 导游绝不带你去



北京吸引了各地朋友，北京景点也总是人山人海，北京人少的景点有哪些？就让小编为大家推荐几处北京人少又好玩的景点吧，这些北京人少的景点会让你的旅游照片多点风景，少点人群。

一、人定湖公园

人定湖公园是一座欧洲风格的园林，位于西城区六铺炕街25号，黄寺大街南侧，是1958年发动群众建造的公园，1994年4月进行改造，1996年6月全面竣工。总面积9.2公顷，其中水面积1公顷。

以现代园林为主，公园南部用草地、水景、雕塑、花架、景墙创造了一个具有欧洲规则式庭院韵味的园林环境。

地址：北京市西城区安德路六铺炕15号（黄寺大街南侧）

二、月坛公园

月坛是中国古代祭月的场所，又称“夕月坛”。早在周代，即已有天子春天祭日、秋天祭月之制。目前仅存的月坛地处北京城西，始建于明朝嘉靖九年（1530年），清代重修，是北京九坛八庙之一，到民国初年废弃。一般称

“月坛”即指此地。明清北京月坛在今北京市西城区的南礼士路以西，月坛北街以南，与其南部的仿古园林组成月坛公园。在明清文献中提及的坛内主要建筑，除祭坛坛台和内坛坛墙被拆毁外，其余如钟楼、天门、具服殿、神库等古建筑尚存。

地址：北京市西城区月坛北街甲6号

三、万寿寺

万寿寺早已经辟为北京艺术博物馆，但是好像游览的人并不是很多。其实万寿寺在清代时是皇家寺院，建筑的规格很高，正殿屋顶都是庑殿结构。万寿寺有三宝：山门内的洪福齐天彩绘，因为中国传统的彩绘或金龙和玺，或青绿点金，或苏式彩绘，都是以金绿为主，唯独这里采用天蓝底色，配上满天红色蝙蝠。

另一宝是最后院落的木雕千层塔，第三是后院假山下的地藏王地宫。另外后院有一座巴洛克风格的小门，门的形状却是中国特有的月亮门，中西合璧在北京绝无仅有，也应算是一宝。不过现在的地宫里面地藏王像不见了，前几年冬天去，地宫里面堆了大白菜。不过寺庙里的石雕和展出的文物展品却是令人大开眼界，尤其是展品，很多都是稀世之宝，不可不看。离万寿寺不远的北京画院，后院里面有一座尼泊尔塔，塔身已经破旧不堪，听说是一座尼姑塔，可以顺路看看。

四、玲珑塔

玲珑塔（慈寿寺塔）原名“永安万寿塔”，位于北京市海淀区八里庄慈寿寺内，仿天宁寺塔而建。1990年，海淀区区政府以玲珑塔为中心，建成玲珑公园，占地约7公顷（包括水面0.3公顷）。公园南部设计为规则园林，北部则为自然山水，其间设置山亭湖榭、曲径小溪，使之成为京密引水渠畔一道靓丽的风景。

慈寿寺塔原名“永安万寿塔”，位于北京市海淀区八里庄慈寿寺内，仿天宁寺塔而建。1990年，海淀区区政府以玲珑塔为中心，建成玲珑公园，占地约7公顷（包括水面0.3公顷）。公园南部设计为规则园林，北部则为自然山水，其间设置山亭湖榭、曲径小溪，使之成为京密引水渠畔一道靓丽的风景。

慈寿寺内，仿天宁寺塔而建。寺为明神宗之母慈圣皇太后于万历四年（1576年）所建。万历皇帝登基时年仅十岁，内外政事均由李太后执掌。李太后平生好佛，在她主政期间，命人在京城内外兴建修缮了许多佛寺，慈寿寺即为其中之一。

地址：北京市海淀区西八里庄北里3号

五、法海寺

法海寺，始建于正统四年（公元1439年），由明代英宗宠宦李童集资、工部营缮所修建，英宗赐额“敕赐法海禅寺”，距今572年了。

法海寺邻近驼铃古道首驿模式口大街，远山门在山下街口，一条蜿蜒曲折的小径通往翠微山脚，跨过造型奇特、小巧玲珑的四柏一孔桥，红墙碧瓦的山门赫然呈现眼前。法海寺主体中轴线四进院落，依山势逐层升高，建有护法金刚殿、天王殿、大雄宝殿、药师殿和藏经阁。整座寺庙布局严谨，殿宇轩昂，楼阁掩映，错落有致，系工部营缮所建造的官式建筑，一派皇家气势，等级颇高。

地址：北京市石景山区翠微山南麓模式口48号

六、鲁迅博物馆

北京鲁迅博物馆是为了纪念和学习中华民族的思想文化巨人鲁迅先生而建立的社会科学类人物博物馆，现为局级公益性事业单位，隶属于国家文物局，是中央国家机关思想教育基地、北京市爱国主义教育基地，是首批国家一级博物馆。

北京鲁迅旧居位于北京鲁迅博物馆内，现为全国重点文物保护单位。1924年5月至1926年8月，鲁迅在此居住。鲁迅在这里完成了他的《华盖集》《华盖集续编》《野草》等文集和《彷徨》《坟》《朝花夕拾》中的部分文章。

地址：阜城门内大街宫门口二条19号

七、史家胡同博物馆

穿过车来车往的朝阳门内大街，走进人潮熙攘的朝阳门南小街，走入人潮熙攘的朝阳门南小

街，蓦然拐进一个幽静无人的胡同。就在这灰色的老巷里，京城第一家胡同博物馆“史家胡同博物馆”蜗居于24号院的一隅之地，任外界纷繁吵杂，仍顽强而静止地留着老北京最传统的记忆。这个两进院落的博物馆，不到一千平方米，老式木门窗、斑驳的外墙、错落的灰地砖，虽然经过一些翻修，却仍难掩这座四合院的古老韵味。一如院中的一棵老梧桐，年久根深，树冠几乎盖住了整个庭院。就在这里，民国时期的才女凌淑华，也就是它以前的主人，曾广聚名流，以书画会友。而现今，院内的一草一木，仍如当年风华绝代时的模样。

史家胡同博物馆共分八个展厅和一个多功能厅，介绍着史家的历史、胡同里的名人、时代的记忆，乃至普通老百姓的怀旧生活。展品五花八门，老物件、门牌墙、全景微缩、纪录片、声音馆，不断触动着视觉和听觉，唤醒你对老北京的记忆。

地址：东城区史家胡同24号院（近史家红墙花园酒店）

八、明城墙遗址公园

历史上明城墙全长40公里，始建于明永乐17年（公元1419年），距今已有580多年的历史。现存的崇文门至城东南角楼一线的城墙遗址全长1.5公里，是原北京内城垣的组成部分，是仅存的一段，也是北京城的标志。其城东南角楼是全国仅存的规模最大的城垣转角角楼，始建于明代正统元年（公元1436年），是全国重点文物保护单位。

北京明城墙遗址公园位于市中心地域，北京明城墙遗址公园东起城东南角楼，北京明城墙遗址公园西至崇文门，北京明城墙遗址公园总面积约15.5公顷，北京明城墙遗址公园其中城墙遗址及城东南角楼占地3.3公顷，北京明城墙遗址公园绿地面积12.2公顷。

地址：北京市东城区崇文门东大街9号

九、紫竹院公园

紫竹院公园位于北京西北近郊，海淀区白石桥附近，北京首

都体育馆西侧。紫竹院公园始建于1953年，因园内西北部有明清时期庙宇，“佛荫紫竹院”而得名。全园占地47.35公顷，其中水面约占三分之一。南长河、双紫渠穿园而过，形成三湖两岛一堤一河一渠的基本格局。它是一座幽篁百出，翠竿累万，以竹造景，以竹取胜的自然式山水园。紫竹院公园免费参观。

本园造景模山范水求其自然，缀石嶙峋精心安置，亭廊轩馆错落有致，修竹花木巧布其间。举目皆如画，四季景宜人。春风暖筱百花舒，夏霭轻舟翠盖浮，秋雨润芦枫叶艳，冬云瑞雪映松竹。中部青莲岛上“八宜轩”、“竹韵景石”；明月岛上有“问月楼”、“箫声醉月”；西部有“福荫紫竹院”、“跨海东征”、“紫竹垂钓”；南部有“澄碧山房”，儿童乐园；长河北部是独具江南园林特色的“筠石苑”，淡雅、清秀、幽静而别致，有“清涼安秀”、“江南竹韵”、“竹深荷静”、“友贤山馆”、“绿云轩”、“斑竹麓”等景。

地址：北京市海淀区中关村南大街35号

十、广济寺

北京市文物保护单位。北京著名的“内八刹”之一。位于北京城内西城区阜成门内大街25号。占地2.3公顷。始建于宋朝末年，名西村寺。明天顺初年重建，成化二年（1466年）宪皇帝下诏命名“弘慈广济寺”。1931年寺院失火焚毁，1935年重建。

现存建筑保持明代格局，分三路，中路依次为山门、钟鼓楼、天王殿、大雄宝殿、圆通殿和多宝殿（舍利阁），西路有持梵律殿、戒台、净业堂和云水堂，东路有法器库、延寿堂等。寺内珍藏许多珍贵文物，如明代三世佛及十八罗汉造像，康熙时建的汉白玉戒台，乾隆年间的青铜宝鼎等。1959年中国佛教协会在北京成立，会址设在这里。2006年5月25日，广济寺作为清代古建筑，被国务院批准为第六批全国重点文物保护单位。

地址：西城区阜成门内大街

25号广济寺内

十一、西什库教堂

西什库的教堂，是北京最大最好的，也是义和团活动的遗址，现在是天主教活动中心。晚上，能进去最好，如果进不去，可以在隔壁的北京低压电器厂夹道里面，只隔着一层玻璃，听教堂的童声唱诗，怎一个美字了得！

十二、妫川广场

个人认为是北京最好的广场。从这里叫上一辆出租，到30公里外的松山自然保护区，是中国北方垂直林带分布最好的保护区。秋天爬山，美景不亚于黄山。只是这里属于未开发地区，山势又险，须注意安全。好猫多次来这里，晚上可以在山下林场招待所住宿，有北京最好的温泉，还有二叠瀑、三叠瀑等很多景点。

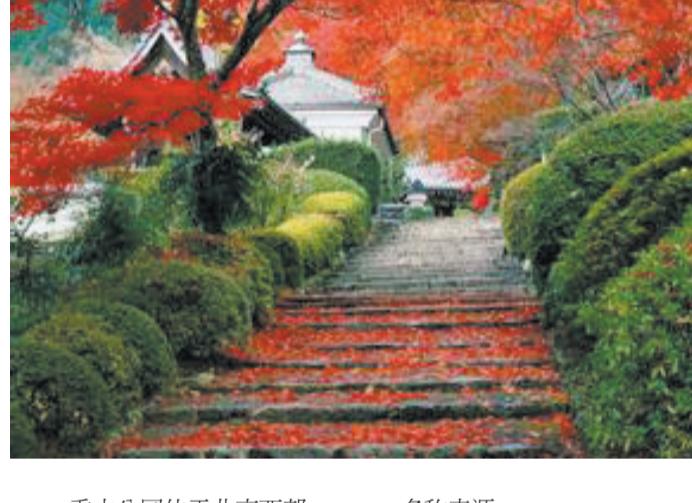
十三、菖蒲河公园

整个园子是顺着金水河修建的，并不算大，园子如果真是从东门走到西门的话，您脚力好用不了20分钟就能走完。当然，小编推荐玩这种小公园的时候可以把脚步稍微放慢些，在您游览完故宫或者逛完王府井、前门之后可以到这个小公园在喧闹的景区附近散散步，发发呆，它再适合不过了。当然像这样的公园是没有门票的，推荐你可以在早晚两个时间段来此公园，偶尔回过顾客。

十四、南礼士路公园

南礼士路公园位于西城区南礼士路大街东侧、西二环路西侧，建于1960年，隐藏在复兴门桥西北角，位于金融街百盛对面。

来到这里大家完全可以在一片宁静和祥和的环境里闲逛。看公园里大爷大妈们晨练，舞剑、抖空竹、跑步、打太极，这个公园很有生活。而且从公园西门出来还能来京城炙子烤肉最老的字号“烤肉宛”（以前是厚德福饭庄），当初的“南苑北季”，这其中南苑就是说的这个“烤肉宛”了。到南礼士路公园体会老北京生活很是舒服，相当安逸。



水，万壑千崖种杏花”之句。《帝京景物略》中有记载：“或曰香山杏花香，香山也……”。

公园历史

香山历史源远流长，自晋代葛洪的丹井，始有记载。

金朝 金世宗、章宗两朝皇帝营建香山，为其营建的寺庙赐名“大永安寺”，章宗帝还先后七次到香山游幸，留下梦感泉等多处遗迹。

元朝

皇庆元年（1312年），仁宗帝赐钞万锭，重修香山大永安寺，并更名为“甘露寺”。

元朝 文宗至顺二年（1331年），耶律楚材的后裔耶律阿勒弥创建碧云庵。形成“香山八景”。

明朝

英宗正统六年（1441年），司礼太监范宏出资七十余万，捐资市材，命工重建，殿堂、楼阁、廊庑、像设，焕然一新。

清朝

乾隆帝在旧行宫的基础上进行大规模扩建，仅用九个月的时间就在香山建成大大小小的园林八十余处，其中乾隆帝钦题并赋诗二十八处，成为明噪京城的二十八景，乾隆帝赐名“静宜园”。香山、静宜园占京西“三山五园”中一山一园。1860年，英法联军将包括静宜园在内的三山五园内的大量珍物劫掠一空，建筑几乎全部焚毁。1900年，八国联军再度劫掠，一代名园瓦砾遍山，几近荒废。

清代乾隆年间修建的罗汉堂。

民国

在北洋军阀和国民党反动统治时期，香山的大部分风景区又被“达官贵人”、“军阀巨商”建为私人别墅，多处名胜封闭。

中华人民共和国

1949年3月25日，中共中央进驻香山，毛泽东在双清别墅工作和居住，在此指挥了著名的渡江战役，筹建了新中国，翻开中国历史崭新的一页。

1956年，香山作为人民公园正式对公众开放。

1993年至今

被评为首都文明单位，2001年被国家旅游局评为AAAA景区。

2002年

被评为首批北京市精品公园，2004年通过ISO9001国际质量管理体系和ISO14001国际环境管理体系认证。

自然资源

截至2013年，香山公园经

后，由清室内务府拨借香山静宜园，于1920年10月3日成立香山慈幼院，收养无家可归的灾童，熊希龄任院长。

1925年3月12日，伟大的民主革命先行者孙中山在京逝世后，曾在香山碧云寺内停灵长达四年之久。移灵南京紫金山后，在这里设孙中山的纪念堂和衣冠冢，供人瞻仰。

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自然资源

截至2013年，香山公园经

调查共有391种，其中野生种类占多数且大面积分布。数量最多的主要有黄栌（香山红叶）、侧柏等。

香山作为一处拥有着自然风光的山林公园，建园历史悠久，特别是在建筑、寺庙周围分布着大量的栽培植物，如银杏、油松等，栽植时间长，古树数量众多。其中，一、二级古树共计5800余株，约占北京市城区古树的约1/4，一级古树就有300余株。树种有侧柏、油松、圆柏、白皮松、槐树、银杏、楸树、麻栎、榆树、元宝枫、柰树、七叶树、皂荚等十三种，成为香山重要的景观资源。

香山传统的观赏花木也已成规模，如牡丹、玉兰、西府海棠、山杏、山桃、月季、紫薇、连翘、梅花、丁香等。

形成了一些集中的观赏区，如杏花林、梅花谷、丁香路、椴树路，特别是椴树，极具特色，在市内其他园林比较少见，是香山优良的芳香植物和秋色叶植物。

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特价双龙虾 蒸海参

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午餐Lunch \$5.99

特价双龙虾 蒸海参

Get 10% cash back for the total bill amount, minimum consumption amount of \$20 is required. (Special price dishes, seafood and beverages are not included.)

订餐电话：(Chinatown) 832-831-4998 9889 Bellaire Blvd, Unit 309 Houston, TX 77036

午餐Lunch \$5.89

Sugarland(天天早茶)

订餐电话：(Sugarland) 28

全美华人协会和中美友好促进会等社团 共同主办“中国31条惠台政策”座谈会



座谈会的主人与中领馆王昱副总领事（左三）在会上合影（左起）「全美华人协会」会长乔凤翔，「休士顿南京友好协会」前会长王福生，「上海联谊会」前会长金仲贤，「梁氏基金会」美国分会主席梁成运，「美中友好促进会」会长谢忠。

王昱副总领事（右三）在座谈会上分析中美关系。旁为（左起）座谈会主持人「全美中国和平统一促进会联合会」副秘书长、「中美友好促进会」荣誉会长、「全美华人协会」会长乔凤祥博士，「德州广东总会」前会长徐松焕，「中国人活动中心」执行长范玉新，「梁氏基金会」美国分会主席梁成运，「美中友好促进会」会长谢忠。

大会主人（左起）乔凤翔、梁成运、谢忠与当晚贵宾王昱副总领事（右三），「侨务组」组长房振群（右二），新任「侨务组」组长葛明东（左二）等人合影。

本报记者 秦鴻鈞攝



「全美华人协会」老会长陈伟国发言。



中国驻休士顿总领馆副总领事王昱致词，介绍“中国31条惠台政策”的内容。



休士顿「亲民会」
会长梅路村博士从国
际上各国的历史进程
来看，只有一个强大
的国家才能为他们的
人民提供尊严和尊重。



出席的代表与前来敬酒的贵宾合影（左起）「华夏学人协会」会长黄华，「和统会」前会长邓润京，王昱副总领事，「美中友好促进会」荣誉会长、「全美华人协会」会长乔凤翔，「梁氏基金会」美国分会主席梁成运、「美中友好促进会」会长谢忠，「休士顿南京友好协会」前会长王福生、「上海联谊会」会长王绍安。



即将任满返国的中领馆
「侨务组」组长房振群（中）在会中致词。

★ 德克萨斯州功夫节 ★ 从武术中探寻生命的力量



第三届德克萨斯州功夫节将于2018年4月14日在休斯顿 Brazos River Park 举行。这项活动的宗旨是以武会友，弘扬中国武术文化。



德克萨斯州功夫节的创办者释延峰师傅将邀请20家各门各派功夫大师和艺术家，率领自己的学生从各地区前来参加功



夫节。届时能看到少林功夫、跆拳道、空手道、太极拳、咏春拳等传统功夫，也有音乐、舞蹈，舞狮、舞龙表演，其中还有远道邀请来的西雅图和拉斯维加斯的几位特别来宾。

去年，有1000多名观众参加了德克萨斯州功夫节，大家目睹了各种门派的功夫展示。受益匪浅 表演者从4岁到60多岁，他们来自不同的学校。表演者多种风格和形式的变化，融进了硬性和软性的功夫，精彩的表演令人叹为观止。功夫节期间，每个参与的功夫学校都举办一个讲习班，为公众教授基本的武术形式。大

多数与会者学习了一些用于保健的基本功夫，了解了健身和武术的关系。大家还观看了舞狮、舞龙、中国竖琴、舞蹈等各种文化节目。组织者以功夫节为契机，将这次活动募集的款项捐助，希望以这种方式，告诉所有热爱中国功夫的人们：真正的幸福是给予，（帮助别人完善自我）。释延峰师



傅理解的中国的少林功夫有10概念：谦卑、意愿、尊重、耐力、慈悲、毅力、信任、忠诚、耐心、勇气。这些特点使学习者获得健康的心灵和健康的身体，同时追求个人的完善和挑战极限，体验功夫所带来的好处。

释延峰师傅生于河南，4岁进少林寺习武，是第三十四代弟子，少林寺传统武学传人，武术7段，国际武术裁判，国家一级教练员，美国少林功夫院长。他擅长少林十八般

兵器，少林象形拳，硬气功。他曾出访过四十多个国家进行表演、教学，以及影视拍摄。今年的德克萨斯功夫节不仅有精湛的功夫表演，还有超过15项功夫挑战游戏供参与者共享。这些游戏有功夫熊猫、画脸、打木板、铁砂掌、汉娜绘图等。大人和孩子们在活动中可以测试他们的体力和耐力。



学会新的健身方式、结识新的朋友。主办者希望以武会友，推广中国武术文化，希望有更多的人来参加以支持，弘扬中国武术文化，从武术中探寻生命的力量！



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Texas Kung Fu Festival Alma Alon-alon McLemore发布 1小时 ·

WIN A FESTIVAL SHIRT!!!

We are giving away a Festival T-shirt to one lucky winner every week leading up to the event!! (Your choice of size: 2X, XL, L, M, S and youth M)

Winner will be randomly selected and announced on Thursday, March 22nd at 10pm central time. The shirt can be picked up at the festival on April 14th.

To enter: FOLLOW and LIKE this post, and TAG 5 people in the comments.

#txkungfest2018



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本报记者
吴凯俊报道