美南新聞日報・華府新聞日報・達拉斯日報

E-Newspaper: www.scdaily.com wechat: AD7133021553 Tel: 281-498-4310 Fax: 832-399-1355 E-mail: cla@scdaily.com 2月13日 星期日

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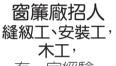
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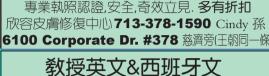
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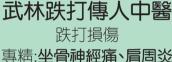
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Inside C2

Sunday, Febuary 13 2022

# Teen skater's doping test draws global wrath against Russia

BEIJING, Feb 11 (Reuters) - Russian skating prodigy Kamila Valieva's failed drug test prior to her dazzling Winter Games team gold threw the 15-year-old's Olympic future into doubt and reawakened global anger over Moscow's doping history on Friday.

But the Kremlin - already facing Western diplomatic wrath over a troop buildup near Ukraine - was also defiant in the sporting terrain, calling Valieva's case a "misunderstanding".

"Hold your head up, you're a Russian," government spokesman Dmitry Peskov urged her. "Go proudly and beat everyone."

The teenager became the first woman to land a quadruple jump at the Olympics on Monday, winning a team figure skating gold with the Russian Olympic Committee (ROC).

However, the International Testing Agency (ITA) said she had tested positive for banned heart drug Trimetazidine in a urine sample collected by Russian authorities back on Dec. 25 - though confirmation of that only came this week. read more

She is one of the youngest Olympians ever to test positive.

Many fans and fellow athletes were furious at how Valieva came to have a prohibited drug in her system, blaming coaches, medics and authorities rather than her.

"It is a shame, and the responsible adults should be banned from the sport forever!!!" said German figure-skating great Katarina Witt. "What they knowingly did to her, if true, cannot be surpassed in inhumanity and makes my athlete's heart cry infinitely." read more

Former U.S. figure skater Adam Rippon, who is in Beijing as a coach, summed up Valieva's plight by saying: "This entire situation is heartbreaking... she is a minor. The adults around her have completely failed her. They've put her in this awful situation and should be punished."

One Twitter user under the name "Fran" said despite widespread sympathy towards Valieva, she had to be banned.

"Kamila Valieva is absolutely a victim in this scenario. However now that we know she really did test positive to TMZ, they



absolutely can NOT let her compete," the post said.

'HONEST' MEDAL?

Russian athletes are already competing in Beijing as the Russian Olympic Committee (ROC) - without their national flag and anthem - due to past sanctions for state-sponsored doping.

The latest controversy blew up after a testing lab in Sweden reported on Tuesday that Valieva's sample had been positive - the day after she wowed the world at the Capital Indoor Stadium.

Questions hang over why there was such a delay between her test and the result, which allowed her to travel to Beijing. Russian Olympic Committee president Stanislav Pozdnyakov said Valieva's test may have been deliberately held back to coincide with the end of the team competition

The ROC said it was taking comprehensive measures to protect its athletes and to keep an "honestly" won gold. It said Valieva's tests were negative before and

after Dec. 25.

In an Instagram post featuring Valieva as an angel, the ROC urged fans to show their support to "a very young, fragile, charming girl" as she "faced the hardest test" of her life.

Russia's own anti-doping agency RU-SADA imposed a provisional suspension on Valieva after Tuesday's result then lifted it a day after on appeal. On Friday, RUSADA said it was investigating her support team and attributed the delay in results to COVID-19 cases at the Swedish laboratory, TASS news agency reported.

With their reputations for fairness on the line, the International Olympic Committee (IOC) and the World Anti-Doping Agency (WADA) asked CAS to reinstate the suspension.

"We have a 100% policy against doping," IOC spokesman Mark Adams said.

Late on Friday CAS confirmed it had received applications from the IOCand

2022 Beijing Olympics - Figure Skating - Training Rink Capital Indoor Stadium, Beijing, China -February 10, 2022. Kamila Valieva of the Russian Olympic Committee

WADA appealing RUSADA's decision to lift the suspension and said a decision will be made in due course.

STILL SKATING

Valieva, wearing a navy hoodie and black tights under padded shorts, skated again in practice on Friday afternoon.

The controversy over her has delayed the medal ceremony for the team event, with the United States and Japan waiting in the wings after taking silver and bronze positions. Canada finished fourth.

CAS's ruling will not only determine if the ROC will be disqualified from the team event, thus losing their gold medal, but also if Valieva will be allowed to compete in the women's individual competition.



星期日 2022年2月13日

# WEALEE'S GLOBAL NOTES

02/12/2022

# We Are Proud Of Chinese Americans



Wealee@scdaily.com

Chairman of International District Houston Texas

Publisher Southern Daily Wea H. Lee

Southern News Group Chairman / CEO Chairman of International Trade & Culture Center Republic of Guiana Honorary consul at Houston Texas The Chinese American youth led by Eileen Gu and Nathan Chen showed their incomparable power and skills at the Beijing Olympics games creating a new record and winning the gold medals.

According to statistics, nearly 40 % of the U.S. winter games delegations are Asian, while Asians account for only 7 % of our total population. Most of the reasons are due to the success of Asian families in their child's education and the special attention given to extracurricular sports.

Today America is facing major challenges in school education. The school

districts are run by local governments and federal government subsidies are very limited in the rich areas because of the higher taxable incomes. The schools are much better there so many Chinese Asian families will select the better school districts, but in some poor areas, the school districts have less resources. Most working

to graduate from high school and go straight into the job market. These kids very rarely have an opportunity to learn much more about, or participate in, the arts or sports.

We always have believed that education should be our top priority and the basic element that will change our future.

























### **Editor's Choice**



Neja Dvornik of Slovenia falls during her run in the women's alpine skiing slalom at the Beijing Olympics, February 9. REUTERS/Christian Hartmann



Vehicles block the route leading from the Ambassador Bridge, linking Detroit and Windsor, as truckers and their supporters continue to protest against the coronavirus vaccine mandates, in Windsor, Canada, February 8. REUTERS/Carlos Osorio



REUTERS/Antonio Parrinello



Andrzej Szczechowicz of Poland trains in the nordic combined normal hill/10km at the Beijing Olympics, February 8. REUTERS/Kai Pfaffenbach



People holding Canadian flags protest at the Ottawa International Airport, as truckers and their supporters continue to protest against coronavirus vaccine mandates, in Ottawa, Ontario, Canada. REUTERS/Patrick Doyle



Britain's Prime Minister Boris Johnson poses for a photograph with British troops in front of a Union flag during a visit to Warszawska Brygada Pancerna military base near Warsaw, Poland. Daniel Leal/Pool

Coffee, Wine, And Wheat Varieties Are Among The Foods We Could Lose Forever

### The Extinction Crisis That No One Is Talking About



Tractors harvest a monoculture of sovbeans in Mato Grosso,

Brazil. (Getty Images/iStockphoto)

#### **Key Point**

Supply chain challenges and inflation spikes in the midst of the Covid-19 pandemic have now been joined by growing and documented concerns for the potential extinction of endangered foods and the lack of food choices along with the diversity of foods as well as the nutritional values they represent that are in serious danger of disappearing from the global marketplace. Scientific observers are now saying it is time to act and make efforts to bring diversity back into the food system while being motivated by the health of society.

#### Compiled And Edited By John T. Robbins, Southern Daily Editor

are just two species of coffee plants on which the grocery store may become less nutritious and entire multibillion-dollar industry is based: One flavorful, and — as the current state of coffee of them is considered poor-tasting, and the other, demonstrates — the global food system could which you're likely familiar with, is threatened by become less resilient. That's why it's so crucial climate change and a deadly fungal disease.

there, known as stenophylla. It has a higher heat terview about his new book. tolerance, greater resistance to certain fungal. The important conversation that followers was pathogens, and it tastes great. There's just one held between author Dan Saladino and Vox. problem: It's incredibly rare, and until recently, com interviewer Benji Jones and pinpoints the scientists believed it was extinct.

foods that are threatened with extinction, ac- ety of food is in decline cording to Dan Saladino, a BBC journalist and author of the new book, "Eating to Extinction: The World's Rarest Foods and Why We Need to Save Them." While grocery stores may seem as abundant as ever, Saladino argues that the diversity of food is actually in decline. Of the hundreds of thousands of wheat varieties that farmers once cultivated. for example, only a handful are now farmed on a large scale, he told Vox.

As we grow and harvest fewer varieties of plants Benji Jones

Your morning coffee is in a perilous state. There and animals, the foods you can buy in the to lift up communities that are protecting foods Thankfully, there's another kind of coffee out from disappearing, Saladino told Vox in an in-

food diversity challenges that face us all.

Stenophylla is just one of dozens of important Grocery stores may be stocked, but the vari-



## BUSINESS

You write that a lot of foods, such as varieties of coffee and wheat, are going extinct. Yet when I walk into the grocery store it seems like there's more variety than ever.

#### Dan Saladino

Whether it's cotton candy grapes or certain varieties of avocado, there's a degree of uniformity. And while you'll see this abundance - consider bread, and the wheat it's made of - it's extremely narrow in terms of its genetics.

In this amazing place in the Arctic called Svalbard, there's a seed vault buried deep under the ice, down a tunnel, in which there are more than 200,000 different unique samples of wheat. That's the kind of diversity that's hidden from us. A farmer today in the UK might get a recommended list of wheat varieties to grow - dictated largely by the food industry and millers and bakers - of fewer than 10 kinds.

You can take all of the world's staple crops, including maize [also known as corn] and rice, and you'll see the same thing. In seed banks around the world, there are tens to hundreds of thousands of varieties, yet in the food system that we experience, it's an extremely small

#### Benji Jones

Why should the average grocery shopper care about losing these rare varieties of food? **Dan Saladino** 

Endangered foods give us options in a future with many challenges — feeding a growing population, reducing emissions, and finding fresh water, for example.

Take a type of maize tucked away in a mountain village in southern Mexico, very close to where maize was first domesticated thousands of years ago. Botanists arrived in the late 1970s and saw this 16-foot-tall stock of maize. It shouldn't have been growing there because the soil was

Not only was it so tall, but it also has these aerial roots that were dripping with mucus, like something out of a science fiction film. Just three years ago, a scientist figured out that the mucus is an interplay between sugars and microbes that's actually feeding the plant from the air. That hadn't been seen before in cereal crops.



A type of maize that grows in the Sierra Mixe region of Oaxaca, Mexico, It has aerial roots coated in mucus that help the plant

#### pull nutrients out of the air. (Photo/Allen Van Deynze et. al./PLOS Biology)

Why should we care? If we understand how this plant works, could we potentially use it to reduce our use of fertilizer globally? We know there is a way in which some plants are feeding themselves. We need to give thanks to the Indigenous people who have looked after this maize for centuries, if not thousands of years.

#### Benji Jones

A wider variety of crops also makes our food system more resilient to threats like disease and climate change, right?

#### Dan Saladino

That's another really important lesson. I traveled to eastern Turkey to get as close as I could to the Fertile Crescent, where wheat was first domesticated. I found farmers who had saved a type of emmer wheat that had been growing for 8,000 to 9,000 years. It's been growing in high altitudes where it's damp.

If you put a modern wheat variety in that environment, fungal diseases would ruin the crop. And so what they have in Turkey is a precious genetic resource that has forms of resistance, such as to fungal pathogens.



#### A field of kavilca, or emmer, wheat. (Dan

You can also find those principles of disease resilience among ancient varieties of rice and maize — really, in all of the crops. Over thousands of years, our ancestors created these adaptations through farming under different con-

What we've done since is create these incredibly high-performance plants that need specific conditions to grow, and a lot of inputs, like fertilizer. Each wheat or maize plant is almost a clone, whereas in traditional farming, there's a huge amount of genetic diversity in the field. If you get a bad summer or too much or too little rain, some of those traditional varieties are still going to bear grains because there is diversity within the crops.

#### You can breed out bitterness, but you might lose deliciousness

#### Benji Jones

Is there a flavor extinction happening as well? Dan Saladino

Absolutely. I tell the story of a type of wild citrus from northern India called memang narang. It has a cultural, culinary, and medicinal function, but the striking thing is how bitter these fruits are. The people who live here place huge value

on bitterness, a flavor that's disappearing from most of our palates. Fruit breeders, over centuries, have been ingenious at giving us something that we love: sweetness. They have bred out the

When you realize that the bitter taste comes from compounds that help plants protect themselves from pests, then you understand why it might be beneficial to retain that flavor. We've taken the beneficial bitter compounds out, and we've cloaked plants in pesticides and other chemicals to protect them.



#### A type of rare coffee, Coffea stenophylla. (Getty Images)

Another example comes from coffee. We live in a world where we can enjoy a lot of different types of arabica coffee. There's robusta as well. But these are just two of more than a hundred different types of coffee around the world.

Historically, there were cultures in parts of Africa that had more distinctive types of coffee, including one called stenophylla that was prized in parts of East Africa up until the 1960s, when it pretty much went extinct because farming systems changed. It has greater disease resistance than arabica. And arabica is under pressure now because of climate change — it's an extremely delicate plant. Stenophylla offers the benefit of disease resistance, and it's an amazing-tasting

#### Coffee as we know it is in danger. Can we breed a better cup? Benji Jones

Another example that helps explain the decline of flavor comes from a region of France, home to the Salers cow. It really shows the connection between biodiversity and flavor, right?

#### Dan Saladino

"Salers" is a place, a breed of cow, and a cheese. Farmers would take their cattle in the spring and summer to [mountain] places where the pasture is richest, often ending up in remote places. It was a monastic experience; they were up there living a solitary life. At the end of the summer, the cheese would end up back down in the village. It's this mind-blowing process that highlights the power of cheese: The pasture captures the energy of the sun, the animals convert the pasture into milk and cheese, and the villagers then eat the cheese during the winter when other foods are running out.

(Article Continues Below)



(Article Continues From Above) Coffee, Wine, And Wheat Varieties Are Among The Foods We Could Lose Forever

### The Extinction Crisis That No One Is Talking About

Compiled And Edited By John T. Robbins, Southern Daily Editor

#### **Dan Saladino**

The remarkable thing is that the pasture is so rich in microbes that these farmers don't even need a starter culture to coagulate the milk and turn it into cheese. As soon as the milk hits these wooden barrels, it's inoculated with microbes. For a modern health inspector, it would be a nightmare to watch.

We've been talking about the endangered genetics of crops and endangered tastes. Here, we're talking about endangered microbes that are not only missing from the cheese making process, but also from our gut microbiomes.



A breed of cattle called Salers in the Cantal region of France.

(Photo/Andia/Universal Images Group via Getty Images) Benji Jones

You also explain that when these cows have access to a wide diversity of plants in the pasture, their milk and cheese end up tasting richer. That's because different grasses have different types of defense chemicals called terpenes, which can first winemakers were practicing their translate to flavor in the milk.

#### Dan Saladino

Terpenes can be found in milk from rich pastures, but not in cheese made from cattle that have been fed on grains. We're only beginning to understand the connections between biodiversity and our food and Italy and Spain and California are and our health and our flavors.

#### Benji Jones

You traveled the world sampling all of just goes up another level. There is a revthese foods with unique flavors. What erence and spiritual dimension to wine were some that stood out?



#### Dan Saladino

Skerpikjøt is this food from the Faroe Islands. There's not enough sunlight or firewood there to produce salt to preserve food. People instead built these huts that have gaps that allow the sea air in. They raise sheep and hang the meat in these huts, which gets bathed by the salty air and slowly fermented and preserved. It doesn't look like food. It's covered in mold. It needs to be washed. It's almost as if this sheep meat is gently rotting away in these huts, but actually, the conditions are exactly right so it doesn't rot or become too funky. It becomes this wonderful preserved meat.

#### Benji Jones

You also have an incredible chapter about a type of wine in the country Georgia, which you explain is where some of the world's first — or the first — winemakers were practicing their craft.

Dan Saladino Georgia is the most likely country in which grapes were domesticated and the craft. They have a technology that predates the barrel by thousands of years the qvevri. These are terracotta vessels that you bury underground with whole branches of grapes with skin and pips [seeds] inside. Many people think France great wine-producing regions. Here is a place where the relationship with wine



A workshop where Georgian qvevris are being made. (Photo/Dan Saladino) Our relationship with food mirrors our relationship with nature

#### Benji Jones

In your book, you talk about how losing certain foods isn't just about losing resilience, flavor, and culture, but also about our changing relationship with nature. You explain that some groups, like the Hadza people of Tanzania, are deeply connected to their environment through food — and by losing certain foods, we may be losing these connections.

#### Dan Saladino

The Hadza story brilliantly sums that up. I followed some of these hunter-gatherers out within a landscape of baobab trees. In those trees, some of which are a thousand years old, you can find bees' nests and one of the greatest prizes the Hadza can find: honey. It's an extremely important food — and their favorite food —but it's hard for them to find the hives high up in the trees.

The Hadza whistle, and after a period of time, if they're lucky, a very humble-looking bird will fly down. The bird will start a "conversation" with the hunter-gatherers and lead them to a tree with honey. The bird knows where the honey is, whereas the hunter-gatherers have the fire and the smoke to get rid of the bees, which are a risk for the bird. The Hadza can go up, extract the honey, and then leave something behind for the birds.



An illustration of a greater hon-

#### eyguide. (Photo/Brown Bear/ Windmill Books/Universal Images **Group via Getty Images,)**

Toward the end of the Hadza visit, we went to a mud and brick hut, and inside there were cans and cans of soda. This was a source of sugar and energy that could mean that they no longer use that skill to find honey within our lifetimes — something so fundamentally important to human history could disappear.

#### Benji Jones

COMMUNITY

Do we run the risk of glorifying some of these older cultures? Don't some of these groups want soda — or access to health care, or other benefits that come with Western or modern life?

#### **Dan Saladino**

There's story after story of another culture coming in and imposing its food and phone and sold rice through WeChat to people in Beijing and Chengdu, some of the biggest cities in the world. Modern technology can actually connect us.

#### Benji Jones

The food industry is massive and largely run by just a small number of companies. How does one person help prevent these unique foods from going extinct?

#### Dan Saladino

It's important to understand what we mean by endangered foods and diversity. I think we should all choose our favorite foods and interrogate the diversity of that food. Explore cacao, coffee, or different types of cheeses. Then maybe develop a relationship with a cheesemaker and become a different kind of customer somebody who's supporting a local



its farming systems and its values and its desires on these Indigenous food systems. My argument is that people should be given the choice. They should have access to health care, but that doesn't necessarily mean that their way of life should be fundamentally changed because they're buying into our system.

#### How to save endangered foods Benii Jones

There are clearly a lot of things that don't work with our food system. What gave you hope while reporting the book? What inspired you?

#### Dan Saladino

There's a network of people out there who are saving the diversity of foods. Before Covid, they gathered at a slow food event to bring their foods from around the world, and share stories about what they've saved and what threats they're facing. This solidarity is what gives me optimism.

In southwestern China, I met a farmer saving an extremely rare type of highly nutritious colored rice. He got out his

#### A man dries a rare, prized type of Venezuelan cacao called criollo. (Photo/ Dan Saladino)

This also needs to be dealt with on a much larger scale. I was inspired by stories of cities, such as Copenhagen, where schools use diversity as a criterion for the contracts they're issuing to farmers: Don't just give me the cheapest apples give me a choice of apples, and we will reward you. That's also happening in Brazil. Over the last few decades, they've had a policy that requires schools to source 30 percent of ingredients from local family farms.

These levers do exist for governments to make a big, significant change. I also think we have the most selfish reasons to embrace diversity — our own health. We know what's happening in many parts of the world, in terms of type 2 diabetes, cancers, and other diseases that have a food dimension. Perhaps we will be motivated by health to try and bring diversity back into the food system. The science says we need to. (Courtesy vox.com)

2022年2月13日

## 溶脂針快速消除雙下巴和羊腮 奥斯丁NeoSoma專業醫美幫您養成側顏殺

星期日



(本報記者黃梅子)你有因為長相而被誤會年齡嗎?當你自認為顯得很年輕,但被人自動升級成"大媽"的時候,你心頭的怒火是否在熊熊燃燒?也許你臉上皺紋不多,但松垂的中下面部和雙下巴卻告訴了別人你年齡的秘密。我們可以留意到,身邊年輕的姑娘們都擁有清晰的下領線和緊實的臉部輪廓。

有些愛美的小姐姐因為咬肌大去 註射瘦臉針,忽略了下頜線的問題, 導致瘦臉卻出現了羊腮,反而顯得老

這都是因為下頜線的原因,你知 道嗎?其實下頜線才是年齡的分界線

什麼是下頜線?

下領線其實就是從耳垂到下巴的 側臉線條,也有人把這道線以一代經 典美人奧黛麗赫本為名,叫做赫本線 。赫本的下領線真的非常的清晰,整 張臉看起來真的很精致,完全沒有一 點多余的脂肪。



,從而出現肌肉下垂松弛等現象的發生,在一定程度上會影響下頜線 ,導致下頜線變得不那麽的淸晰。

除了雙下巴,有些人還有羊腮。 羊腮有兩種形成原因,一種是因為註 射瘦臉針,因為肉毒劑量太大而導致 咬肌過度萎縮,而出現羊腮,臉小了 但反而顯得老了;還有一種是因為衰 老,臉部肌肉松弛下垂得厲害,而出 現羊腮。

雙下巴和羊腮是下頜線的殺手, 你知道嗎?

其實下頜線才是年齡的分界線!想要立竿見影地消除雙下巴,最快的辦法有兩種:手術吸脂和打溶脂針。手術吸脂去雙下巴是效果最快的辦法,但是要動刀子住院,而且還有創口,沒有十天半個月的不能出門見人。所以很多人選擇註射溶脂針,旣見效快又沒有創傷恢復期。

而羊腮呢,可以用拉皮手術、線 雕或者溶脂針來解決,無疑溶脂針是 最快最經濟也是最安全的辦法。

2015年4月29日,美國FDA批準了全球首個"雙下巴"溶脂針 Kybella (ATX-101),用於中度至重度"雙下巴"成人,該針劑是用於消除多余額下脂肪(雙下巴)的首個也是唯一一個非手術治療產品。ATX-101是一種人造的脫氧膽酸(deoxycholic acid),這是人體內天然存在的一種物質,幫助分解脂肪。

溶脂針瘦臉是否會反彈?據研究 ,溶脂針減的是脂肪不是水分,相對 來說不容易反彈。溶脂針瘦臉技術對 註射醫師的技能要求比較高,多打一



點會塌陷,少打一點則看不出效果。 奧斯丁NeoSoma專業醫美是美國政府 註冊的專業醫美,註射師是在美國正 規持牌醫生(M.D.)或正規持牌醫士 (R.N.),藥品都是FDA認證安全有效 的針劑,安全和資質有保證。尤其是 註射師王老師從事醫療工作多年,並 且積累了豐富的亞洲客人臨床經驗量 理嚴格精準。她技術嫻熟,對於單 對的施打已達爐火純青的水平,做過 的客人都贊不絕口。

王老師介紹說,打針過程也就幾分鐘吧,一周之內就能看到很明顯的效果,雙下巴和羊腮幾天內就會消減很多,效果的顯著程度是因人而異的,有的人打一次溶脂針效果就很明顯,但是有的人就需要多次註射以後才會有比較明顯的效果。除此之外,打完溶脂針以後自身對手術部位的護理也會影響到溶脂針見效的速度與效果

溶脂針的效果 好不好? 據臨床研究表明,溶脂針的溶解脂肪率大約在30%左右,值得一提的是這個數字改變的是脂肪細胞的體積而非數量。所以註射溶脂針並不是一勞永逸的事情,要想保持好身材還需要配合健康合理的飲食習慣和運動計劃。

Sunday, February 13, 2022

溶脂針和傳統手術吸脂的區別?

哪些人不能打溶脂針?

1.過敏體質者愼用。

2.女性經期、哺乳期、妊娠期及計 劃妊娠者禁用。

3.已知對於註射藥物容易過敏的的 患者和皮膚潰爛發炎者。

4.長期或正在服用抗凝藥物、擴血 管藥、皮質類激素等藥物的求美者。

5.有心腦血管疾病、糖尿病、凝血功能異常、重要臟器功能受損者的求 美者。

溶脂針的副作用?

1、頭暈。這是在註射溶脂針過程中普通出現的現象,因為多數溶脂針裏面的成分有類似"咖啡因"的成分,受術者會出現輕微頭暈現象,24小時後會有所緩解。

2、註射部位腫脹。幾乎每個註射 溶脂針的人都會出現註射部位腫脹, 這是由藥物的刺激作用引起的,一般 24小時即可消除。

3、瘀青。註射溶脂針采用多點、 小部位註射,如果專家技術不當容易 產生淤青。

4、疼痛。疼痛感跟個人耐受程度

註射溶脂針要註意什麼?

1、溶脂針註射後24小時內面部不要碰水,不要使用化妝品,不能劇烈運動;

2、註射後一周內禁止吸煙喝酒, 不吃刺激性食品、辣椒、海鮮等,不 吃多脂多糖的食物,要多運動增強體

3、註射後72小時不能在註射部位 和註射周邊部位塗抹外用藥物,避冤 讓患處接觸其他刺激性物品。

女人如花需要呵護!溶脂針快速 消除雙下巴和羊腮,奧斯丁NeoSoma 專業醫美幫您養成側顏殺!



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|      | 溶脂针                            | 传统吸脂                |  |  |
|------|--------------------------------|---------------------|--|--|
| 方法   | 以针注射的形式,将溶脂在身体肥胖的隐蔽部位沿皮纹做个一厘米内 |                     |  |  |
| 原理   | 改变脂肪细胞体积                       | 改变脂肪细胞数量            |  |  |
| 是否开刀 | 否                              | 是                   |  |  |
| 是否拆线 | 否                              | 如果是可溶线不用拆,否则需要拆     |  |  |
| 是否疼痛 | 无痛                             | 微疼                  |  |  |
| 是否住院 | 无需住院                           | 有的医院医院需要留院1天,有的不需要。 |  |  |
| 手术时间 | 10分钟                           | 依据部位和脂肪量而定,最快30分钟。  |  |  |
| 恢复时间 | 即做即走,1周见效                      | 最快两周恢复,术后穿1个月束身衣    |  |  |
| 创伤大小 | 无疤无痕                           | 微创 之 非常要美           |  |  |





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休士頓台北經文處處長羅復文為葛瑪蘭店城中店開張, 與**員責人連憲武切蛋糕**慶賀



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