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Houston-based Fiesta Mart to be acquired by El Super grocery chain
Inside C2

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U.S., EU to expel more than 100 Russian diplomats over UK nerve attack

LON-DON/

WASHINGTON (Reuters) - The United States said on Monday it would expel 60 Russian diplomats, joining governments across Europe in punishing the Kremlin for a nerve agent attack on a former Russian spy in Britain that they have blamed on Moscow.

It was the strongest action that U.S. President Donald Trump had taken against Russia since coming to office. He has been criticized by Democrats and members of his own Republican Party for failing to be tough enough on Russia over U.S. allegations of Russian meddling in the U.S. electoral system including the 2016 presidential campaign. British Prime Minister Theresa May, welcoming the show of solidarity, said 18 countries had announced plans to expel Russian officials. Those included 14 European Union countries. In total, Monday's announcements affected more than 100 Russian diplomats - the biggest Western expulsion of Russian diplomats since the height of the Cold War.

British Foreign Secretary Boris Johnson said on Twitter that Monday's "extraordinary international response by our allies stands in history as the largest collective expulsion of Russian intelligence officers ever and will help defend our shared security."

May said the coordinated measures sent the "strongest signal to Russia that it cannot continue to flout international law." Britain had evidence Russia has investigated ways of distributing nerve agents for assassinations, May told parliament. Russia's Foreign Ministry called the actions a "provocative gesture". The Kremlin spokesman said the West's response was a "mistake" and that Russian President Vladimir Putin would make a final decision about Russia's response. Moscow has denied being behind the attack on Sergei Skripal and his daughter in the southern English city of Salisbury. Skripal, 66, and Yulia Skripal, 33, were found unconscious on a public bench in a shopping centre on March 4 and remain critically ill in hospital.

"We assess that more than 130 people in Salisbury could have been potentially exposed to this nerve agent," May said. Monday's wave of expulsions followed EU leaders saying last week that evidence presented by May of Russian involvement in the attack was a solid basis for further action. The staff expelled by the United States included 12 intelligence officers from Russia's mission to the United Nations headquarters in New York for activities the U.S. said were outside their official capacity and an abuse of their privileges of residence. Russian U.N. ambassador Vassily Nebenzia called it "a very unfortunate, very unfriendly move", adding they had to leave by April 2. Trump also ordered the closure of the Russian consulate in Seattle because of its proximity to a U.S. submarine base and planemaker and defense contractor Boeing Co, one of the senior administration officials said. Seattle was a hub of Russian cyber espionage, both political and commercial, according to two U.S. intelligence officials. The administration officials said "well over 100 intelligence officers" operated in the United States, and Washington's action cuts 60 of them.



Russian Deputy Ambassador to the United Nations Vladimir Safronkov arrives at the Permanent Mission of the Russian Federation to the United Nations in

"To the Russian government we say: when you attack our friends, you will face serious consequences," another senior U.S. official briefing reporters said, speaking on condition of anonymity. The envoys and their families have been given a week to leave the United States, according to the official. Trump, who before he took office in January last year promised warmer ties with Putin, last week congratulated the Russian leader on his re-election, drawing criticism from Republicans and Democrats alike. Trump said the two leaders had made tentative plans to meet in the "not too distant future." People depart the Permanent Mission of the Russian Federation to the United Nations in Manhattan on Monday. REUTERS/Mike Segar
He did not bring up the poisoning attack in



Adults and children board an aircraft sent to collect diplomats and their families from Russia's embassy in London, at Stansted airport

his phone call with Putin.

U.S. lawmakers largely welcomed Trump's move on Monday. Washington had already imposed sanctions on Russian citizens and firms for U.S. election meddling and cyber attacks but put off targeting oligarchs and government officials close to Putin.

"Punishing diplomats is not a direct threat to Putin's power or money. Further, our previous efforts to kick out diplomats has done little to change Kremlin behavior," said former CIA officer John Sipher, who served in Moscow and ran the agency's Russia operations. "If we follow-up on this action with additional sanctions against Putin and his cronies, it might get his attention. I don't think this action by itself will do so."

The U.N. mission in New York was also a center for Russian financial spying and recruiting, the officials said.

"The last time that the United States expelled so many Russian spies was when the Reagan administration ordered 55 Soviet diplomats out of the country in 1986," said Angela Stent, director of the Center for Eurasian, Russian and East European Studies at Georgetown University.

The U.S. officials said the scale of the expulsions was based not only on the expansion of Russian espionage in the United States, but also on its increasing focus on critical infrastructure targets such as electrical grids, financial networks, transportation and healthcare. Trump has been criticized in the United States for doing too little to punish Russia for the election meddling and other actions, and U.S.

Special Counsel Robert Mueller is looking into whether Trump's campaign colluded with the Russians, an allegation the president denies. Moscow denies interference in the campaign. Skripal's poisoning, which Britain said employed the Soviet-era military-grade nerve agent Novichok, is the first known offensive use of a nerve toxin in Europe since World War Two. EU foreign ministers report back on possible further measures against Russia: UK UK PM May: More than 130 people could have been exposed in Salisbury nerve attack RUSSIA PROMISES 'SYMMETRICAL' RESPONSE

European Council President Donald Tusk said further measures could be taken in the coming weeks and months. Mexico said it reserved the right to expel diplomats. Russia said it would respond in kind. "The response will be symmetrical. We will work on it in the coming days and will respond to every country in turn," the RIA news agency cited an unnamed Foreign Ministry source as saying.

Russia's Foreign Ministry said "powerful forces" in the United States and Britain were behind a nerve agent attack, RIA Novosti agency reported.

The Kremlin has accused Britain of whipping up an anti-Russia campaign and has sought to cast doubt on the British analysis that Moscow was responsible. Russia has already ordered 23 British diplomats out of the country after Britain expelled 23 Russian diplomats.

Russian Foreign Ministry spokeswoman Maria Zakharova suggested in a post on Facebook that the EU's expression of support for Britain was misguided given that it would be leaving the bloc next year.

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Houston-based Fiesta Mart to be acquired by El Super grocery chain

By Paul Takahashi

A Hispanic food retailer is buying Fiesta Mart in a \$300 million deal that will infuse new capital into the Houston-based grocer's fight to remain relevant in the increasingly competitive grocery landscape. The Fiesta Mart acquisition would make the California-based Bodega Latina Corp and its Mexican parent company Chedraui, one of the largest Hispanic food retailers in the country. They are expected to acquire the 63 Lone Star State stores, including 32 in the Houston area, by the beginning of the second quarter. "The acquisition of Fiesta allows us to meaningfully expand into Texas via an established, well-known supermarket operator," said Carlos Smith, CEO of Bodega, which currently operates 59 El Super stores in the Southwest U.S. "Through the combination of the strengths of our two organizations, we will be well positioned to significantly accelerate our vision of efficiently offering high quality products at the lowest possible prices." Fiesta Mart, founded in Houston 46 years ago to cater to the Hispanic population, has struggled in recent years to maintain its customer base amid mounting competition from larger grocers eyeing the fast-growing consumer segment. Executive Wine Editor Ray Isle shares his basic tips for for shopping wine at a grocery store. Although Fiesta Mart has revamped some stores to broaden its appeal, the grocer has been outgunned by well-capitalized giants H-E-B, Kroger and Walmart and newcomers such as Aldi,

who have been aggressively courting Hispanic customers with competitive prices and a more international selection of produce, meats and canned foods. "Spanish-speaking shoppers are the most coveted market in the country, with Texas being the No. 1 market," said Burt Flickinger III, managing director of Strategic Resource Group, a New York retail consulting firm. Flickinger, whose firm has conducted competitive pricing analyses for major retailers in Texas for 25 years, said he expects Bodega CEO Carlos Smith to maintain the Fiesta Mart brand in Houston, but likely renovate and remodel stores to capture new customers by the busy holiday season. The new owner will likely use its broad procurement power to buy food products at lower prices and pass them on to consumers, Flickinger said. Smith will also likely bring a more personal touch to Fiesta Mart, Flickinger said. The CEO is often found personally overseeing El Super stores regularly, and knows what customers of all backgrounds want in terms of meat cuts and seasonings, Flickinger said. Fiesta Mart employs 8,000, with 4,500 of those based in Houston. "What (Carlos Smith) will do is rebuild that great Fiesta heritage and make it better," Flickinger said. This is the latest ownership change for Fiesta Mart over the past decade. In 2004, Fiesta Mart was acquired by Grocers Supply, a wholesale groceries distributor. In 2015, the grocer was acquired by Acon Investments, a Washington, D.C.-based private equity firm.

Acon's founding partner Ken Brotman said the Fiesta Mart sale will likely close in 30 to 45 days, pending regulatory approvals, but declined to give a statement with further comment. After the deal closes, Bodega will have 122 stores across the southwest U.S. with revenues of approximately \$3 billion. More than half of the nation's Hispanic population live in the five states Bodega will have a footprint in: California, Arizona, Nevada, New Mexico and now Texas. Houston, with its growing Hispanic population and young families, represents a growth opportunity for Bodega. As more Californians move to Texas seeking lower cost of living, Bodega likely sees a future in Texas, said David Littwitz, a retail broker with Houston-based Littwitz Investments. "The Hispanic population in the Houston metro area is still growing," Littwitz said. "This is fighting for every last inch of territory and last inch of market. They've done their research. They see Houston as a market to grow and make money.



People shop at Fiesta Mart Sunday, March 25, 2018 in Houston



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誼哀此訃

先父滕鈞宜博士，一九三零年十月十九日出生於中國福建省建甌，一九四七年移民台灣，一九五四年畢業於台灣大學農學院，一九六零年赴美深造，獲佛羅里達大學生物化學博士學位。在德克薩斯大學醫學系退休後，活躍於松年學院，以寫專欄旅遊講學度過美好的退休生活。慟於二零一八年三月十四日在休士頓去世，享年八十八歲。謹擇二零一八年三月二十九日上午十時三十分在休士頓永福殯儀 (8514 Tybor Dr. Houston, TX 77074) 館舉行追悼會。謹此敬告諸親友，恕不另訃。

此致

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同泣啓

訃聞

A Snapshot Of The World



The Russian flag is seen through barbed wire as it flies on the roof of the Russian embassy in Kiev



Russian United Nations ambassador Vasily Nebenzya arrives for a lunch meeting in the Manhattan borough of New York City



Russian President Vladimir Putin speaks during a meeting with Qatar’s Emir Sheikh Tamim bin Hamad al-Thani at the Kremlin in Moscow



Alexander Yakovenko, Russia’s ambassador to Britain, speaks in front of the aircraft sent to collect diplomats and their families from Russia’s embassy in London, who were expelled by Britain, at Stansted airport



Staff at Russia’s Embassy attend a reception hosted by ambassador Alexander Yakovenko for the 23 diplomats who are being expelled by Britain’s government, in London



Ukrainian President Petro Poroshenko makes a statement on the decision to expel 13 Russian diplomats in response to the poisoning of a former Russian spy in England, in Kiev



A man takes selfie pictures with Presidential candidate Mousa Mostafa Mousa after casting his vote during the presidential election in Cairo



A model presents a creation for a make-up styling show at China Fashion Week in Beijing



Members of the Emergency Situations Ministry work to extinguish a fire in a shopping mall in Kemerovo



U.S. Small Business Administration
SCORE and the U.S. Small Business Administration will honor the best small business owners and champions in Houston at an awards event to be held Wednesday, May 2, 2018, at the Westin Galleria 5060 West Alabama in Houston. The event will include a workshop titled, “Insights into Entrepreneurial Success”, a small business expo and celebratory luncheon with a keynote address. The keynote speaker for the event will be Johnny Carrabba III.



Keynote Speaker

Proudly born and raised in the East End of Houston, Texas, Johnny Carrabba III was raised in his parent’s family-owned grocery store, Carrabba’s Friendly Grocery, and attended St. Thomas High School. In 1986, Johnny opened The Original Carrabba’s on Kirby Drive. The second location on South Voss Road opened its doors in 1988. In 1993, Outback Steakhouse created a joint venture partnership consequently opening over 250 Carrabba’s Italian Grill Restaurants nationwide. Johnny and his family continue to own and operate the two original Carrabba’s locations. Johnny and his wife, Randi, are philanthropists at heart and give back to the community through many venues and charities.

SCORE/SBA Small Business Awards Event To Honor The Best Entrepreneurs In Houston

Compiled And Edited By John T. Robbins, Southern Daily Editor



Master of Ceremonies

Master of Ceremonies for the event will be Bob Charlet. Bob Charlet became the publisher of the Houston Business Journal in 2005 where he joined a veteran team of professionals who have distinguished the HBJ as one of the leading business journals in the country. Charlet joined the Pacific Business News, a sister publication, in 2009 as advertising director and was promoted to publisher three years later. Prior to PBN, he was North American group sales manager at Canon Communications, overseeing sales and marketing for a group of B2B media properties. He is a graduate of Nicholls State University in Thibodaux, Louisiana.

Event Workshop (9 AM - 11 AM) “Insights into Entrepreneurial Success” Workshop

Attendees will gain an in-depth understanding of the resources available to the entrepreneur in Houston. Meet the distinguished panelists and learn about their programs to promote small, minority, and women-owned businesses. Learn about SBA’s 3 C’s, Capital, Contracting and Counseling plus programs to spur innovation and exports. Meet SBA’s resource partners, UHSBDC and SCORE, who provide education and mentoring to help you succeed. Listen and learn from other successful entrepreneurs during a panel

discussion.



Maya Durnovo, HCC



Carlecia Wright, City of Houston



Gilda Rameriz, The Port of Houston



Tandelyn Weaver, The KBC



Tim Jeffcoat, SBA



Steve Lawrence, SBDC



David Lurie, SCORE

The Small Business Administration (SBA) is a United States government agency that provides support to entrepreneurs and small businesses. The mission of the Small Business Administration is

“to maintain and strengthen the nation’s economy by enabling the establishment and viability of small businesses and by assisting in the economic recovery of communities after disasters”. The agency’s activities are summarized as the “3 Cs” of capital, contracts and counseling. SBA loans are made through banks, credit unions and other lenders who partner with the SBA. The SBA provides a government-backed guarantee on part of the loan. Under the Recovery Act and the Small Business Jobs Act, SBA loans were enhanced to provide up to a 90 percent guarantee in order to strengthen access to capital for small businesses after credit froze in 2008. The agency had record lending volumes in late 2010. (Source: Wikipedia)
SCORE is a 501(c)(3) nonprofit organization that provides free business mentoring services to prospective and established small business owners in the United States. More than 10,000 volunteers provide these services, with all volunteers being active and retired business executives and entrepreneurs. In addition to mentoring, SCORE also offers free and low-cost educational workshops each year, both online and in-person. SCORE is a resource partner with the U.S. Small Business Administration. It operates out of 300 chapters across the U.S., with national headquarters in Herndon, Virginia. (Source: Wikipedia)

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Small Business Awards Winners To be announced 3/19/2018.

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Report: ‘Great Pacific Garbage Patch’ Has Grown to Twice the Size of Texas

Compiled And Edited By John T. Robbins, Southern Daily Editor



The Great Pacific Garbage Patch now consumes a whopping 600,000 square miles of the Pacific Ocean.

The immense mass of predominantly plastic waste floats halfway between California and Hawaii, as a large part of the more than five trillion pieces of plastic garbage currently polluting our planet’s most precious resource. The Ocean Cleanup Foundation has spearheaded the recently published research, explaining that the wind and convergence of ocean currents are what gather so much of it into one place. The “patch” contains more than 1.8 trillion pieces of garbage and weighs approximately 88,000 tons. That is the rough equivalent of 500 jumbo jets — and more than 16 times the size of previous estimates. It has nearly doubled the size of Texas — and is bigger than France, Germany, and Spain combined.

The study required three years of careful mapping, a team of scientists, six universities, and even a company that develops aerial sensors. And it only covered this single largest island of pollutants — there are four others floating around, waiting on the same level of scrutiny.

There is urgency inherent to the project. For now, the plastics are largely gathered in these centralized locations. However, tiny pieces are constantly breaking away and, every day, make the oceans more dangerous for continued marine life. If left unattended, there is no educated guess as to how long the process could continue.



The Ocean Cleanup Foundation’s spokesman, Dubois, called it “a ticking time bomb of larger material.” He emphasized that “we’ve got to get it before it breaks down into a size that’s too small to collect and also dangerous for marine life.” (Courtesy <http://www.breitbart.com/environment>)

Related

The great Pacific garbage patch is even trashier than we thought –the ocean is flooded with plastic.



‘Ghost nets’ like these make up

nearly half of the plastic found in the great Pacific garbage patch—an area of the ocean where plastic tends to accumulate.(Courtesy The Ocean Cleanup)

Plastic is everywhere, from our homes and everyday lives all the way up to the illusorily pristine Arctic. The oceans are no exception—our high seas are accumulating plastic just as fast as we can push it out into the world.

In a new paper in Scientific Reports, researchers found that the infamous great Pacific garbage patch contains 16 times more plastic than previous estimates showed, and it seems to be increasing over time.

The great Pacific garbage patch is one of six areas of the ocean known to accumulate plastic, located in the north Pacific Ocean. While there is a lot of plastic there, the debris aren’t clumped together like some floating landfill. Instead, the plastics (many of them broken down into teeny tiny pieces) are distributed widely across an area of about 617,000 square miles. This particular study didn’t just trawl the zone with screens to measure the damage. They also flew planes from California to

do aerial surveys of the patch. Part of the reason that this survey found so much more plastic than others was that it took into account ‘megaplastics’ instead of just focusing on ‘microplastics.’



“We did some research a few years back trying to assess how much plastic is floating on the ocean, and we found that using those methods we’re giving a bias to small debris,” says Laurent Lebreton, lead study author and oceanographer at The Ocean Cleanup. But ships also reported larger bits of plastic, so Lebreton and colleagues decided to look for those using aerial techniques.

The Ocean Cleanup is a foundation focused on removing debris from the oceans. They plan to deploy technology to scoop up manufactured debris, a plan that drew criticism when announced. The group anticipates launching trash collectors in the

Pacific this year. But for now, the trash is still out there. And the birds-eye view helps give researchers an idea of what that debris actually is.



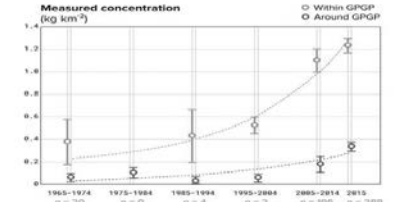
These larger pieces of plastic, like bottles, lids, and fishing nets, are all far denser than tiny particles of plastic. As a result, they add a lot to the total debris estimates. The authors suggest that somewhere between 45,000 and 129,000 tons of plastic are floating within this particular patch of ocean.

By weight, the larger plastics (two inches or more) make up most of that total. Microplastics were vastly more numerous—but being tiny, didn’t contribute nearly as much to the weight. Nearly half the garbage came in the form of fishing nets.

Plastic nets can continue to catch fish and other marine life long after they are abandoned to the sea. This is called ghost fishing, and becomes a larger problem with every net or trap that is tossed overboard.

“The prevalence of ghost nets and discarded fishing gear is well documented, so this is not necessarily surprising,” White said. “But the authors have done a excellent job of using a variety of survey methods to quantify this debris.” This type of debris can and should be prevented, White added, but efforts must be global; ocean currents can easily sweep waste all around the world.

The authors also found that the sheer mass of plastic in the oceans has gone up over time, from 0.88 pounds per 0.39 square miles in the 1970s to 2.7 pounds per 0.39 square miles in 2015. That mirrors the increase in plastic production over the past several decades, as the material has become increasingly ubiquitous. But there are several other factors to consider. One is the 2011 tsunami off the coast of Japan, which swept vast amounts of debris out to sea. The other is that previous studies primarily focused on small microplastics, not the larger ‘megaplastics’—so we don’t have a full understanding of how that part of the problem has changed in recent decades. But Lebreton and colleagues did find that microplastics, which have been examined for years, have increased in concentration.



Plastic concentrations in the oceans have increased over time. (Courtesy The Ocean Cleanup)

“One thing that has been increasing over time, really, is plastic consumption on a global scale,” Lebreton says. “We are using more and more plastic in our societies. I think without the help of proper waste management infrastructures, we can expect more and more plastic to be released into the environment in general, and down the line into the marine environment.”

‘And there’s still plastic that hasn’t been tracked down yet.

Though the study found a lot more debris than previous estimates, it still doesn’t account for a lot of the plastic that makes its way out to the ocean only to disappear. Debris can sink into the sea or degrade, but researchers are still trying to make a grand accounting of all the trash we’re pushing offshore.

“The challenge with microplastics in particular is that it really is not feasible to clean them up,” White said. “Reducing the waste stream is the only current means to slow the inputs of plastic to our ocean.” (Courtesy <https://www.popsoci.com>)



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	26	27	28	29	30	31	1				
00:00-00:30	中國文藝 (重播)	美南新聞 / 台灣新聞 / 國際新聞 / 大陸新聞					地理・中國 (重播)				
00:30-01:00							明星加油站(重播)				
01:00-01:30	生活魔法師 (首播)					少年中國 (重播)	味道(重播)				
01:30-02:00	經典電影 (重播)	動物傳奇 (重播) (English)	Story China 故事在中國 (重播)	防務新觀察 (重播)	中國大舞臺 (重播)						
02:00-02:30		中國功夫 (首播)				經典電影 (重播)					
02:30-03:00		今日關注 (重播)									
03:00-03:30	地理・中國 (重播)	中國功夫 (重播)									
03:30-04:00	English 900 (首播)					司馬白話 (重播)					
04:00-04:30	特別呈現 (重播)	電視劇《人到四十》 (重播) (English Subtitles)					武林風 (重播)				
04:30-05:00	空姐新發現 (重播)										
05:00-05:30	Story China 故事在中國 (重播)	電視劇《大資商》 (重播) (English Subtitles)					中國大舞臺 (重播)				
05:30-06:00	國際新聞 / 大陸新聞 / 台灣新聞	美南新聞 / 台灣新聞 / 國際新聞 / 大陸新聞						國際新聞 / 大陸新聞 / 台灣新聞			
06:00-06:30	防務新觀察 (重播)						健身舞起來 (重播)				
06:30-07:00		海峽兩岸 (重播)					電影藏密 (重播)				
07:00-07:30	謝謝我的家 (重播)	健康之路 (重播)			男左女右 (首播)	檔案 (首播)					
07:30-08:00	文明之旅 (重播)	Story China 故事在中國 (首播)	快樂童年 (重播)	中國大舞臺 (首播)			地理・中國 (首播)	經典電影 (首播)			
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08:30-09:00	今日關注 (首播)										
09:00-09:30	國際新聞 / 大陸新聞 / 台灣新聞	美南新聞 / 台灣新聞 / 國際新聞 / 大陸新聞					國際新聞 / 大陸新聞 / 台灣新聞				
09:30-10:00	台灣心動線 (重播)	美食風味 (重播)	爸媽回很大 (重播)	城市一對一 (重播)	文人政事 (重播)	Howdy Philippines! (首播)	謝謝我的家 (首播)				
10:00-10:30		生活 (重播)				動物傳奇 (重播) (English)					
10:30-11:00	電視劇《人到四十》 (首播) (English Subtitles)						特別呈現 (首播)				
11:00-11:30	卡通片《鞠萍姐姐講故事》 (首播)					洋言洋語 (首播)	粵語天地 (首播)				
11:30-12:00	特別呈現 (重播)	綠水青山看中國 (重播)	武林風 (重播)	中國民歌大會第一 季 (重播)	武林風 (首播)	地理・中國 (重播)	中華文化遺產 (首播)				
12:00-12:30	中國文藝 (重播)	中華文化遺產 (重播)	地理・中國 (重播)	幸福來敲門 (首播1)	幸福來敲門 (首播2)	中國民歌大會第一 季 (首播)	真情部落格 (首播)				
12:30-13:00	美南新聞 / 台灣新聞 / 國際新聞 / 大陸新聞					國際新聞 / 大陸新聞 / 台灣新聞	Howdy Philippines! (重播)				
13:00-13:30	美食風味 (重播)	爸媽回很大	城市一對一	文人政事	台灣心動線	生活 (首播)	防務新觀察 (首播)				
13:30-14:00	生活 (重播)					快樂童年 (首播)	綠水青山看中國 (首播)				
14:00-14:30	電視劇《大資商》 (首播) (English Subtitles)					中國文藝 (首播)					
14:30-15:00	海峽兩岸 (首播)										
15:00-15:30	健康之路 (首播)			真情部落格 (重播)	司馬白話 (重播)	味道 (首播)	謝謝我的家 (重播)				
15:30-16:00				明星加油站 (重播)	檔案 (重播)						
16:00-16:30	美南新聞 / 台灣新聞 / 國際新聞 / 大陸新聞					幸福來敲門 (重播1)	幸福來敲門 (重播2)				
16:30-17:00											
17:00-17:30											
17:30-18:00											
18:00-18:30											
18:30-19:00											
19:00-19:30											
19:30-20:00	美食風味	爸媽回很大	城市一對一	文人政事	台灣心動線	生活 (首播)	防務新觀察 (首播)				
20:00-20:30	生活 (重播)					快樂童年 (首播)	綠水青山看中國 (首播)				
20:30-21:00	電視劇《大資商》 (首播) (English Subtitles)					中國文藝 (首播)					
21:00-21:30	海峽兩岸 (首播)										
21:30-22:00	健康之路 (首播)			真情部落格 (重播)	司馬白話 (重播)	味道 (首播)	謝謝我的家 (重播)				
22:00-22:30				明星加油站 (重播)	檔案 (重播)	文明之旅 (首播)					
22:30-23:00	美南新聞 / 台灣新聞 / 國際新聞 / 大陸新聞					幸福來敲門 (重播1)	幸福來敲門 (重播2)				
23:00-23:30											

廣告內容與商業資訊僅供參考，具體詳情請洽本台。

Updated on 3/27/2018

■周杰倫與劉德華首度同台演出，讓演唱會驚喜度爆錶。



墜馬受傷後首站上表演台

華仔周杰倫合唱 尖叫聲震紅館

25日晚Jay唱出粵語歌曲《浪子心聲》期間，華仔自舞台緩緩升起與他一起合唱，引來全場歌迷尖叫聲不斷，接下來兩人再合唱《忘情水》，全場粉絲跟着大合唱，Jay大為感動說：“屌不屌利？終於請到你來了，我真的很感動！我盼這天盼了很久，你們都很感動對不對？”華仔就稱在後台欣賞Jay的演出，很羨慕他在台上自彈自唱，Jay就說：“不要不要，是我像你的十分之一就好了。”華仔就好奇問：“學我什麼？”Jay立即擺起華仔的招牌甫士，華仔也擺起甫士笑說：“這是必須的！”二人互豎高帽。

Jay憶起“吃檸檬”經歷

Jay又憶起首次跟華仔見面請自己“吃檸檬”的經歷，他說：“當時我在吳宗憲的餐廳彈鋼琴掙錢，看到劉德華來，我超級興奮，立刻把我創作的

歌交給他，還請憲哥趕快請劉德華聽一下，不過唱完之後，劉德華還是在吃麵。”華仔解釋不採用的原因是製作人嫌棄他不夠紅，所以直至他紅了，再為他創作第二首歌的時候就馬上採用，心結解開了的Jay笑說：“但其實第二首沒第一首那麼好聽！”Jay又感激華仔曾經花兩個小時去聽他有關魔術的電影劇本，說完即在華仔面前表演撲克牌魔術，更大呼好緊張。

想飲珍珠奶茶慶祝

完秀後阿Jay表示完成個唱後終於可以放鬆飲杯珍珠奶茶慶祝，他坦言之前突然失聲，真的非常緊張，幸好那天禱告及休息過後聲音馬上就好過來，經過這次後，他笑稱下次真的不要開那麼多場，寧願多來香港，不用一次開這麼多，十場這個紀錄他已經很滿足，真的怕倒了。

香港文匯報訊（記者 梁靜儀）台灣歌手周杰倫（Jay）於紅館一連十場的《地表最強2世界巡迴演唱會—香港站》25日晚已圓滿結束，尾場更邀請到劉德華擔任嘉賓，華仔甫出場，現場尖叫聲震耳欲聾，兩人合唱《浪子心聲》和《忘情水》兩首歌，這也是華仔自去年年初墜馬受傷後首度站上表演舞台，而當晚Jay的太太昆凌也有低調現身支持，甫見有記者拍照即混入人群之中。



■周杰倫即場向華仔表演魔術。



■陳敏之化身Fans找周杰倫合照。



■周杰倫約了相識多年的余文樂去灣仔聚餐。

郭富城低調慶祝紙婚



■城城以壓軸嘉賓身份亮相。

香港文匯報訊（記者 吳文釗 澳門報道）郭富城、周柏豪、張秀文和葛民輝等人25日晚到澳門出席德晉集團春茗，以壓軸嘉賓身份亮相的城城，獲集團行政總裁陳榮煉親自迎接，而陳榮煉太太安以軒也有亮相，兩夫婦十指緊扣到場，傳宮外孕接受手術的安以軒就對傳媒事前表明不接受訪問，但現場卻做內地媒體訪問，冷待香港傳媒。自言不是常來澳門的城城，表示每次到來都覺得澳門地方很靚，將

來有機會也想帶女兒來玩。新年假期完後，城城表示現在要還廣告債，之後就投入新片拍攝工作。

提到今屆金像獎大熱人選古天樂，城城坦言自己並非評審，也沒看過該部電影，就這樣評論不公平，也坦承沒留意今屆提名單單，他說：“因為這段時間比較忙，之前要拍《風再起時》，又要處理家中的事，可以說是沒時間兼顧。”城城稱金像獎舉行當日未必在港，但心裡一定支持香港電影。笑問可有留意黎明宣佈做爸爸，城城說：“這個當然知，見大家都有討論，我之前也說過，如果是真的會恭喜他，因為娛樂圈有太多事情發生，如果不是太了解的事，不想由我來回答。”對於有網民笑稱如黎明都是生女，四大天王將來就變成“四大外父”，城城稱“如果式”問題不要談。至於下月18日結婚周年如何慶祝，他說：“這個交回給我自已處理，不用公佈要做什麼，工作上可以跟大家分享，家庭還是少講為妙。”

唯唯“質”阿Bob蛋糕互變花面貓

香港文匯報訊（記者 梁靜儀）林盛斌（Bob）、梁烈唯（唯唯）、陳國峰、王梓軒、范振鋒、鄧佩儀、馮盈盈及丁子朗等，26日出席《J2 10周年節目巡禮》記者會，推介J2即將播映的精彩節目，副總經理杜之克，助理總經理余詠珊及節目總監李啟昌、非戲劇分部經理暨監製張志明等進行切蛋糕及祝酒儀式。適逢26日是唯唯生日，工作人員送上蛋糕為他慶祝，阿Bob等人趁機扔蛋糕，到照合照時，壽星仔唯唯即來個還擊，整個蛋糕“質”落阿Bob塊面，兩人頓成花面貓。

《兄弟幫》有五位主持人Bob、唯唯、王梓軒、陳國峰及范振鋒，阿Bob表示之後除會出埠拍攝外，還會找多年來的嘉賓，

例如經常講外星人的夏韶聲，他們會去他的家，看看他家是否有外星人。身為元老級主持人的阿Bob表示由2010年開始主持節目，第一代主持人有陳偉霆（William）及MC Jin，而MC Jin26日亦有拍片支持。問到會否找William做嘉賓？阿Bob說：“應該，這個是其中一個任務，會派其中一個兄弟送點東西給他，我會試下跟他battle。”

阿Bob近日與其他四位主持人上完郵輪登台，又唱又跳舞台王者郭富城的《對你愛不完》，大受歡迎。阿Bob笑說：“一下台幾乎被姨姨包圍住，（做師奶殺手？）不夠膽這麼講。”唯唯指事後有將條片傳給城城看，他看完就發了一個好開心的emoji給自己，可能想表達驚訝他們將一



■梁烈唯被阿Bob、王梓軒、陳國峰、范振鋒等大整蠱塗到一臉蛋糕。

隻如此經典的舞跳到原汁原味。26日是唯唯生日，他說晚上會跟家人吃飯慶祝，而生日願望是身體健康、工作順利及照顧家裡。問到不想添丁嗎？唯唯說：“想生豬仔。”

軒仔開秀以百變造型出現

香港文匯報訊（記者 李慶全）“HINSIDEOUT張敬軒演唱會”將於6月15至17日假紅館舉行，26日記者會上公佈門票27日正式公開發售。張敬軒表示26日早出門到中環髮型屋整妝時，還未下車即發現很多警察在封路，也才知道原來附近的珠寶行遇劫，據知賊人早他10分鐘前才離開，他聽到也感到心寒：“我經常來這裡整頭髮，路過等車，看

到奪目的紅寶石也會在這間珠寶行門前望望，沒想過會這麼猖狂，所以也很震驚！”

軒仔坦言今次第4次紅館演唱會，會以誇張百變造型出現，而他被網民取笑叫他做“火爆甜甜”、“西營盤彭于晏”和“牛池灣孔劉”，他笑指可能會選擇做“牛池灣孔劉”，因當日的髮型也有點抄襲對方。

不過他表示造型上會好小心

處理，主要是現在網上世界及道德界線也很敏感，不想給別人說他在扮女人或者嘩眾取寵，他說：“其實‘降兩度’是象徵不夠自信的人站在台上去表演，他可能會觀過張敬軒，到時就會妹仔大過主人婆（喧賓奪主），所以演唱會名字應該叫‘降兩度’出道暨暫別演唱會，要是紅過張敬軒的話，就要改為張敬軒暫別演唱會了！”

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在銀幕上看高達!《頭號玩家》預告發大招

中國獨家海報曝光 全國3.29開啟百場點映

由華納兄弟影片公司出品，金獎名導史蒂文·斯皮爾伯格執導的科幻動作冒險巨制《頭號玩家》將於3月30日在中國內地與北美同步上映。今日片方發布中國獨家終極預告及海報，預告片節奏激烈刺激，曝光諸多全新畫面，經典IP紛紛登場，“綠洲五強”與反派IOI的對抗也進入白熱化，終極冒險壹觸即發。片方今日也宣布，影片將於3月29日於全國46城舉行100場盛大點映，售票現已正式開啓，觀眾29日即可先睹為快。

在今日發布的中國獨家終極海報中，男主角韋德·沃茲頭戴VR設備高揚手臂，率領“綠洲五強”站在壹片廢墟之上，他們的身後是各自在遊戲中的化身，影片中的關鍵彩蛋隱隱出現。

在中國獨家終極預告片中，伴隨著讓人腎上腺素飆升的驚險賽車場景，虛擬世界“綠洲”中各種不可思議的奇景壹映入眼簾，人們在這裏可以發揮極致想象，實現任何願望，甚至可以和編蝠俠壹起攀

登珠峰。而只要妳想，鋼鐵巨人、金剛、鬼娃恰奇、高達都可以成為妳在遊戲裏的化身。但另壹方面，“綠洲”的神奇也令科技公司巨頭IOI垂涎，他們欲壹採用卑劣的手段掌控“綠洲”，而由男主角韋德·沃茲率領的“綠洲五強”則奮起反抗，從虛擬到現實，壹場大戰不可避免。

爲了這樣壹個呈現虛擬與現實交織、令人眼花繚亂的龐大未來世界，此次《頭號玩家》採用了動作捕捉、實景拍攝和電腦動畫三種制作形式，被斯皮爾伯格認爲是自己拍過最複雜的電影。此外，斯皮爾伯格還運用了VR工具進行拍攝，制片人克裏斯蒂·麥克斯科表示，這種全新的拍攝方式爲斯皮爾伯格開辟了更多的可能性，“導演戴上VR設備後，可以進入數字場景，360度地觀察周圍的環境，這讓他可以找準攝像機的角度並知道下壹步該如何拍攝。雖然這不是壹個容易的過程，但是交給他們來做我們很放心。”

如此尖端的拍攝方式也確實爲

觀眾帶來了身臨其境的極致觀影感受，此前在西南偏南電影節舉行的全球首場觀影中，從專業媒體到普通觀眾都表示受到了極大的震撼，“壹部具有突破性意義的視覺奇觀”、“斯導明智地在真實世界和‘綠洲’之間來回剪切，視覺效果讓人嘆爲觀止。”

而在3月29日，中國的觀眾也將提前壹睹到這部科幻巨制的風采，影片將在全國46城舉行100場點映——北京、成都、佛山、福州、廣州、哈爾濱、海口、杭州、合肥、湖州、濟南、金華、昆明、蘭州、廊坊、臨汾、南昌、南京、南寧、寧波、廈門、上海、紹興、深圳、沈陽、石家莊、蘇州、臺州、太原、天津、威海、濰坊、無錫、武漢、西安、煙臺、揚州、銀川、玉林、長春、長沙、鄭州、中山、重慶、珠海、淄博的觀眾現在就可以搶先購票，29日即可先睹爲快！

《頭號玩家》由華納兄弟影片公司出品，將於3月30日在中國內地與北美同步上映。



"神奇女俠"吐槽"死侍"偷自己造型

小賤賤回應“模仿是最真誠的偷竊”



“神奇女俠”蓋爾·加朵日前在自己的INS和推特上與“死侍”瑞安·雷諾茲壹萌互動。加朵@瑞安·雷諾茲，“質疑”後者偷她的造型，而雷諾茲則分別作出了不同的回應。壹邊賤賤的說“模仿是最真誠的偷竊”，另壹邊又說“在加拿大，這叫‘借用’”。

《死侍2》5月18日上映在即，宣傳攻勢也是壹波高過壹波，



就連“神奇女俠”都坐不住了。在此前曝光的《死侍2》第二款預告中，死侍“模仿”了神奇女俠雙臂交叉“放大招”的標誌性動作，顯示其將在續集中組成“X特遣隊”，不再單打獨鬥。顯然這壹動作與“神奇女俠”撞車了。

更有意思的是，目前正在全球熱映的《黑豹》中，瓦坎達國王黑

豹用於問候的標誌性動作也與“神奇女俠”類似，不過仔細看還是有區別，神奇女俠是左臂在前，而死侍和黑豹都是右臂在前。

《死侍2》由《疾速追殺》與《極寒之城》的導演大衛·雷奇執導，前作主演瑞安·雷諾茲、T·J·米勒和莫瑞娜·巴卡琳悉數回歸，已提檔2018年5月18日北美開畫。

《荒原》第三季吳彥祖花式秀功夫

新預告荒原戰鬥升級 人頭鋪路血腥重口

AMC今日釋出了吳彥祖主演劇集《荒原》的第三季預告片。在展現新壹集故事脈絡的同時，還有各種花樣翻新動作場面登場。正如此前AMC總裁Charlie Collier所強調的，該劇將更多呈現“功夫元素的精髓”，這也是該劇能夠區別與其他電視劇集的關鍵。

預告片中，外來者Pilgrim威脅著“加入我們或者去死”，令荒原

上的戰爭進壹步升級，人頭鋪路的鏡頭更是血腥重口。吳彥祖此次將與他亦敵亦友的夥伴們共同面對威脅，其花式秀功夫的動作場面也在預告片中登場。

《荒原》第三季中Sunny在Veil死後帶著兒子Henry遠走，但Henry的壹場怪病讓他不得不聯手Bajie重返荒原，而此時The Widow和Baron Chau之間壹場曠日持久的

戰爭讓整個地區陷入動蕩，失去了Tilda和Waldo的支持，The Widow找到了新盟友Lydia和Nathaniel Moon，後者因Sunny和Bajie而失去了壹只手，他發誓要報仇。而當神秘的遊牧民族領袖Pilgrim來到荒原並決意重建這裏的“和平”之時，昔日的宿敵們意識到他們必須團結起來才能保衛荒原。

該劇將於4月22日開播。

BBC新版莎翁悲劇

《李爾王》首發劇照

安東尼·霍普金斯
艾瑪·湯普森聯手電視電影

BBC和亞馬遜联手打造的新版《李尔王》，今天公布了首张剧照，作为莎士比亚著名的四大悲剧之一，《李尔王》的故事被改编成了许多影视版本，在英国也可谓是家喻户晓。

安东尼·霍普金斯老爷子饰演李尔王本人，这张剧照中，佛罗伦斯·珀饰演的是国王最小的女儿考狄利娅。这部由理查德·艾尔执导的电视电影，是对于莎翁这一传世经典的又壹版解读。

霍普金斯所饰的李尔王，领导的是集权主义军队统治下的英格兰，艾玛·汤普森饰演李尔王的大女儿高纳李尔，艾米丽·沃森则是二女儿里根。在原著中，由于被大女儿和二女儿的花言巧语所哄骗，李尔王壹怒之下放逐了爱说实话的小女儿，却得不到两位大女儿的善待，在经过壹系列悲剧之后，最终变疯。

出演葛罗斯特伯爵的是吉姆·布劳德本特，安德鲁·斯科特（莫娘）是他忠心耿耿的长子爱德加，而约翰·麦克米兰则饰演伯爵的蛇蝎私生子爱德蒙，他挑拨国王两位大女儿之间关系，放逐了哥哥爱德加，还挖去了父亲双目。

参演的卡司还包括《唐顿庄园》中的吉姆·卡特，美剧《守望尘世》中的克里斯托



弗·埃克莱斯顿，《古战场传奇》中的托比亚斯·门基斯，安东尼·凯尔夫（英剧《蔚蓝海岸》）与卡尔·约翰逊（《罗马》）。此前霍普金斯与艾米丽·沃森曾在BBC的电视电影《化妆师》中合作，《李尔王》的制片人Noëlle Buckley（《化妆师》、迷你剧集《狼厅》）。

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休士頓台灣同鄉聯誼會溫馨舉行 2018年會及賴李迎霞連任會長典禮

（本報記者黃麗珊）休士頓台灣同鄉聯誼會於3月17日下午6時30分至下午9時30分，在10755 Westheimer, Houston, TX. 77042的幸運村餐廳（Lucky Village）溫馨舉行2018年度年會及賴李迎霞會長連任、馮啓豐續任副會長典禮。駐休士頓台北經濟文化辦事處陳家彥處長、何仁傑組長、僑教中心莊雅淑主任應邀觀禮，並與會員們聯誼。

休士頓台灣同鄉聯誼會賴李迎霞會長藉著新年伊始，特邀請中華命學研習社社長徐慕平老師來為會員們主講「2018戊戌狗年走勢與面相」座談會，徐慕平老師幽默風趣的演講，會員們聚精會神聆聽，不斷提問，為當晚帶來高潮。

休士頓台灣同鄉聯誼會賴李迎霞會長在會上致贈象徵旺旺來的鳳梨給台北經文處陳家彥處長及僑教中心莊雅淑主任，同時她也贈送魚形吊飾給每位理事，希望大家年年有餘。所有到場人士都參加理事們提供的禮品抽獎活動，加添歡樂氣氛。賴李迎霞會長祝大家新年快樂，健康平安，狗年發大財，財運旺旺來。



中華命學研習社社長徐慕平老師主講「2018戊戌狗年走勢與面相」座談會。（記者黃麗珊攝）



休士頓台灣同鄉聯誼會賴李迎霞會長（左6）藉著新年伊始，特邀請中華命學研習社社長徐慕平老師（左1）來為會員們主講「2018戊戌狗年走勢與面相」座談會。（記者黃麗珊攝）



休士頓台灣同鄉聯誼會於3月17日在幸運村餐廳溫馨舉行2018年度年會及賴李迎霞會長連任、馮啓豐續任副會長典禮，台北經濟文化辦事處陳家彥處長監交。（記者黃麗珊攝）

美南國建會將於四月七日舉辦春季野餐

美南國建會將於4月7日星期六中午在Eldridge Park Pavilion舉行春季會員野餐（11:30 AM至2:30 PM）。地址是2511 Eldridge Rd, Sugar Land, TX 77478。會員及家屬免費，貴賓與家屬免費，其他酌收\$5.00。報名請通知黃初平 email - chupin-ghuang@yahoo.com 請註明姓名、email、電話及參加人數。

活動預告：美南國建會將於5月4日星期五舉辦多元化高峰會議，今年的主題是「通過涵獲勝

”(Winning through inclusion)。該會將邀請多位「多元化」的專家、學者，及各大公司的主管參加，及主持研討。

6月9日將舉辦「科學、工程與科技大會（SETS）」，今年的主題是「人工智慧所帶來的產業創新機會」，最近幾年人工智慧的技術突飛猛進，而機械學習（Machine Learning）與深入學習（Deep Learning）是這項突破的核心技術。人工智慧在未來將帶動許多新的產業。我們很高興

邀請到哈佛教授孔祥重院士作專題演講，題目是「人工智慧、電子設備和區塊鏈」（block-chain）。

人工智慧和區塊鏈（blockchain）技術可能會對一般消費者使用的電子設備產生革命性的影響。在應用深入學習等先進的人工智慧方法下，電子設備可以執行智慧型的任務，其成果將超越目前自動化所帶來的影響。隨著區塊鏈技術的發展，電子設備可以進行分散式對等的自主

服務。區塊鏈第一個應用就是在造成巨大影響的電子貨幣——比特幣。這些技術有巨大潛力但也有巨大挑戰。本演講將討論這些領域的機會和限制。

6月9日晚將舉辦美南國建會四十年慶餐會，會中將褒揚三位創會的會長：陳謀星教授、何益民教授、和杜奎博士。

優質銀髮社區「永春莊」將誕生 全方位照顧 無憂無慮安享晚年



（記者韋覺休斯頓報導）記得年輕時，好友曾慨然說道：「老了我們幾個好朋友要住在一起！」。的確，老有所安，人奮鬥了一生，年紀大之後最想要什麼，無非是能與合的來的夥伴一起，生活的開心、寬心、安心，沒有操煩，沒有擔心。放眼現在社會，小孩生育率降低，醫學的不斷進步讓人類壽命延長，人口平均年齡逐漸增加，引發全球人口高齡化的現象。舉例來說，當老年人口比例快速增加時，過去平均20個人扶養一位老人，目前平均約是5個人扶養一位老人，30年後，可能是3個人要扶養一位老人，年輕人肩上的擔子不可不謂沉重，未來年長者對長期照護的需求將會更迫切。



化，及提前做好準備，來幫助自己，也幫助下一代子孫們。在德州，第一個由華人策畫、經營，專門為銀髮族設立的全方位銀髮社區「永春莊」（EVERSPRING ASSISTED LIVING）即將誕生，這是許多華人朋友三十年的心願，希望能有一塊園地，能滿足華人長者的需求，提供貼心的照護，讓老年生活沒有負擔，同時還能與左右鄰居開心的往來互動，把未來要面對的住房、健康、醫療、交通、活動參與、三餐、清潔服務等問題，通通一起解決。

「永春莊」是由鄭真女士、紀佐閻先生以及其專業團隊所規劃的豪華退休社區，長期照顧一系列的起居生活。鄭真女士是陽光活動中心的負責人，紀佐閻先生是統理內外的總管，陽光活動中心是中國城裡第一個老人日照中心，已有近20年的歷史，許多銀髮族每天在此活動，從接送、餐點、到各種愛好與活動參與，都與長者們有諸多互動，也經由這些點點滴滴，鄭女士、紀先生透徹地瞭解長者們的需要，並從他們身上吸取許多寶貴的智慧和經驗。眾多來此的長者，不乏輝煌的過去，各有所長，雖然年紀大了，依然有顆活躍的心。在活動中心裡長者們常常做義務指導，許多社團因此成立，像陽光文學園地、陽光合唱團、陽光舞蹈社等，教唱歌跳舞的長者們生活也更有寄託。

鄭女士表示：「歲月不饒人，我也一樣」，規畫這個銀髮族生活樂園，其實也是為自己將來



要住的地方提前做好準備，「永春莊」就是從這種構思中成立，希望銀髮長者們能在舒適、健康、安全的環境中安享晚年。

永春莊是屬於大規模、B類的全照顧住宅（Large, Type B, Apartment style Assisted Living），位於西休斯頓的黃金地段，面對百利大道，土地有二十多英畝大，環境清幽，交通便利，規劃未來將有兩棟全照顧大樓（可容納三百人）、三棟獨立生活大樓、一棟俱樂部活動中心、一棟混合豪華住宅、一棟醫療中心、以及一條美食街，永春莊第一棟樓將於今年五月中旬開工，2019年秋天入住。

目前，永春莊已經通過政府核准，第一期工程預計要興建長期照顧（Assisted Living）與阿茲海默病護理區（Memory care），有一房一廳、兩房一廳可選，三層樓的鋼筋水泥建築，安全穩固，設備豪華，希望讓長者們住得舒舒服服，就如同住在自己家裡一樣。

永春莊有著優美的自然環境，優質的居住條件，有大片的活動空間與綠地，還有種花、種菜、與種果樹的區域，甚至有養孔雀的地方，讓居民們看的開心。

這個社區裡，未來將會提供全方位的服務，依個人需要而選擇，包括三餐與住宿、家政、清潔、特殊飲食、護士值班、緊急處理、安排醫療需求、個人衛生、洗澡和梳洗、汽車接送、娛樂活動、健身器材、互聯網站、多電視台、水電費、藥物管理、24小時服務員、戶外活動區、停車場、俱樂部活動中心、公共娛樂區、種植物、花園、果園、一日旅行、購物、唱歌、跳舞、協助日常生活等等，讓居民生活的安心而有尊嚴。

為了避免發生停電而造成困擾，永春莊自己有超級發電機，以備不時之需。每個樓層都有護理站，讓住戶在需要時，隨時可以尋求即時的幫助。

中國人有中國人的口胃，到了年紀大時，更

希望吃中式的三餐。以早餐為例，大家喜歡吃包子、饅頭、花捲、麵條、稀飯、小菜，如果都能在社區裡供應，那該有多好。而永春莊的中央廚房，每週會開出菜單，讓居民天天享受不同的中式餐點。同時，顧及老人的健康與腸胃狀況，所有菜色會著重營養的均衡，少油少鹽但仍美味可口，自然不在話下。

辛苦了一輩子，累積人生的酸甜苦辣及寶貴的經驗，賺了銀子，卻老了身子，這時該到修身養性的時候。想開點，兒孫自有兒孫福，不需再為他們操心發愁，自己過著快樂的生活，悠閒的過日子。三餐有人打理、早晚有人嘘寒問暖，這種生活就交給永春莊來做吧！

詳情請洽永春莊諮詢專線，找鄭女士 713-988-2843、713-518-5377，或上網 www.everspring-living.com 有更詳細的資料。

