



If you would like to share news or information with our readers, please send the unique stories, business

news organization events, and school news to us including your name and phone number in case more information is needed.

For news and information consideration, please send to News@scdaily.com or contact
John Robbins 832-280-5815
Jun Gai 281-498-4310

Oil rigs up, gas rigs down - net rig count flat



Inside C5

Southern DAILY

Make Today Different

Southern Daily News is published by Southern News Group Daily

Monday, February 19, 2018 | www.today-america.com | Southern News Group

Chinese superstars steal new year show with first duet in 20 years

Eric Tucker,

BEIJING (Reuters) - Two of China's most famous and well-loved pop stars stole the show at state television's annual glitzy, often much mocked marathon show welcoming in the lunar new year on Thursday, singing their first public duet in two decades. Traditionally, hundreds of millions gather around their televisions to watch the "CCTV Spring Festival Gala," a more than four-hour showcase of skits, music and dance that has been a TV staple since the first edition was broadcast in 1983. But it was superstars Faye Wong and Na Ying many people tuned in to see this holiday, singing an old school-style ballad called "Years", with some online polls rating their appearance the most eagerly anticipated part of the show. While neither spoke to the audience after their performance, fans quickly took to Chinese social media in an outpouring of praise, though some said their appearance was too fleeting. "Did you see? This is my mother. Isn't she awesome?" Wong's singer daughter Leah Dou wrote on the Twitter-like Weibo site, attaching a picture of herself as a baby pointing at a photo of her mother, an image

that soon attracted more than 500,000 likes. Beijing-born Wong's icy demeanor and eclectic music tastes ranging from syrupy love songs to off-kilter trip-hop and Buddhist-infused folktronica have made her one of the biggest stars in the Chinese speaking world of the last three decades. Na, who sang at the closing ceremony of the 2008 Beijing Olympics, shot to fame in the 1990s with her hit "Conquering" and has more recently become a staple of Chinese television singing talent shows. While this year's show had other crowd-pleasers, including wholesome Chinese teenyboppers TFBoys for the third year running, China's ruling Communist Party was always going to be present. Several songs praised the "New Era", a reference to President Xi Jinping's political theory about making China even stronger through socialism, cemented since late last year in the party's constitution. Another skit celebrated China's relationship with Africa, a key part of Xi's Belt and Road initiative, complete with



Giant panda cubs play with decorations during Chinese Lunar New Year of Dog in Wolong

an African actress speaking in Chinese and quoting Xi. The lunar new year of the dog, which officially starts on Friday, is the only holiday of the year for many Chinese, and is normally marked by riotous bursts of fireworks and firecrackers.

But many large cities, including Beijing, have heavily restricted their use again this year to help prevent smog. It won't be a happy holiday for all. Hong Kong's South China

Morning Post said Xi's corruption crackdown means Beijing's main jail for top level prisoners is too full to allow family members to come and have a traditional new year meal with inmates.

Backstory: Warren Buffett's Valentine's Day surprise for investors

NEW YORK (Reuters) - Warren Buffett had a Valentine's Day surprise for investors in Teva

Pharmaceutical Industries Ltd (TEVA.TA). A regulatory filing with the U.S. Securities and Exchange Commission (SEC), known as a 13F, showed that Buffett's Berkshire Hathaway Inc (BRK.A.N) took a stake in the generic drugmaker in the fourth quarter of 2017. The news pushed Teva shares up more than 10 percent

on Feb. 14. Hedge funds are notably hush hush about their portfolio holdings. Quarterly disclosures offer a look at what influential money managers are buying and selling. The 13F filings are published on the SEC's website 45 days after the end of each quarter. Once they land, the Reuters stocks team in Bangalore pulls the data into an excel spreadsheet. Working with our investments team in New York, they look for quarterly changes in stock holdings as well as new positions. While holdings in bigger companies are headline-worthy, we also watch for positions of more than 20 percent in small or mid-cap companies. It is also news when a hedge fund unwinds an important stake. Analyzing what the "smart money" is doing allows us to spot investment themes and trends. For example, in late 2017 big hedge funds made bets on companies poised to take advantage of rising wages and prices.

Greenlight Capital's David Einhorn added 13 new positions in consumer discretionary companies, including stakes in amusement park company SeaWorld Entertainment Inc (SEAS.N), photo printing service Shutterfly Inc (SFLY.O) and department store Nordstrom Inc. (JWN.N). Since 13F disclosures come more than a month after the end of quarter, they may not reflect current positions at actively traded hedge funds. But, for more traditional buy-and-hold investors like Buffett, the filings shed a light on investment strategy. In addition to Teva, Buffett bought more shares of Apple Inc (AAPL.O) in the fourth quarter and sold most of International Business Machines (IBM.N). "There is value in tracking 13Fs," says Jennifer Ablan, U.S. Investments editor. "It's one the few documents we have that details what the Big Money is doing in the stock market."



Treemont 專為銀髮族設計的社區

享受同齡社交生活 / 餐飲服務 & 家務協助 / 價格合理的照顧選項

Winter SPECIAL APARTMENTS STARTING AT \$1,595 CALL TODAY

Call for Free Lunch & Tour! **713-783-6820** www.Treemont.com

2501 Westerland Dr. @ Westheimer, Houston, TX 77063

巴國布衣 中國餐飲百強企業

1996年4月22日誕生於四川成都 連續10多年榮獲 "中國餐飲百強企業"

迎新年, 送優惠!

吃\$50送\$20 吃\$100送\$50 吃\$200送\$100

優惠券次日使用 優惠券也可以無限制疊加

中華餐飲名店, 中國餐飲百強企業, 四川餐飲名店巴國布衣, 自進入休斯頓四年多來得到了休斯頓川菜愛好者的喜愛和支持, 為了回饋休斯頓人民的厚愛, 新巴國布衣餐飲集團特從四川成都請來了著名川菜大師王大師主廚, 並從2月12日起至3月15日, 凡來巴國布衣品嘗正宗精製川菜的顧客一律給予 50送20; 100送50(不包括酒水海鮮, 優惠卷不可當天使用, 最終解釋歸活動主辦方)

巴國布衣 年夜饭 團圓宴、尾牙宴等 火熱預定中

特聘國內知名 川菜名師主理廚政

訂餐電話: 713-953-9999 本店地址: 5901 Westheimer Road, Unit N, Houston, TX 77057

美南日報與中國國際航空公司及台灣長榮航空公司強強合作 自即日起, 乘坐從休斯頓飛往北京、台北航班的乘客均可取閱

美南日報 萬尺天際 伴您同遊

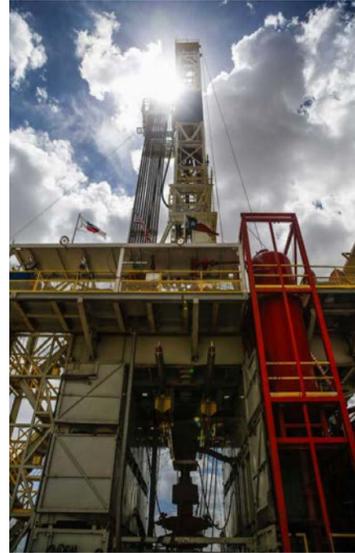
SOUTHERN CHINESE DAILY NEWS

Oil rigs up, gas rigs down - net rig count flat this week

By Jordan Blum

The nation's overall drilling rig activity remained flat this week, but that included a jump in oil drilling offset by a drop in natural gas development. Oil drilling activity picked up in a wide range of areas from Alaska to Oklahoma to the Gulf of Mexico, while the number of rigs in West Texas' booming Permian Basin actually declined by four, according to weekly data collected by Houston's Baker Hughes oilfield services firm. Meanwhile, gas-seeking rigs were taken offline in states like Louisiana, West Virginia and Ohio. A net total of seven new oil-drilling rigs were added across the country, which was balanced out by the seven-rig decline in gas activity. An oil rig explosion on a lake north of New Orleans,

apparently caused when cleaning chemicals ignited, injured seven people and left authorities searching for another who was missing. Texas also stayed flat overall with the Permian dip offset by small increases in other parts of the state like South Texas' Eagle Ford shale and the Panhandle's Granite Wash region. The total U.S. rig count is now up to 975 rigs - the highest number in nearly three years. The total U.S. rig count is well up from an all-time low of 404 rigs in May 2016. Oil drilling currently accounts for 798 rigs of the total. The oil rig count last exceeded 800 in April 2015. West Texas' Permian Basin now accounts for 433 which is more than half of all the nation's oil rigs. The next most active area is the Eagle Ford with 70 rigs. Texas is home to 479 rigs overall, while Oklahoma is second with 123 rigs. New Mexico is next with 85 rigs. Despite this week's jump, the oil rig count is down 50 percent from its peak of 1,609 in October 2014, before oil prices began plummeting.



A drilling rig sits on a pad site where it will drill three to six wells next to each other at a Chevron drilling and hydraulic fracturing site Wednesday, July 19, 2017 in Midland. Every year, oil and gas companies spend millions of dollars promoting science, math, engineering and technology in schools and communities around the world.

BNSF to spend \$375M to maintain, expand Texas railways

By Andrea Rumbaugh



This year, the maintenance program in Texas includes about 1,400 miles of track surfacing and/or undercutting work as well as the replacement of nearly 40 miles of rail and more than

TBNSF Railway Co. plans to spend \$375 million in Texas this year. Nearly half of that will be for the maintenance of its rail, ties and ballast. The remainder will go toward expansion projects. Over the past five years, BNSF has invested nearly \$1.8 billion to expand and maintain its network in Texas, according to a news release. "Texas has more miles of rail than any other state, with roughly 440 million tons of agricultural, energy, industrial and consumer products moving via the state's rail lines each year," Janssen Thompson, general manager of operations for the Red River Division, said in the news release.

450,000 ties. Among the expansion projects is construction near Conroe to help facilitate train flows between Dallas/Fort Worth and Houston. The 2018 capital investments planned in Texas are part of BNSF's \$3.3 billion network-wide capital expenditure program announced last month. September," he said. "The damage could get even worse as refinery maintenance season and summer gasoline is on the horizon." Some manufacturers are concerned that regional infrastructure won't be prepared for the impending influx of petrochemical-related cargo through the Port of Houston, a topic discussed Wednesday during the Harris County International Trade and Transportation Conference. Roads and bridges around the port

are already congested, said Scott Campbell, associate director at LyondellBasell Industries, and improvements are unlikely to occur before petrochemical plant projects come online. "The infrastructure that we need is not there," he said. "The challenge is how fast can we get that stuff in place?" About 350 people attended the eighth annual Harris County International Trade and Transportation Conference at NRG Center. While the event's theme championed collaboration, there were clashing ideas on the best way to move freight - either by increased reliance on trains or by allowing trucks to carry heavier loads.

休士頓黃頁由美南新聞報業電視傳媒集團發行

走進歷史 · 策劃將來

2018年 休士頓黃頁 全面發行 歡迎免費取閱

肯定得大律師

肯文傑·沙倫·李
KENTON S. LAWRENCE (律師)

專精車禍 / 十八輪大卡車、公交車、精選醫道諮詢、

(281) 261-8100

1409F Southwest Freeway, E Houston, TX 77002
Tel: (281) 261-8177
Fax: (281) 261-8177
E-mail: kslaw@scdailynews.com

休士頓黃頁
HOUSTON CHINESE YELLOW PAGES

休士頓 Houston | 糖城 Sugar Land | 凱蒂 Katy | 歐漢城 Clearlake | 奧斯汀 Austin | 聖安東尼奧 San Antonio

2018 免費索取

休士頓黃頁
LAW OFFICE OF SOLIS & YAN P.C.

蘇力律師
鄒旋律師

蘇力 & 鄒旋 律師事務所

電話: (713) 779-4416

1122 Bellaire Blvd. Houston, TX 77002
Tel: 281-498-4310
Fax: 281-498-2728
E-mail: sy@solisandyan.com

辦公時間: 週一至週五 9:00AM-5:00PM
週六 10:00AM-1:00PM
地址: 11886 Bellaire Blvd., Houston, TX 77086 (惠康超市廣場內)

www.Today-America.com



SOUTHERN NEWS GROUP

T 281-498-4310
F 281-498-2728

ad@scdaily.com
www.today-america.com

11122 Bellaire Blvd
Houston, TX 77072

A Snapshot Of The World



Medals Ceremony - Biathlon - Pyeongchang 2018 Winter Olympics - Men's 20 km Individual - Medals Plaza - Pyeongchang, South Korea - February 16, 2018 - Silver medalist Jakov Fak of Slovenia on the podium.



Performers take part in the re-enactment of a Chinese New Year Qing Dynasty ceremony at the Temple of Earth in Ditan Park in Beijing



keleton - Pyeongchang 2018 Winter Olympics – Women's Finals - Olympic Sliding Center - Pyeongchang, South Korea – February 16, 2018 - Janine Flock of Austria gestures.



A performer waits for the start of the re-enactment of a Chinese New Year Qing Dynasty ceremony at the Temple of Earth in Ditan Park in Beijing



A child stands with luggage at Chengdu North railway station, as the travel rush for Chinese Lunar New Year, or Spring festival, begins, in Chengdu



Villagers wait to collect their share of bonuses at a ceremony by an agricultural cooperation, ahead of the Chinese Lunar New Year, or Spring Festival, in Fuyang, Anhui province, China



Speed Skating - Pyeongchang 2018 Winter Olympics - Women's 5000m competition finals - Gangneung Oval - Gangneung, South Korea - February 16, 2018 - Esmee Visser of the Netherlands reacts



Cross-Country Skiing - Pyeongchang 2018 Winter Olympics - Men's 15km Free - Alpensia Cross-Country Skiing Centre - Pyeongchang, South Korea - February 16, 2018 - Pita Taufatofua of Tonga and Samir Azzimani of Morocco embrace.



Speed Skating - Pyeongchang 2018 Winter Olympics - Women's 5000m competition finals - Gangneung Oval - Gangneung, South Korea - February 16, 2018 - Esmee Visser of the Netherlands reacts.

President Donald Trump delivered his fiscal year 2019 budget request to Congress last Monday, officially kicking off the 2019 budget season.

Congress must now do its job and build off the president's budget and craft its own budget resolution.

In light of last week's budget-busting deal, now more than ever it is crucial for Congress to pass a budget resolution and include reconciliation instructions that call for meaningful and permanent spending reforms.

Here is a summation of the president's proposal:

1. Continues the president's commitment to national defense.

The president's 2019 budget calls for continued investment in national defense. The proposal provides more than \$700 billion for defense in 2019 and over the next 10 years it would invest a total of nearly \$7.5 trillion.

The plan also calls for phasing out overseas contingency operations funding, and would instead budget for those needs within the Defense Department and State Department's base budgets. This is a much-needed step toward ending the misuse of the overseas contingency operations designation and presenting a more transparent defense budget.



2. Fails to balance. Last year, the president's budget reached a balance of \$16 billion by 2027. By contrast, the 2019 proposal never balances.

This is a stark departure from the past several Republican budget proposals. Since 2011, the House Budget Committee has put forth seven budget proposals, all of which balanced within 10 years. Cumulatively, the proposal would add more than \$7 trillion to the national debt over the next 10 years.

Simply put, the president's budget does not go far enough on reducing spending and reforming entitlement programs.

Last year's House budget resolution cut spending by nearly \$5.5 trillion. The Heritage Foundation's "Blueprint for Balance" and Republican Study Committee budget laid out more than \$10 trillion in budget cuts over 10 years.

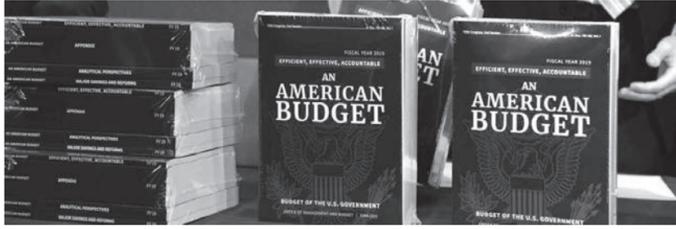
Deficit reduction, tax reform, welfare and entitlement reform, and regulatory reform are critical for economic growth, but are only part of the picture. Unless Congress and the president reduce spending, the benefits of growth will not be fully realized.

3. Reduces the size and scope of the federal government.

The budget cuts more than \$1.5 trillion in non-defense discretionary spending over the next 10 years. This represents a significant reduction to agencies and programs that are inefficient, ineffective, and are not constitutional responsibilities of the federal government. This includes eliminating numerous energy subsidies to the private

What Is In President Trump's 2019 Budget Proposal?

Compiled And Edited By John T. Robbins, Southern Daily Editor



sector, ineffective grant programs such as the Office of Community Oriented Policing Services, and Obama-era climate change funding.



It would also ban the use of Changes in Mandatory Programs. This is a commonly used budget gimmick that allows Congress to spend billions of additional dollars each year without any real savings and has been used to circumvent spending limits.

While the president's approach to reducing the federal bureaucracy is appropriate, his signing of the latest budget deal raises questions about his level of commitment to smaller government.

The administration estimates that spending increases from the Bipartisan Budget Act would add nearly \$700 billion to the already \$7.1 trillion in additional debt that the country would accrue under this proposal.

4. Calls for limited mandatory and entitlement reforms.

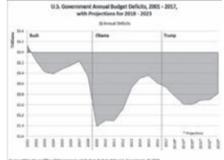
The president's budget would repeal and replace Obamacare, generating nearly \$700 billion in health care savings over the next 10 years. On top of these savings, the proposal identifies another \$278 billion in Medicare savings.

These are real cuts, many of which are based on existing bipartisan proposals. These have a strong chance to become law if lawmakers seize them for their budget to cut through reconciliation. Other savings proposals include reforming Social Security's Disability Insurance program and the Supplemental Nutrition Assistance Program.

The fact that the president acknowledges that these programs are in need of reform is important. It is important, though, that the administration work with Congress to continue to develop these proposals.

Despite these high points, the budget does fall short in other areas. It fails to address Social Security's Old-Age and Survivors Insurance program, which makes up the vast majority of Social Security costs. The program is unsustainable in its current form and will continue to eat up more of the overall budget if it is allowed to run growing

cash deficits. Like last year, the plan also calls for a federal paid family leave benefit, a new entitlement program that Congress should abstain from pursuing.



5. Spends \$200 billion on infrastructure.

The budget would provide \$200 billion in funding for the president's infrastructure plan. According to the administration, this initial down payment would be used to spur at least \$1.5 trillion in state, local, and private investment over the next 10 years.

The question is, is this federal investment really warranted? Data shows that only 9 percent of U.S. bridges are "structurally deficient," less than half the number 25 years ago. Moreover, 93 percent of the nation's roads are considered to be in fair or better condition, and the nation's airports are moving more people more safely than ever before.

Instead of spending hundreds of billions of dollars on infrastructure projects, the federal government should focus on structural reforms and remove impediments that hamper infrastructure deployment.

Overall, the president's proposal is a "mixed bag."

The budget makes progress by investing in the military, eliminating numerous ineffective agencies and programs, and beginning the process of welfare and entitlement reform. However, the budget fails to ever balance, and does not sufficiently move the country away from its currently unsustainable fiscal path.

Last week, Congress and the president agreed to a plan that could add up to \$2 trillion to the national debt. Congress must build off the president's proposal and craft a budget that not only balances but puts forth reconciliation instructions to ensure that the budget is more than just a vision document, but actually turns reforms on paper into fiscal reality.

Continuing to put off necessary budget reforms

is being fiscally reckless and undermines the American economy's growth potential. (Courtesy http://dailysignal.com/2018)

Related

Trump Plan Calls For \$1.5 Trillion In 'Investment' To Fix Nation's Infrastructure

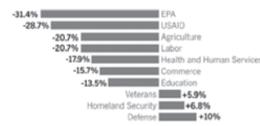
President Donald Trump unveiled his plan to fix the nation's infrastructure Monday, outlining a strategy he says will spark "new investment" to solve the problem, but Democrats call the proposal insufficient.

"Washington will no longer be a roadblock to progress. Washington will be your partner," the president told local and state officials invited to the White House.

The president's proposal calls for \$200 billion in new federal funds that the administration anticipates will "stimulate \$1.5 trillion in new investment in infrastructure," with states, local governments and private partnerships expected to bear the brunt of the financial burden for achieving one of the president's key campaign promises.

The president welcomed some governors and mayors to the White House for a discussion of infrastructure, in which he sought to parallel what he is trying to do at the federal level with his experience in business. He specifically touted the story of the ice skating rink project in New York City he said he took over after it had been mismanaged, citing it as an example of how he wants to streamline what he said would be an "unprecedented" investment in the nation's infrastructure.

Trump budget Losers and Winners



"When I did the Wollman Rink, it was seven years they couldn't get it built. It would have been forever, they couldn't get it built, and I did it in a few months at a much smaller price," Trump said. "I said, you know, I like to be able to have my daughter Ivanka, who is will - I would like her to be able to go ice skating before she doesn't want to ice skate."

"We did it for a tiny fraction of the cost. And it is really no different with a roadway. No different with a bridge or a tunnel or any of the things we'll be fixing," the president continued.

The White House infrastructure outline features four overarching goals: stimulate \$1.5 trillion in new investment and infrastructure; shorten the permitting process to two years; invest in rural infrastructure; and make improvements in training

the workforce that would be generated as a part of the plan.

HOW WILL THE MONEY BE ALLOCATED?

Describing how \$1.5 trillion in new investment would be generated out of just \$200 billion in federal funds, an administration official said that \$100 billion of the money will go towards incentives for state and local governments to use in starting up infrastructure projects. Twenty billion will go towards expanding loan programs and private activity bonds. Fifty billion will be directed towards improvements solely in rural infrastructure in the form of block grants to state governors, allowing them to select what projects to direct the funding towards. Another \$20 billion will go to "transformative programs," or infrastructure projects rooted in promoting new or innovative ideas. The final \$10 billion will go towards a "capital financing fund" that will fund office-building infrastructure the federal government is already building.

Altogether, the official said the \$1.5 trillion prediction is based on "state and local governments - how will they likely respond to this program." Democrats have criticized the \$200 billion in federal spending in the past as insufficient compared to the needs facing the nation's roads, bridges and waterways.

WHAT ELSE IS IN THE PLAN?

The administration official said the plan also seeks to expand eligibility for Pell Grants and adding more flexibility to license requirements for people looking to enter some type of trade rather than a four-year college.

"So if you're licensed to perform a trade in one part of the country, you can move to another part of the country and transfer that license," the official said. "And then expand out the use of apprenticeships to help those that are interested in going to trades, develop their skills, and move more gradually into the workforce."



WHERE'S THE MONEY COMING FROM?

The administration official said the \$200 billion in funding is included in the president's budget request, also out Monday, and said the administration plans to "pay for the \$200 billion out of savings from other areas of the federal budget." The official would not say where exactly the \$200 billion is being cut from in other areas of the budget - though they said "there are some reductions in things like transit funding and TIGER grants, and things where the administration thinks that infrastructure funds haven't been spent efficaciously."

HOW WILL THE PRESIDENT SELL IT?

The administration official said to expect the president to travel in the coming weeks and months around the country to promote the infrastructure plan - along with Cabinet officials similar to how the White House sold the tax plan. (Courtesy http://abcnews.go.com/Politics)

Advertisement for Value Windows & Doors Houston, featuring double pane windows and lifetime warranty.

Advertisement for Imperial Granite & Cabinets, featuring granite countertops and kitchen cabinets.

Advertisement for YULF Design & Flooring, featuring various flooring options and services.

Advertisement for 敦煌地板 (Dunhuang Flooring), featuring a price list for various flooring materials.

Advertisement for 美南新聞日報 (Southern Daily News), featuring the newspaper's name and contact information.

Four In Ten U.S. Adults (41%) Say They Lack The Time To Do All They Want
Gallup Poll: Eight Out Of 10 Americans Are Afflicted By Stress



WASHINGTON, D.C. -- About eight in 10 Americans say they frequently (44%) or sometimes (35%) encounter stress in their daily lives. Just 17% say they rarely feel stressed, while 4% say they never do. Although stress is common, just 41% of U.S. adults say, in answer to a different question, that they lack the time they need to do things they want. The majority, 59%, tend to think they do have enough time.

Americans were asked about their stress and time pressures in a Dec. 4-11 Gallup poll. This is the first year the questions have been updated in a decade, after being asked each December from 2001 through 2007.

Fewer Americans today than from 2001 through 2007 say they lack sufficient time to get done what they want, although the 44% saying this in 2004 was statistically similar to today's 41%.

AMERICANS WHO FEEL STRESS SOMETIMES OR FREQUENTLY DURING THEIR DAY

79%

GALLUP, DEC 4-11

Americans' current stress level is similar to what Gallup found in 2001, 2002 and 2007, as well as in an earlier measurement in 1994, when 40% felt frequent stress. However, more say they experience stress now than reported this from 2003 through 2006, when between 33% and 38% felt this way.

Americans' Biggest Stressors Are Children and Work

Age is a major factor in whether one feels stressed and time-pressured. Those 50 and older -- particularly those 65+ -- are much less likely than those who are younger to say they feel stress or lack the time they need to get things done.

Relatedly, being short on time and feeling stressed are much more common experiences among employed Americans and parents of children under 18 than among adults without these significant obligations in their lives.

Americans' Experience With Stress

In general, how often do you experience stress in your daily life -- never, rarely, sometimes or frequently?

Americans' Experience With Stress				
In general, how often do you experience stress in your daily life -- never, rarely, sometimes or frequently?				
	Frequently	Sometimes	Rarely	Never
2017 Dec 4-11	44	35	17	4

Women and men are about equally likely to say they lack sufficient time, but women are more likely to report frequent stress: 49% vs. 40%, respectively. Lower-income Americans are shorter on time and higher on stress than middle- and upper-income adults.

Fewer Americans today than from 2001 through 2007 say they lack sufficient time to get done what they want, although the 44% saying this in 2004 was statistically similar to today's 41%.

Americans' current stress level is similar to what Gallup found in 2001, 2002 and 2007, as well as in an earlier measurement in 1994, when 40% felt frequent stress. However, more say they experience stress now than reported this from 2003 through 2006, when between 33% and 38% felt this way.

Americans' Biggest Stressors Are Children and Work



Age is a major factor in whether one feels stressed and time-pressured. Those 50 and older -- particularly those 65+ -- are much less likely than those who are younger to say they feel stress or lack the time they need to get things done.

Relatedly, being short on time and feeling

Compiled And Edited By John T. Robbins, Southern Daily Editor

Time and Stress Pressures, by Key Subgroups

stressed are much more common experiences among employed Americans and parents of children under 18 than among adults without these significant obligations in their lives.

Women and men are about equally likely to say they lack sufficient time, but women are more likely to report frequent stress: 49% vs. 40%, respectively. Lower-income Americans are shorter on time and higher on stress than middle- and upper-income adults.

Naturally, work and family obligations have a compounding effect, so that working parents are especially likely to feel short on time and stressed. By contrast, those who neither work nor have children are the least likely to feel this way.

One piece of good news for working parents is that the decline since the mid-2000s in the percentage of Americans feeling short on time has been especially pronounced among employed Americans and is seen about equally among adults with and without children.

Time and Stress Pressures by Employment and Parenting Status

Time and Stress Pressures by Employment and Parenting Status			
	Don't have enough time	Frequently experience stress	
	%	%	
Employed, have child	58	59	
Employed, no child	50	47	
Not employed, have child	47	54	
Not employed, no child	23	33	

GALLUP, DEC. 4-11, 2017

Bottom Line

Much has changed in the past decade, not the least of which is the proliferation of smartphones, beginning with the introduction of the iPhone in 2007. This technology may be providing some efficiencies in people's lives, such as allowing them to shop more easily from home, do their banking online, keep tabs on work while out of the office, follow the news, and much, much more -- thus enabling them to feel they are getting more done. Yet there has not been an obvious payoff in reduced stress. It's possible that some aspects of the new technology, like social media, are offsetting others in changing how much stress people experience.

18 and older, living in all 50 U.S. states and the District of Columbia. For results

Time and Stress Pressures, by Key Subgroups		
	Don't have enough time	Frequently experience stress
	%	%
Gender		
Men	39	40
Women	42	49
Age		
18 to 29	46	54
30 to 49	53	56
50 to 64	35	37
65 and older	22	24
Annual household income		
Less than \$30,000	46	51
\$30,000 to \$74,999	40	44
\$75,000 and over	41	41
Employment status		
Employed full/part time	53	52
Not employed	28	36
Children under 18		
Have child under 18	55	58
No child under 18	35	39

Of course, many other aspects of life could factor into how Americans feel about their

time and stress, including their jobs, family structure, dining habits, the economy and today's highly polarized political environment. From that perspective, despite some revolutionary and not-so-revolutionary changes in the past decade, people's time management and stress haven't changed too much.

Naturally, work and family obligations have a compounding effect, so that working parents are especially likely to feel short on time and stressed. By contrast, those who neither work nor have children are the least likely to feel this way.

SURVEY METHODS

Results for this Gallup poll are based on telephone interviews conducted Dec. 4-11, 2017, with a random sample of 1,049 adults, aged



based on the total sample of national adults,

The margin of sampling error is ±4 percentage points at the 95% confidence level. All reported margins of sampling error include computed design effects for weighting. (Courtesy <http://news.gallup.com/poll>)

IQ VIET MY The Professional Tutoring Center
IQ TUTORING CENTER 課後安親班

位於中國城精華商圈，國泰銀行二樓 Email: iqtutoring2010@gmail.com

安親班特色: 小班制，每班僅收8名學生，
提供免費專車到校接送服務。

服務項目: 協助學生完成功課，提升學生程度展開進階課程。

招生對象: 學前班-高中12年級學生 (pre-k to 12th grade)

教學內容: Reading, Algebra, Geometry and Physics。

周六特別開設SAT班及一對一個人家教班

報名 (281)908-1212
專線: (832)387-0762

課輔時間: 周一至周五，下午3點至晚上8點。周六: 9點至下午2點。(周六課程免費，不需另外繳費)

地址: 9440 Bellaire Blvd suite 200 Houston TX 77036 (國泰銀行二樓)
地址: 12000 Bellaire Blvd Suite 160 Houston TX 77072 (近Kirkwood)

亞洲餐俱設備公司
A. A. Restaurant Equipment Co., Inc.

● 出售各種餐館、炸雞店、漢堡店、雜貨店等設備 ●
● 設有大型門市部，歡迎參觀與洽詢 ●

Sales, Leasing
出售 · 出租

Leasing Ice Machines & Dish Washer Machine

出售各種製冰機、洗碗機、冰箱、絞肉機、冷凍機、油鍋、爐頭、抽風罩、電飯鍋、各類盤碗、叉燒爐、切肉機、絞面機

出租各種製冰機、洗碗機
修理各種廠牌: 絞面機、切肉機、電飯鍋

Tel: (713)772-7494 Fax: (713)772-8719
外地請撥: 1-800-448-7494
9235 Bissonnet, Houston, TX 77074

光新地板
Lightsome Flooring

數十種加州綠色基材，甲荳含量超低，
複合地板，防水地板以及實木複合地板。

\$1.29 & UP (複合地板，防水地板)
\$2.49 & UP (實木複合地板)
\$2.99 & UP (12mm複合地板包工包料)
\$4.99 & UP (實木地板包工包料)
其他包括: 地毯、地磚、花崗石臺面

營業時間:
Mon-Sat 9am-6pm
Sun 請預約

電話: (281) 980-1360
(832) 878-3879
傳真: (281) 980-1362
Email: jangao2002@yahoo.com

為您的家庭及生意增輝

3838 Greenbriar Dr., Stafford, Texas 77477

美聯 混凝土

專修地基 (832)868-1090
WE SELL CONCRETE FROM 1~10,000 YARDS

價格公平 包君滿意 免費評估
地磚、瀝凝土、走道、Patio、
車道、Parking Lot、地基、
天井、Tile、花道維修

(832) 868 -10909515 Bellaire Blvd, Houston, TX 77036

用方块文字与您共识 用文化情怀与您长伴